



Website: www.lakecity.co.nz
Email: info@lakecity.co.nz
Clubrooms: Neil Hunt Park off Tarawera Road
Lynmore – Rotorua

GUFF SHEET

24 October 2015

The past week:

It is with great sadness that this week's guff sheet is commenced. Most will be aware that club member Stephanie McHale (nee Pearson) was the person tragically killed Wednesday week ago on the outskirts of Rotorua.

The Club executive and its members extend sincere sympathy to her husband Ben, baby son Gareth, mother Sheryl, sisters Charlotte and Cati and Ben's parents Red and Raema.

Stephanie will be remembered for her pleasant obliging manner and her enthusiasm for sport in general.

Saturdays scheduled morning event was cancelled in respect to Stephanie and her immediate families.

The winter season prize giving and social function went ahead with around 70 in attendance. Thanks to Adrian Lysaght and his helpers for an enjoyable evening.

The weekly Tuesday evening children's athletics have commenced with a large number in attendance.

Forth coming events:

SATURDAYS

Athletics – track and field – Weekend competition out of the City

- **Children**

Saturday 31 October – Ribbon Day 10.00am at Matamata

Saturday 7 November – Ribbon Day 10.00am at Tauranga

- **Adults**

Saturday 31 October - meeting at Porritt Stadium, Hamilton 3.00pm. Visit www.athleticswaikatobayofplenty.org.nz for the programme of events

Saturday 7 November – meeting at Tauranga Domain 3.00pm. Visit above website for programme of events

SUNDAYS

Distance athletes

Groups leave from the Neil Hunt Park clubrooms at varying times on a Sunday morning. The first groups head off at 7.00am, others at varying times after 7.00am.

Those that walk – Meet just prior to 7.00am at the Neil Hunt Park clubrooms. Contacts are Pat Smyth 027 334 1425 – Marieke Wass 07 347 9885 ah or 027 462 8572 - Sarah Wiwarena - 07 346 3289 ah or 027 347 8115

MONDAYS

Yoga for runners and walkers – These classes for club members run from 7.30pm to 9.00pm on a Monday evening at the Neil Hunt Park clubrooms. Contact person is Sarah Lei 349 3558 or 027 228 5496

TUESDAYS

Children's athletics – are at 5.15pm at the International Stadium No 2 Ground, Devon Street West. Club nights include running, jumping throwing for the whole family, from 2 years to 11 years. Contact: lakecityca@gmail.com Ph/text 027727 773 180 Kerri

Walkers

Am - Meet at 8.00am at the Neil Hunt Park clubrooms

Pm - Meet 5.30pm at the Neil Hunt Park clubrooms.

Distance athletes

Groups leave from the Neil Hunt Park. Some meet 5.00pm, others at 5.25pm all leaving from the Neil Hunt Park clubrooms off Tarawera Road.

WEDNESDAYS

All athletes – Speed work and core strength session for those over 15 years, 6.15am, Smallbone Park, Devon Street Rotorua. Sessions led by Sarah Lei – 349 3558 (evenings) or 027 228 5496

Evening - Track and field (athletics) – for Adults and Youth aged 12 years plus commence 4 November 6.10pm at Rotorua International Stadium, ground 2, Devon Street West, Rotorua.

THURSDAYS

Walkers

Am – Meet at 8.00am at Planet Bike, Waipa By Pass Road

Pm – Meet 5.30pm at the Neil Hunt Park clubrooms. See note below re possible later meeting time for some.

Distance athletes

Groups leave from the Neil Hunt Park. Some meet 5.00pm, others at 5.25pm all leaving from the Neil Hunt Park clubrooms off Tarawera Road

Tree felling in Whaka Forest:

This has started in the Pipeline Road region of the Forest.

Timberlands advise this will take approximately 6 - 7 weeks to finish and will be working on one skid site where all the advanced downhill mountain bike tracks finish on Pipeline Road.



During harvesting there will be some mountain bike tracks temporarily closed and some permanently closed once started - The Temporarily closed tracks may be closed from 4am to 4.30pm on week days and available after 4.30pm week nights and all day on weekends.

Pipeline Road will be closed 4.00 am to 4.30pm on all week days. Spring Roll, Sweet & Sour and Corners MTB tracks will be closed while tree felling within 100m of these tracks. Once felling within 100m is complete then they will remain open. Permanently closed tracks are Bunny Jugs, Taniwha, Fools Gold, National Downhill and 24 Carat will be closed till notified the operation is finished - approx. mid-November.

Security staff and signs will be in place so please obey this signage and any direction of marshals.

Logging trucks will be using Nice Rd, Pipeline Rd and Hill Rd so stay alert and be safe.

Even though it is mainly mountain bike tracks being affected please respect all closures and obey the Security staff and don't go into any taped off areas.

Club uniforms

If you wish to purchase an item from the club's wardrobe (Singlet, tee shirt, hoodie, beanie etc) please contact one of the following to arrange a time to make the purchase

Payment to be made at time of purchase - please bring along the correct change

Costs: Adults running singlets: \$35.00
 Adults short sleeve walker's tees: \$35.00
 Junior (children) singlets (size 4 to 14) - \$15.00

There are other items such as adult and children's track suits, adult hoodies and beanies – cost of these on request

Children's Uniforms

Kerri Lockhead - lakecityca@gmail.com
 Ph/text 027727 773 180

Adults

Sarah Wiwarena – Ph: 346 3289 (evenings):
 Mobile 027 347 8115

Denise Caudwell - Ph 346 8431 (evenings)

Nikki Mitchell - Ph: 349 2920 (evenings):
 Mobile 027 464 8546

Championship certificate winners:

At the Neil Hunt Park clubrooms are a huge number of certificates relating to place getters in various club championship events: The Off Road Half Marathon, the marathon and the winter months cross-country and road events. Listed below are the certificates not presented at the recent prize giving. Some people will have **(Mem)** by their name. This means there is also a membership card for them at the clubrooms.

Please up lift the one(s) in your name.



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| Leo Bamfield | |
| James Billing | |
| Doris Bragg | |
| Max Bragg | |
| Kerris Browne | |
| Mike Burkinshaw | |
| Chris Bycroft (2) | |
| Wayne Cameron (Mem) | |
| Jackie Crine (Mem) | Chris Corney |
| Dave Cronshaw (2) | Sue Crowley |
| Scott Curran | Louise Donaldson |
| Bruce Easton | John Edwards |
| Clay Fookes (2) | Ella Fookes (Mem) |
| Tegan Fookes (Mem) | Deborah Gammon (Mem) |
| Mark Geddes (3) | Siobhan Griffiths |
| Sharon Grinter (Mem) | Lydia Hale |
| Charlotte Hamilton | Ricky Havercamp |
| Tracey Hay | Dee Horne |
| Kaye King | Leanne Leggett (Mem) |
| Lauren Keaney (Mem) | Alison King |
| Nic Leary (3) | Sarah Lei |
| Michael Ludbrook | Sarah Manders |
| Yvonne Mansell | Toni Mills |
| Phillip MacAlister | Ryan McLean |
| Charlotte Pearson | Sheryl Pearson |
| Gaine Petterson | Craig Pollard |
| Arturo Pingol (Mem) | Marion Roberts |
| Sam Rossiter | Gillian Shapley |
| Julie Sharplin | Alison Shirley (2) |
| Robyn Skelton (Mem) | Ben Smith (Mem) |
| Larry Soutar | Andrew Stanly (Mem) |
| Jason Steyn-Ross | Melanie Thompson (2) |
| Megan Twist | Keith Walmsley (Mem) |
| Vicky Wheeler | Thomas Yetsenga |
| Lewis Yetsenga | |