



Lake City Kids

Where athletics is FUN!



Colgate Games:

Well what an experience! The first day in Hastings was a frying 33 degrees, and the final day was a chilly, windy 18 degrees. I felt so sorry for the kids having to run on that oh-so-hot first day, and the poor freezing parents watching on the final day.

Overall the Games were VERY well organized, the kids really enjoyed participating, and the competition was very stiff indeed.

7-9 year olds:

This age group only competed against their heats of 6-8 others, so many Lake City kids achieved Flags (placings). The Colgate Games do not record this age group however, so can the parents PLEASE EMAIL ME YOUR CHILDREN'S RESULTS FOR NEXT NEWSLETTER. Thanks.

10-14 year olds Results:

This age group competes against the entire field, sometimes up to 50 competitors or more! Achieving medals is very tough. So it's wonderful to see so many Lake City kids getting good results and bringing home 5 precious medals. A fantastic haul for Paige Satchell, and well earned results for MacKenzie and Callum who work very hard at their events.

Paige Satchell leads the field;



Jorgia Oliver (G10)	200m	21st	:32.59
	400m	9th	1:15.03
	High Jump	7th	1.15m
	Long Jump	25th	3.59m
Hana Stubbing (G10)	800m	4th	2:49.59
	1500m	5th	5:46.82
Kaya Henderson -Corporaal (B10)	800m	15th	2:50.91
	1500m	13th	5:46.23
	Discus	17th	15.85m
	Shotput	19th	5.69m
Melkorka Leggett -Hilmarsdott (G11)	200m	28th	:34.69
	High Jump	13th	1.15m
	Long Jump	28th	3.49m
	Discus	10th	17.25m
Tom Voss (B11)	100m	15th	:14.49
	200m	13th	:30.41
	400m	6th	1:06.67
	High Jump	8th	1.30m
Matthew Wilson (B11)	100m	28th	:15.18
	200m	27th	:32.69
	Long Jump	36th	3.34m
Paige Satchell (G12)	400m	2nd	1:05.42
	800m	3rd	2:27.32
	1500m	3rd	5:05.86
	Long Jump	11th	4.23m
MacKenzie Van Fulpen (G12)	80m Hurdles	5th	:15.87
	Long Jump	33rd	3.57m
	High Jump	3rd	1.38m
Alie Henderson -Corporaal (G12)	800m	13th	2:48.09
	1500m	12th	5:47.74
	Long Jump	13th	4.14m
	High Jump	4th	1.35m
Georja Kidd (G12)	800m	20th	3:13.97
	1500m	14th	6:01.33
Tanja Leggett- Hilmarsdott (G13)	80m Hurdles	14th	:17.77
	Long Jump	27th	3.34m
	Discus	23rd	9.74m
	Shotput	14th	5.92m
Blake Wilson (B13)	100m	13th	:13.46
	200m	30th	:28.74
	High Jump	23rd	1.30m
Tom Voysey (B13)	100m	30th	:14.87
	200m	35th	:30.50
Michael Voss (B13)	800m	13th	2:27.01
	1500m	4th	4:45.19
Callum Taylor (B14)	100m	9th	:12.84
	200m	11th	:25.58
	Long Jump	2nd	5.43m
	High Jump	4th	1.55m
1600m Sprint Medley (13)	Tanja L, Blake W, Michael V, Paige S, Alie H.		5th
4x100m Relay (B14)	Tom V, Blake W, Michael V, Callum T		6th

Here is the link to full results:

[http://www.athletics.org.nz/article.aspx?ID=6372
&Mode=1](http://www.athletics.org.nz/article.aspx?ID=6372&Mode=1)

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Callum Taylor right up there with the best;



MacKenzie Van Fulpen congratulates the Gold Medalist;



First Night Back:

First night back will be **WEDNESDAY 9th Feb** at 5pm, as the Council is using the grounds on Tues.

After that it will be Tuesdays as per normal.

Ribbon Days & Events:

Here's the upcoming events for 2011;



Jan 14-	South Island Colgate Games	
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16 SI	Caledonian Sports Ground, Dunedin	
Jan-29	Grade 14, U16 & U18 Inter-Provincials at Porritt Stadium	Joan Rawnsley 07 867 896
Feb-05 9:30am	Bellevue/Greerton, Tauranga Domain, including Triple Jump Champs	Jenny Croasdale 07 544 8969
Feb-12 10:00am	Putaruru, Glenshea Park	Nellie Engels 07 883 4884
Feb-19 10:00am	Te Aroha, Herries Park	Ross Brunson 07 884 8655
Feb-26 10:am	Frankton/Hinemoa, Porritt Stadium (also Triple Jump Champs Reserve Day)	Jarrold Popplestone 07 855 7655
Feb 26-27	Waikato-BOP Track & Field Senior Champs, Tauranga Domain	
Mar-05	Paeroa, Paeroa Domain	Kelvin Wickliffe 07 862 6154
Mar 12 9:30am	WaiBOP Children's Champs Porritt Stadium - Grades 7-14 yrs	Denise Taylor 07 570 2307
Mar-19	WaiBOP Secondary School Champs Porritt Stadium	
Apr 2-3	North Island Secondary School Track and Field Champs, Porritt Stadium	
Apr 23-24	Grades 12/13 NZ Inter-Provincials Inglewood	Bruce Fleming 07 843 9293

FREE Basic Coaching Training for Parents:

Athletics NZ fully supports parents who want to learn more about athletics and be able to coach their own children as well as volunteer at club nights. Once we can get 5 parents to sign up, we will arrange for a qualified Coach to come to Rotorua and run a special coaching session for you (free of charge). This will cover the basics of all athletics events. Please contact Kerris on 021 753691 or email swingmills@xtra.co.nz.

Kerris' Keepsake-Kids



Don't be scared to enter events.

Even if you come dead last, it's brilliant motivation to practice some more and try to move up a place or gain a few seconds faster next time!

CANCELLATION HOTLINE – 3492994, 5924

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