



Website: [www.lakecity.co.nz](http://www.lakecity.co.nz)  
Email: [info@lakecity.co.nz](mailto:info@lakecity.co.nz)  
Clubrooms: Neil Hunt Park off Tarawera Road  
Lynmore – Rotorua

## **GUFF SHEET**

**29 August 2015**

### **The past week:**

Wednesday evening saw a well-attended 25th annual general meeting of the Lake City Athletic Club Inc.

A brief report of the meeting follows:

**a.** It was voted that the club's share of the membership paid remains at the status quo.

**b.** As two of the nominees for the Executive withdrew their nominations no election was required for the Executive.

**c.** Pat Smyth was presented with a plaque in Colin's name congratulating Colin on his historic 50 sponsored marathons around Lake Rotorua, plus the 3 club championship events prior to 1965. This gave Colin 53 times around the Lake. A replica of the plaque is being made to be placed in the clubrooms.

**d.** Kim Stevenson outlined that the New Zealand Secondary Schools cross country championships are being held at the A & P Showgrounds/Agrodome, Ngongotaha next June. Although not organised by the Club, nearer the event club members will be called upon to act as marshalls etc. Prior to the NZ championships the Athletics Waikato champs will be held on the course.

**e.** Chris Corney advised the meeting that the club has signed off with Athletics NZ the agreement to hold the National road relay championships in Rotorua October 2016. A committee is being formed to run the event, but again club members will be called upon to assist.

**f.** John Crengle addressed the meeting on the Rotorua Trails Trust that has been formed to maintain tracks in the Rotorua region – Whaka Forest, Okataina walkway etc. He also brought the meeting up to date on the ornaments/trinkets that were on the "As you Do" track. A new location for these is in the pipeline, within the actual Redwood Memorial Grove.

Thanks were extended to those not seeking re-election, and to Sue Werry who has assisted with the Treasurers area for the last three to four years. Sue's behind the scenes contribution has been huge. Thanks Sue.

Your incoming Executive and Officers of the Club are:

#### **Officers of the Club:**

Parton	Graeme Dennett
President	Rob Colledge
Vice President	Pam Kenny
Secretary	John Marten
Treasurer	John Marten
Club captain	to be addressed by the Executive

#### **Executive members:**

Wendy Monk	Nikki Mitchell	Denise Caudwell
Kim Stevenson	Teresa Martin	Adrian Lysaght
Sarah Wiwarena	Shaun O'Donnell	

At the Cambridge half marathon which doubled as the Athletics Waikato BOP half marathon championships on Sunday a number from the club took part and in due course will be recipients of their respective Athletics Waikato Bop championship medal. The associated 5 and 10km events also had a number from the club taking part. The results still need to be researched.

### **Forth coming events:**

#### **SATURDAYS**

**This Saturday 29 August** – This is the afternoon of The Blue Lake Blatt. Two-person running teams compete around the Lake as well as two person walker teams with each person completing half a lap of the Lake. Meet 1.45pm by the Blue Lake Ski Club clubrooms - 2.00pm start. A shorter distance event for younger grades and those not wishing to tackle the longer distance will be held. Bring a plate for afternoon tea back at the Neil Hunt Park clubrooms, please. Duty officer: Trevor Ogilvie (Ph. 347 8181) and Tony Broadhead (Ph. 027 6376273).

**Saturday 5 September** - 2015 Athletics New Zealand road race running/walking championships are being held virtually on our back door step at the Tauriko Industrial Estate, Tauranga. Entry has now closed. If not doing anything head over to Tauranga and give fellow club members your support.

Visit Athletics New Zealand website - [www.athletics.org.nz](http://www.athletics.org.nz) and click onto road championships to see who has entered etc.

**Saturday 12 September** – In its 37th year the Club's promoted and organised Red Stag Redwoods Forest Relay is being held in the Redwoods Memorial Grove and the Scion Archive tree area on 12 September.

The list is at the Neil Hunt Park clubrooms for members to indicate if they wish to be part of a team. Not wishing to run or walk or on the injured list then make yourself available to be a volunteer – there's also a list at the clubrooms to indicate your availability as a volunteer. As mentioned this is a club organised event and members are required to assist on the day. Some will choose to be course marshalls, recorders etc, other to run/walk but will get stuck into the pre event setup and after event pack down.

#### **SUNDAYS**

#### **Distance athletes**

Groups leave from the Neil Hunt Park clubrooms at varying times on a Sunday morning. The first groups head off at 7.00am, others at varying times after 7.00am.

**Those that walk** – Meet just prior to 7.30am at the Neil Hunt Park clubrooms. The walker's contacts are Pat Smyth 027 334 1425 – Marieke Wass 07 347 9885 ah or 027 462 8572 - Sarah Wiwarena – Ph: 348 7674 (evenings) or 027 248 3874.

### **MONDAYS**

**Yoga for runners and walkers** – These classes for club members run from 7.30pm to 9.00pm on a Monday evening at the Neil Hunt Park clubrooms. Contact person is Sarah Lei 349 3558 or 027 228 5496

### **TUESDAYS**

#### **Walkers**

**Am** - Meet at 8.00am at the Neil Hunt Park clubrooms

**Pm** - Meet 5.30pm at the City Focus, Tutanekai Street

#### **Distance athletes**

Groups leave from the Neil Hunt Park. Some meet 5.00pm, others at 5.25pm all leaving from the Neil Hunt Park clubrooms off Tarawera Road.

### **WEDNESDAYS**

**All athletes** – Speed work and core strength session for those over 15 years, 6.15am, Smallbone Park, Devon Street Rotorua. Sessions led by Sarah Lei – 349 3558 (evenings) or 027 228 5496

### **THURSDAYS**

#### **Walkers**

**Am** – Meet at 8.00am at Planet Bike, Waipa By Pass Road

**Pm** – Meet 5.30pm at the City Focus, Tutanekai Street

#### **Distance athletes**

Groups leave from the Neil Hunt Park. Some meet 5.00pm, others at 5.25pm all leaving from the Neil Hunt Park clubrooms off Tarawera Road

## **Club uniforms**

If you wish to purchase an item from the club's wardrobe (Singlet, tee shirt, hoodie, beanie etc) please contact one of the following to arrange a time to make the purchase

Payment to be made at time of purchase - please bring along the correct change

**Costs:** Adults running singlets: \$35.00

Adults short sleeve walker's tees: \$35.00

Junior (children) singlets (size 4 to 14) - \$15.00

There are other items such as adult and children's track suits, adult hoodies and beanies – cost of these on request

**Sarah Wiwarena** – Ph: 348 7674 (evenings):  
Mobile 027 248 3874

**Denise Caudwell** - Ph 346 8431 (evenings)

**Nikki Mitchell** - Ph: 349 2920 (evenings):  
Mobile 027 464 8546

One of the above is likely to be at the clubrooms prior to 5.20pm Tuesday/Thursday or before 7.15am on a Sunday