



Lake City Kids

Where athletics is FUN!



South Island Colgate Games:

Our budding athlete Callum, sweet-talked his mum into taking him all the way down to the South Island. It certainly paid off, because Callum came home with two more medals!

Gd 14 Boys Long Jump 5.70m - 2nd
Gd 14 Boys High Jump 1.63m - 3rd



Massey Athletics Auckland:

The Oliver family also went to the Massey Athletic open day in Auckland.

Lexi placed 4th in 30m, 100m & long jump.

Jorgia placed 3rd in long jump, 2nd in 400m & 1st in high jump.

Karen reports that it was run a little differently to how we do it in the Bay but a great day was had by all.



Athletics NZ Official Rankings:

Another young man by the name of Ryan Howe (18) is making huge waves in our club too. He has recently made his way into the NZ Rankings:

Tauranga Twilights 1st Jan

Long Jump 6.88m - 1st in NZ U19 Mens
200m 22.42 secs - 8th in NZ U19 Mens

NZ Sec Schools Champs Hastings Dec 2010

100m 10.86 secs - 4th in NZ U19 Mens



Ryan Howe (Left)

Children's Newsletter Helper Wanted:

Kerris now has her hands full running the Marathon Clinic (over 50 members), so is looking for a Parent volunteer who is interested in putting together the Childrens Newsletters, either this season or next season. Full training supplied, only an hour or two per week. Lots of fun!

FREE Basic Coaching Training for Parents:

Yaaay, we have TWO parents that are keen to do a basic Coach-Helper course paid by Athletics NZ. We just need 3 more, and I can organize a coach in Rotorua at a time that suits you all. This special coaching session for you (free of charge) will cover the basics of all athletics events. Please contact Kerris on 021 753691 or email swingmills@xtra.co.nz.

First Night Back:

First night back will be **WEDNESDAY 9th Feb** at 5pm, as the Council is cleaning the grounds on Tues. After that it will be Tuesdays as per normal.

www.lakecity.co.nz

kenziep@clear.net.nz, kbrowne@petersonsawmills.com

Ribbon Days & Events:



Here's the upcoming events for 2011:

Feb-05 9:30am	Bellevue/Greerton, Tauranga Domain, including Triple Jump Champs	Jenny Croasdale 07 544 8969
Feb-12 10:00am	Putaruru, Glenshea Park	Nellie Engels 07 883 4884
Feb-19 10:00am	Te Aroha, Herries Park	Ross Brunsdon 07 884 8655
Feb-19 4pm	Porritt Classics including Prim/Int/Sec Sch 1500m mixed RELAYS (6 runners)	Mhyre Oman 027 475 7517
Feb-26 10:am	Frankton/Hinemoa, Porritt Stadium (also Triple Jump Champs Reserve Day)	Jarrold Popplestone 07 855 7655
Feb 26- 27	Waikato-BOP Track & Field Senior Champs, Tauranga Domain	
Mar-05	Paeroa, Paeroa Domain	Kelvin Wickliffe 07 862 6154
Mar 12 9:30am	WaiBOP Children's Champs Porritt Stadium - Grades 7-14 yrs	Denise Taylor 07 570 2307

Mar-19	WaiBOP Secondary School Champs Porritt Stadium	
Apr 2-3	North Island Secondary School Track and Field Champs, Porritt Stadium	
Apr 23- 24	Grades 12 /13 NZ Inter- Provincials Inglewood	Bruce Fleming 07 843 9293

Kerris' Keepsake-Kids



Be nice to your parents.

You won't realize until you are grownup, how much your parents did for you. Every race they make you run, every sport they get you to play, little-by-little, they are helping you grow those tiny muscles into long strong ones. Someday, you will thank your parents. But for now, just smile and run harder!

CANCELLATION HOTLINE – 3492994, 5924

www.lakecity.co.nz

kenziep@clear.net.nz, kbrowne@petersonsawmills.com