

ATHLETICS NEW ZEALAND ROAD RELAY CHAMPIONSHIPS

Rotorua – Saturday 1 October 2016

RELAY INFORMATION AND RULES **FOR TEAM MEMBERS AND MANAGERS**

1. RACE PACKS

- 1.1 The team race packs (to be uplifted by the respective team manager) will include a team number and programme for each team member, a team change form and a team leg timing form. The Team Manager should ensure that team members are familiar with the relay rules and in particular, but not limited to, the following:
- Use of the road and traffic safety
 - The arrangement for transporting leg 4 team members in the short course relay from the end of the 1st leg to the start of the 4th leg
 - The start time for their team
 - No wearing or carrying of electronic devices and headphones

2. RULES OF THE RELAY

General

- 2.1 The relay is organised on behalf of Athletics New Zealand Inc by the Lake City Athletic Club (Inc), and is conducted under the competition rules of Athletics New Zealand. With respect to this Road Relay Championships, the applicable regulations are contained in Regulation C10 of the ANZ Regulations (Competitions) and Rule S241 of the Athletics New Zealand Supplementary Rules to the IAAF Competition Rules.
- 2.2 The following rules are not a full repeat of these regulations and rules but set out the more important ones of them for the purpose of this event. Exclusion of any of the specific regulations or rules in these relay rules does not however mean that those regulations and rules do not apply to this event.

Rules of Competition

- 2.3 All usual competition rules apply to this relay event (with respect pacing, receiving assistance, competing the whole leg on foot, etc). It shall however not be a breach of these usual competition rules for a team member to receive drinks during the course of their relay leg.
- 2.4 Team members shall take part without being in the possession of any electronic equipment (such as mobile phones, iPods and earphones), while in the process of taking part in their leg.
- 2.5 This relay takes part on public roads which will not be closed to traffic. It is important that team members and their teams (and team supporters) take part duly recognising the safety of all team members, their supporters and other road users. A team may be disqualified for a major infringement by a team member or their team supporters that breach these safety considerations, and for failure to follow the instructions of a race marshal, race officials or other competent authority, or behaving in an unsporting manner towards another team or a race official.

3. COURSE AND START TIMES

3.1 Long Course (7 legs over a total of 62.5km):

- 8.00 am Senior Men C grade; Masters Women; Open Masters (50+),
8.45am Senior Women; Masters Men,
9.45am Senior Men A & B grades

3.2 Short Course (6 legs over a total distance of 45.3km)

- 7.30am All Walk teams
8.45am Junior Men; Junior Women; Open Masters (60+); Social/Corporate

(Important Note: Because of potential congestion on the downhill parts of legs 2 and 3 of the short course, all leg 4 team members must take the provided transport to the start of their event leg. This transport will be provided from the end of leg 1. However, team support vehicles can still travel over the roads of legs 2 and 3).

4. COURSE DETAILS

- 4.1 The details of the course and course maps are included at the rear of this programme (and on the event website).

5. CHANGEOVER POINTS

- 5.1 Each changeover point will be clearly marked by a line across the changeover zone, and the changeover must be made within 5 metres either side of the changeover line. Changing the baton outside of a baton change zone is considered the same as making a false start and may incur a time penalty.

6. PARKING AT CHANGEOVER POINTS

- 6.1 Designated vehicle parking areas have been set aside at each changeover point. Please use these to avoid congestion at the changeover points. Parking or stopping a vehicle within 50 metres of either side of the changeover point is strictly prohibited.

7. TOILETS

- 7.1 Port-a-loos will be located at the start of each relay leg (and for the start of leg 1, at the Rotorua International Stadium).

8. COURSE MARSHALS

- 8.1 Course Marshals will be located throughout the course wherever considered necessary by the relay organisers. The directions and instructions of marshals shall be followed at all times.

9. EVENT GRADES

- 9.1 Senior Men and Masters Men teams will be graded (into A, B & possibly C grades), the grading being determined by the relay organisers based on estimated times for each entered team. In each of the Senior Men and Masters Men, only the A grade is a championship grade.
- 9.2 Teams in the Masters Open grades 50 and 60 can comprise both male and female members although all members must comply with the membership rules.
- 9.3 Any team which finishes in a time that would place it in the top half of the next higher event competition grade shall be automatically re-graded into that higher grade.

10. ELIGIBLE TEAMS AND COMPETITION

- 10.1 Competition Team grades for the event are as set out in Regulation C10. Each team member (in other than the Corporate/Social Grades) shall be, on the day of the event, a member of Athletics New Zealand via a member club of Athletics New Zealand. A team shall consist of only members of the club.
- 10.2 The team entry must be made in the official name of the club.
- 10.3 Notwithstanding these requirements, when two or more clubs have insufficient numbers to form a complete team, they may form a Composite Team and compete in the Senior Men B or C grade. Such teams shall not be eligible to win the grade category although individual leg times will be recognised in the general grades.
- 10.4 A team may compete in one category only.
- 10.5 No person shall compete for more than one team.
- 10.6 No team member may compete in more than one individual leg for a team, except as replacement during the event as set out in these rules.
- 10.7 Teams in the Men's non-championship grades (Senior B & C and Masters Men B) can comprise both male and female members although all members must comply with the membership rules.
- 10.8 The age for all Masters grades team members are taken as at their age on the day of the event whereas for all other competition grades, age is taken as at 31 December 2016.
- 10.9 Walk teams will not be judged. It is a requirement that each member of walk teams walk the full distance of their leg. Failing to do so could result in the disqualification of the team.

11. TEAM CHANGES

- 11.1 Team changes must be advised to relay headquarters (located in the vicinity of the start of leg 1 of the longer course about the area of the Rotorua Stadium), 60 minutes prior to the start of the event in which the team is competing in (although it is preferable for the changes to be handed in at the Managers meeting on Friday night).

Revised teams must be printed clearly on the form provided in this programme book.

12. REPLACEMENT OF TEAM MEMBERS

- 12.1 Where a team member is unable to complete a leg, that member may be replaced by the team member who is to complete the next leg, or if it is the last leg another member of that team having already completed their leg for the same team. Any such replacement will incur a 7 minute time penalty (being as set out in paragraph 19 below).
- 12.2 Written advice of the substitution shall be given to the Changeover Supervisor at the end of the leg in which the replacement was made and no later than 15 minutes after the replacement team member completes the leg. Failure to provide written timely advice of a substitution could result in the disqualification of the team.

13. TEAM NUMBERS

- 13.1 Each team member must wear the number allocated for their team. TEAM NUMBERS MUST BE WORN ON THE FRONT, must not be defaced, folded or trimmed, and must be clearly visible throughout the entire leg completed by the team member. The numbers do not need to be returned after the event.

14. RELAY BATON AND TIMING

- 14.1 Throughout each leg, the team member must carry their team baton and at the end of each leg, pass it over to the next competing team member. The baton includes on it a team number which has embedded into it a chip for the purpose of event chip timing (this is the only means of chip timing given that the numbers themselves do not have embedded timing chips). The baton does not have to be returned after the event.
- 14.2 It is a requirement for each team to record on the form provided, the cumulative time for each team and from that, the calculated the leg time for each team member. This completed form is to be handed in at the end of the last leg to the designated race official.

15. UNIFORMS

- 15.1 All team members in other than the social/corporate grades must wear their club uniform (which may be worn over other clothing). Social and corporate teams shall wear clothing appropriate to the holding of a national athletic event and can include the corporate identifier of the team.

16. CUT-OFF TIME

- 16.1 For event management purposes a cut off time for the short course will be enforced. Any team participating in the short course that has not arrived at the Marama Resort changeover (end of leg 4) prior to 12:15pm will be officially withdrawn from the event.
- 16.2 Although the team will be withdrawn from the event the next participant will be permitted to start leg 5 at 12:15pm.
- 16.3 At 12:15pm the short course up to Marama Point is officially closed.

17. ROAD SAFETY

- 17.1 The roads over which the relay is run will be open to traffic and in many parts, are reasonably narrow. The courses will be run on the left side of the road for legs 1 and 2, and most of leg 3 of the longer course, and most of leg 1 of the shorter course. On legs 3 of the long course and leg 1 of the short course, team members shall cross to the right hand side of the road as and when directed by relay marshals. On all other legs, team members must keep to the right side of the road (facing on-coming traffic), run/walk as close as practicable to the side of the roadway furthest away from the centre line of the road, and other than for the purpose of passing other relay participants, stay in single file.
- 17.2 There will be at each changeover point, a Changeover Supervisor to whom any issue of any team or team member can be referred.

18. SUPPORT VEHICLES

- 18.1 At the changeover point at the end of leg 2 of the long course and the start of leg 1 of the short course (both situated at Agroventures off Paradise Valley Road), support vehicles are not to follow the relay course at that point and drive under the SH5 underpass. Instead, vehicles must exit the Agroventures area by returning to Paradise Valley Road, turning left, and then left again onto SH5, proceeding along SH5 to Western Road (the first road on the right), and turning into Western Road to rejoin the relay course.
- 18.2 The relay finishes at the Energy Events Centre on Queens Drive in the Government Gardens, after passing through

the Princes Gate entranceway. Support vehicles ARE NOT to use this entry point to the finish and instead, are to drive down Hatupatu Drive (which turns left at the eastern end of Hinemoa Street by the Polynesian Pools) and drive to the parking area via this road (which passes by the rear of the Events Centre).

19. INFRINGEMENTS AND PENALTIES

19.1 Competition rule S241 at clause 10, sets out a range of penalties for specified infringement of the relay rules (as summarised below). The race referee will apply these penalties as deemed appropriate for any reported infringement (being infringements reported by relay officials, relay marshals, race referee or any other report that the race referee considers to have standing). In addition, the race referee can apply other penalties that apply specifically to this relay and as set out in these rules. In coming to a decision about penalties, the race referee can seek and consider any other advice available to the race referee for the purpose of assisting in the making of a penalty decision.

19.2 Where a team incurs a time penalty, the results will show the team member who incurred time penalties, the time penalty incurred and the offence. Where a team is disqualified, the team member incurring the disqualification along with the offence/s will be shown in the results.

19.3 Any protest regarding the status of an athlete or team to compete shall be made to the Technical Delegate before the start of the relay.

19.4 The decision of the race referee may be appealed in writing to the Jury of Appeal in accordance clause 9.3 of Rules S241 and must be accompanied by a fee of \$NZ50 which shall be forfeited if the appeal is unsuccessful.

(Important Note: No appeal made outside the time limits laid down by Athletics New Zealand and the IAAF Rules or made directly to Athletics New Zealand Head Office shall be considered).

19.5 S241 Penalties Summary.

In addition to penalties otherwise specified in these rules, the following penalties will apply:

<u>Infringement</u>	<u>Penalty</u>
10.1. Wrong uniform	30 seconds
10.2. Number not clearly displayed	30 seconds
10.3. Number defaced	30 seconds
10.4. Making a false start (as in starting before the gun has fired or changing outside the change zone or when there is no baton not touching hands)	1 minute (i.e. 60 seconds)
10.5. When batons are used baton not being carried in the hand	1 minute (i.e. 60 seconds)
10.6. Running at a greater distance from the side of the road than specified in the race rules but in a non-dangerous manner	1 minute (i.e. 60 seconds)
10.7. Cutting a corner in non-dangerous manner	1 minute (i.e. 60 seconds)
10.8. Pacing in any manner what-so-ever	2 minutes
10.9. Being in possession of or using a banned device	2 minutes
10.10. Notified replacement of an athlete during the event	7 minutes
10.11. Unapproved replacements or change of running order	Team Disqualification
10.12. Infringements 10.6 & 10.7, but in a dangerous manner or position	Team Disqualification
10.13. Impeding another athlete or acting in an unsporting manner	Team Disqualification

20. MEDALS

20.1 *Athletics NZ Championship Medals* are awarded to the members of the three fastest Men, Women, Masters Men, Masters Women, Open Masters 50+, Open Masters 60+, Junior Men and Junior Women teams.

20.2 Lake City Athletic Club medals will be awarded to the three fastest walk teams.

21. TROPHIES AND AWARDS:

21.1 Apart from championship and walk medals, there are no trophies, awards or spot prizes associated with the relay.

22. COMPETITION FOR BEST OVERALL CLUB

22.1 The relay incorporates a competition for the best overall club in the eight championship grades (Senior Men A grade, Senior Women, Junior Men, Junior Women, Masters Men 40+, Masters Women 35+, Open Masters 50+ and Open Masters 60+). The three highest scoring teams of a club in any three grades will be used to calculate the result.

22.2 The points table for this competition is as set out in clause 11.3 of Rules S241 as are the rules that apply to the application of the determined points and tie-breaker rules.

23. PRIZEGIVING

23.1 The event prizegiving will be held at the Rotorua Energy Events Centre (in the Government Gardens off Queens Drive) at 4.00 pm. Refreshments will be available for purchase at this prizegiving.

24. EVENING SOCIAL

24.1 An evening social (for those who are 18 years of age and over) will be held at the Rotorua Energy Events Centre (located in the Government Garden on Queens Drive), from 7.30pm to 11.30pm.

24.2 Tickets need to be purchased for the event (cost of \$20 per person if purchased before Monday 19 September 2016 and \$25 if purchased thereafter – refer the relay website at <https://nzroadrelaychamps16.eventdesq.com/>. Tickets can also be purchased from the team managers meeting on Friday night before the relay (30 September). Tickets will include finger food and entertainment, and a bar will be on site for the purchase of refreshments.

25. EXCLUSION OF LIABILITY AND PRIVACY

25.1 In consideration of the acceptance of the team entry for the relay, all team members waive, release and discharge Athletics New Zealand (Inc) and the Lake City Athletic Club (Inc), their officers, staff, relay sponsors and promoters, suppliers of product and services (including medical services), volunteers and volunteer groups, and all other persons, entities or groups associated with the planning and conduct of the relay (individually or collectively referred to as the “indemnified parties”), from any liability and claims that arise from losses, injuries and or damage however caused (whether fatal or otherwise) that a team member may suffer from their preparation for and/or participation in this relay. Team members also indemnify and hold harmless the above described “indemnified parties” from all actions, suits, proceedings, claims, demands, losses, damages, penalties, fines and other financial impositions however arising (including from negligence). This waiver, release, discharge and indemnity is provided by team members on behalf of themselves, their executors, administrators and assigns.

25.2 Team members agree to comply with the rules of the event and will compete entirely at their own risk.

25.3 Each team member authorises the use of their name, voice, picture and any information provided about them on the team entry form, and without payment, for the purpose of any broadcast, telecast, communication, promotion, advertising or activities associated with the relay.

25.4 If the relay is cancelled due to acts of nature, the team entry fee will not be refunded.