



Website: [www.lakecity.co.nz](http://www.lakecity.co.nz)

Email: [info@lakecity.co.nz](mailto:info@lakecity.co.nz)

Clubrooms: Neil Hunt Park off Tarawera Road  
Lynmore – Rotorua

**GUFF SHEET**  
**26 March 2016**

## The past week:

The weather has not been kind to the various club events this past week. The Tuesday children's athletes escaped the rain, but the same cannot be said for the Wednesday Teens and Adults final evening. The 10000 metres championship was run in conditions more suited for winter events – wet overhead and underfoot but no wind.

Melkorka Leggett-Hilmarsdottir travelled to Perth and took part in the Australian junior track and field champs. She placed 10th in her women's 18 javelin with a throw of 37.52. Well done Melkorka you have had a great season.

Well done to those club members that have participated in their various secondary schools track and field championships over recent weeks.

## Renewal of club membership:

We are now nearer to being able to renew our membership/subscription with the Club.

Unfortunately there has been an increase in the fees due (not from the Club end but the Athletics NZ end), but there is again the opportunity for a member aged 20 years plus to become a social member.

By joining as an adult social member means that you are not registered as an Athletics New Zealand competitive athlete so cannot compete and/or gain placings in inter-club events (interclub championship events and relays), however you can take part in all ordinary club activities and can enter open (public) events like the Half Marathon, Marathon etc. It is strongly suggested if at a later date you may wish to change from a social to a competitive athlete you pay the competitive fee now.

The total fee for each category is:

Social membership	20yrs plus	\$80.00
Competitive membership	20yrs plus	\$110.00
"	18, 19 yrs	\$93.00
"	15, 16, 17yrs	\$93.00
"	7 to 14 yrs	\$55.00
"	2 to 6yrs	\$30.00

With the move to online registration each member will receive an email from the Club advising of the new procedure for online registration. Each financial member and those who were financial for the previous 12 months will be advised of their own UserID and Password.

You will be given a link to the appropriate data base and from there you will be able to login and see what information is wanted and make payment. The link will give you access to your existing records which in some instances you will have to update.

Please don't try and register until you have received your password etc from the Club.

Provision will be made for those that do not have access to the online registration system.

*John Marten – Club secretary/treasurer 029 348 2849*

## Forest operations – Tree Felling

Tree felling alongside Hill Rd and Pipeline Rd commenced 24<sup>th</sup> March - for two weeks. Road closures weekdays include: Hill Rd, Reservoir Rd, Pipeline Rd, Nice Rd, Chestnut Rd and Moerangi Rd. Affected tracks will be closed during this time – though they will be open over the Easter weekend. Please adhere to safety notices and directions.

## Forth coming events:

### In the City

#### Distance events

**Saturday 30 April** - The 52nd Rotorua Marathon around Lake Rotorua Visit [www.rotoruamarathon.co.nz](http://www.rotoruamarathon.co.nz) Entry forms available at the clubrooms. Late entry kicks in from 1 April. **i.e. 31 March is last day at the current fee.**

### SATURDAYS

With the club's summer activities in wind up mode, the Saturday afternoon winter activities will commence Saturday 16 April. Meeting time is 1.45pm at the Neil Hunt Park club rooms. There will be some form of exercise for all – the young, the old, runners, walkers, the fast or slow or the in between. All welcome.

## SUNDAYS

### Distance athletes

Groups including the running clinic members leave from the Neil Hunt Park clubrooms Sunday mornings at 7.00am. Clinic members please be there by 6.55am. The 10km clinic group met at the clubrooms 7.30am unless advised otherwise.

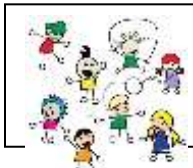
Those that walk – Meet at the Neil Hunt Park clubrooms just prior to 7.00am. Contacts are Pat Smyth 027 334 1425 – Marieke Wass 07 347 9885 ah or 027 462 8572 - Sarah Wiwarena – Ph: 346 3289 (evenings) Mobile 027 347 8115

## MONDAYS

Yoga for runners and walkers – These classes for club members run from 7.30pm to 9.00pm on a Monday evening at the Neil Hunt Park clubrooms. Contact person is Sarah Lei 349 3558 or 027 228 5496

## TUESDAYS

Children's athletics - are in wind up mode with their prize giving for their older age groups being held on the 29 March at the Neil Hunt Park clubrooms from around 4.30pm. Contact: [lakecityca@gmail.com](mailto:lakecityca@gmail.com) or Ph/text 027 2773180 (Kerri).



### Walkers

**Am** - Meet at 8.00am at the Neil Hunt Park clubrooms

**Pm** - Meet 5.30pm at the Neil Hunt Park clubrooms.

### Distance athletes

Groups including running clinic members leave from the Neil Hunt Park clubrooms at 5.30pm. Clinic members please be there by 5.20pm.

## WEDNESDAYS

**Am** - For those over 15 years is a speed work and core strength session, 6.15am, at Smallbone Park, Devon Street Rotorua. Sessions led by Sarah Lei – 349 3558 (evenings) or 027 228 5496

## THURSDAYS

### Walkers

**Am** – Meet at 8.00am at Planet Bike, Waipa Mill By Pass Road

**Pm** – Meet 5.30pm at the Neil Hunt Park clubrooms.

### Distance athletes

Groups including running clinic members leave from the Neil Hunt Park clubrooms at 5.30pm. Clinic members please be there by 5.20pm.

## RESULTS

Adults and Teens Track and Field – 16 March 2016

- wet or rather very wet

### 10000 metres - run

Tony Broadhead **	M45	40.02.2
Chris Corney	M50	40.05.4
Gaine Petterson	M40	40.05.5
Kerry Robinson **	M45	40.42.5
Sam Rossiter **	M20	41.05.3
Mike Bray **	M55	41.08.4
Jason Finnerty	M20	46.27.2
Phil Gulbransen	M60	46.39.3
Lindsay Foster	M60	49.04.0
Amy Bray	W20	49.07.9
Wayne Cameron	M50	49.17.4
Bruce Easton	M65	49.20.7
Colin Davis	M45	53.00.7
Phil Kerrison	M60	53.01.3
Chris Bycroft	M40	53.42.3
Max Bragg	M70	54.01.1
Peter Vyver	M70	60.24.1
Kirsty Peterson	W40	62.45.5

### 10000 metres - walk

Diane Barrett-Kendall	W55	71.05.1
Rinus Adriaansz	M55	78.10.7

\*\* denotes extra lap run

### **Australian Junior Championships, Perth 8/13 March 2016**

#### Women 18 - javelin

Melkorka Leggett-Hilmarsdottir 37.52 (10th)

### **Athletics Waikato BOP children's athletics -12 March 2016 - Tauranga**

#### Gisele Howard -11yr girls

1x Gold Medal - Discus

1x Bronze Medal- High jump

1x Bronze Medal- 1500mtrs

6th place finalist in Long jump

#### Trelise Howard - 8yrs girls

1x Silver Medal - 200mtrs

Finalist placings in 60mtrs - 6th place Finalist 7th-

Discus Finalist

8th place Long jump

#### Lauryn Martin – 7yr girls

Finalist 7th - 60mtrs

Finalist 6th- 100mtrs

Finalist 8th – Long jump

#### Marnie Adams - 7yrs girls

Finalist - 60mtrs

Finalist - 100mtrs

Long jump participated

#### Manaia Christiansen- 8yrs Boys

1x Silver Medal - Discus

1x Silver Medal- Shotput

Finalist in 60mtrs and 100mtrs

Nikita Harding - 7yrs girls

Competed in 60/100/Long jump

Patrick Old - 8yrs boys

Competed in 100/200/Discus/Long jump

Ngahere McCauley - 9yrs boys

1 x Bronze Medal = Long jump

Finalist 4th place - 60mtr

Finalist 4th place- 100mtrs

Finalist 4th place - 200mtrs

Hannah Muir -12yrs girls

Competed in 100mtrs

Lillian Muir - 10yrs girls

1x Silver Medal – Long jump

Finalist place 4th - 200mtrs

Finalist place 4th – High jump

Competed in 100mtrs

Hannah Gapes 12 yrs girls

1x Silver Medal - 1500mtrs

Finalist place 4th - in 800mtrs

Finalist place 4th - Hurdles

Finalist place in Long jump

Phoenix Hoete - 11yrs girls

1x Gold Medal - Shotput

1x Bronze Medal- Discus

Finalist in 800mtrs

Finalist in 400mtrs

Stryder Hoete - 10yrs boys

Competed in Discus and Shotput

Jesse Pakinga-Lawson Age 12yrs Boys

1 x Silver Medal – Shotput

1 x Bronze Medal - Discus

## Club uniforms

If you wish to purchase an item from the club's wardrobe (Singlet, tee shirt, hoodie, beanie etc) please contact one of the following to arrange a time to make the purchase

Payment to be made at time of purchase - please bring along the correct change

**Costs:** Adults running singlets: \$35.00  
Adults short sleeve walker's tees: \$35.00  
Junior (children) singlets (size 4 to 14) - \$15.00

There are other items such as adult and children's track suits, adult hoodies and beanies – cost of these on request

Contacts are:

**Denise Caudwell** - Ph 346 8431 (evenings)

**Nikki Mitchell** - Ph: 349 2920 (evenings):  
Mobile 027 464 8546

**Sarah Wiwarena** – Ph: 346 3289 (evenings):  
Mobile 027 347 8115

Please call one of the above to arrange a suitable day/time to meet at the clubrooms to check what you want to purchase