



Lake City Kids

Where athletics is FUN!
28th Jan 2013



WELCOME BACK!

First day back is Tues 5th Feb

New members are still welcome if you know of anyone wanting to bring their children.

NEW GROUNDS during Feb

Due to Raggamuffin and Te Matatini using the #2 field, we have been transferred to the top #3 field above and behind where we normally are. This is for the entire month of Feb. So drive right through the normal carpark, around behind to the upper field at the back.

All helpers should arrive 10 minutes early to transfer gear from the shed to the new field.

Uniforms and TRACKSUITS arrived!

If you were waiting for smaller children's singlets, you can now purchase them at 4:45pm on Tues 12th Feb or Weds 13th Feb. \$15 each.

We also have some NEW tracksuits just arrived. These look awesome and are just \$50 for a full set. Come and try on during the above days, and get yours put aside or on order, as we are putting through another order the 2nd week of Feb.

All children should now be in correct uniform - ie running singlet and black shorts, with your age patch sewn on the left chest. *No uniform means no results and no certificate at prize-giving.*

4 PARENT HELPERS NEEDED URGENT

Please ring me urgently if you can help at all!
As commitments change, so do some of our helpers for the 2nd half of the season. Some are transferring to the Marathon Clinic and some kids have clashing sports events. So I now have 4 (four) spots at club night that we need URGENT help for Feb and March. Please ring on 3480790, email swingmills@xtra.co.nz. Training provided and you will be with another parent.

Congratulations to Colgate Games athletes

The Colgate Games were held on the 4-7th of January in which 15 athletes from Lake City attended. Three pulled out prior to the games starting which also meant the scratching of the Grade 9 relay team.

The weather conditions were very hot for the athletes but despite this we achieved some very good results and had an extremely successful weekend.

The following athletes received medals:

Grade 14:

Paige Satchell: 1st 400m, 1st 800m, 2nd 1500m
Mackenzie van Fulpen: 3rd High Jump

Grade 12:

Brooklyn Tomo: 1st shotput, 2nd Discus

Grade 10:

Briet Leggett-Hilmarsdottir: 2nd walk

The following athletes received pennants:

Grade 9

Riley Spargo: 2nd 200m, 3rd 100m

Grade 8

Libby Mollet: 3rd 100m

Many athletes achieved Personal Bests and although not listed above; many were in the finals (top 8) which is very commendable.

The club athletes were well organised this year and as a result the managers had a very easy job.

Donnene van Fulpen



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Putaruru Ribbon Day Sat Feb 2nd

10am, Glenshea Park, Putaruru

Great family day out, and parents always learn something new too! Tiny Tots to 15yrs, free entry. When you go to Ribbon Day, meet with all other Lake City parents and choose a meet manager to take total athlete numbers to the organizers. You are also expected to help out on some events.

Things to remember: Uniform, lunch, drinks, gazebo, sunscreen, money. Also togs for the swimming pool.

***Lake City parents to help with High Jump please.**



Next Ribbon Days:

Feb 9 - Kawerau

Feb 16 - Te Aroha

Feb 23 - Paeroa

Mar 2 - Bellevue/Greerton

WAIBOP Childrens Champs Mar 9th

10am, Porritt Stadium, Hamilton. Age 7-14yrs

Put this date aside in your diary now - Sat Mar 9th.

This is where as many of you as possible, are invited to come and compete against other clubs in the Waikato / Bay of Plenty area. A great day out for the whole family! I'll be posting details closer to the date.

Officials - Porritt Classic Sat 9 Feb 3pm

Are any of you qualified officials able to officiate at the Porritt Classic next weekend? This will count towards the requirement for grading. Will require you at stadium 2pm finishing by 7.30pm.

For the kids there is a 800mts for grade 10 11 12 - no need to enter just rock up on the day.

If you are available please contact Jeanette on genievp@clear.net.nz urgently.

Full schedule of events is also attached.

New Adults Swimming sessions

Because swimming is just so good for kids, and is a great complimentary sport to athletics, we are also pleased to tell you about some new sessions starting up for us *parents*:

ADULTS BEGINNER: If you want to start learning how to do proper strokes, come and join me on a Friday avo from 6:30-7:30pm in the outside pool. \$25 annual membership fee plus \$20 per month. Nice and easy, very helpful, lots of feedback, shorter stints to suit your fitness level. I really enjoyed it!

<http://www.sportsground.co.nz/swimrotorua/11352/>

Email: swimrotoruaadmin@gmail.com

Lake City Results December 2012, thanks to Maggie Tapiata					
Max	Peterson	boy	7	shotput	1.87
Oscar	Lawson	boy	7	shotput	2.36
Richard	Cunliffe	boy	7	shotput	3.04
Sam	Reid	boy	7	shotput	2.08
Joel	Nikora	boy	7	shotput	2.34
Noah	TeKowhai	boy	7	shotput	3.65
Oliver	Weaver	boy	7	shotput	2.42
Kaito	Van Wyk	boy	7	shotput	2.58
Drew	O'Connor	boy	7	shotput	1.78
Hayden	Duyvestpyn	boy	7	shotput	2.38
Joshua	Peake	boy	7	shotput	2.81
Ariarite-rangi	Tuhaka	boy	7	shotput	3.56
Lukas	Joy	boy	7	shotput	2.25
Tama	TeWhai	boy	7	shotput	2.21
Angela	Rawson	girl	7	shotput	4.09
Zoe	Stubbing	girl	7	shotput	—
Anna	Waler	girl	7	shotput	—
Freya	Bjarnadottir	girl	7	shotput	2.78
Emma	Balmer	girl	7	shotput	—
Jasmine	Kereopa	girl	7	shotput	—
Emma	Monk	girl	7	shotput	—
Lillian	Muir	girl	7	shotput	2.53
Rylee	Price	girl	7	shotput	—
Nishali	Patel	girl	7	shotput	2.68
Jasper	Dowland	boy	8	discus	13

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Naianga	Tapiata	boy	8	discus	10.93
Dean	Foster	boy	8	discus	17.27
Mathew		boy	8	discus	12.11
Zack	Kelly	boy	8	discus	10.82
Angus		boy	8	discus	10.64
Joshua		boy	8	discus	11.25
Oneedin		boy	8	discus	13.41
Tyler		boy	8	discus	11.33
Didier		boy	8	discus	8.87
Stacey	Wepa	girl	8	discus	11.71
Gisele	Howard	girl	8	discus	7.54
Paia	Kapa	girl	8	discus	6.36
Ashleigh		girl	8	discus	6.33
Cailyn		girl	8	discus	12.75
Tessa		girl	8	discus	8.99
Olivia		girl	8	discus	3.37
Javier	Brown	boy	10/11	200m	32
Jacob	Rowles	boy	10/11	200m	34.34
Bradley	Rumble	boy	10/11	200m	37.1
Ivan	Fisher	boy	10/11	200m	37.03
Ethan	Cox	boy	10/11	200m	32
Gina	Jansen	girl	10/11	200m	38
Breit	Leggett-H	girl	10/11	200m	41.06
Hayley	Mahar	girl	10/11	200m	36
Keiren	Davidson	girl	10/11	200m	36
Katherine	Hansen	girl	10/11	200m	40.1
Alyssa	Tower	girl	10/11	200m	43.12
Anais	Lawson	girl	10/11	200m	49.6
Christy	Lynn	girl	10/11	200m	37
Stacey	James	girl	10/11	200m	39.8
Kayleigh	Walker	girl	10/11	200m	41.85
Rebecca	Reid	girl	10	discus	6.35
Briet	Leggett-Hilmarsdottir	girl	10	discus	14.06
Kayleigh	Waller	girl	10	discus	6.95
Leah	Foster	girl	10	discus	12.09
Jacob		boy	10	discus	10.86
Anais		girl	10	discus	7.05
Stacey			10	discus	8.94
Bradley	Rumble	boy	10	discus	30.73

Sean		boy	10	discus	7.91
Katherine		boy	10	discus	NT
Gina		girl	10	discus	6.14
Alyssa		girl	10	discus	8.81
Kieran		boy	10	discus	9.79
Ivan		boy	10	discus	15.63
Ivan	Fisher	boy	mixed	800m	2:55
Matthew	Veitch	boy	mixed	800m	2:54
Jasper	Dowland	boy	mixed	800m	3:02
Seth	Grouby	boy	mixed	800m	3:04
Kieran	Davidson	girl	mixed	800m	3:05
Matthew	Wynyard	boy	mixed	800m	3:06
Joshua	Tavendale	boy	mixed	800m	3:07
Renee	Garrett	girl	mixed	800m	3:28
Finley		boy	mixed	800m	3:32
Jayden	Mills	boy	mixed	800m	3:35
Zack	Kelly	boy	mixed	800m	3:36
Angus	Veitch	boy	mixed	800m	3:39
Stacey	James	girl	mixed	800m	3:50
Sean	Johnston	boy	mixed	800m	3:59
Emma	Johnston	girl	mixed	800m	4:10
Kapua	Warbrick	girl	mixed	800m	4:11
Lachlan	Kidd	boy	mixed	800m	4:20
Briet	Leggett-Hilmarsdottir	girl	10/11	800m Walk	6:36
Leah	Foster	girl	10/11	800m Walk	6:38
Dean	Foster	boy	8yr	Discus	14.71
Jasper	Dowland	boy	8yr	Discus	12.7
Caitlyn	Trask	girl	8yr	Discus	10.1
Joshua	Tavendale	boy	8yr	Discus	8.25
Joel	Sutton	boy	8yr	Discus	7.38
Ashton	Mathen		8yr	Discus	10.62
Renee	Reeves-P	girl	8yr	Discus	4.22
Ashleigh	Kalan	girl	8yr	Discus	5.43

Thanks to Santa & our Athlete Stars

Yes it may have drizzled a bit, but our Xmas BBQ went ahead in fine form. The kids had 6 fun events and everyone was active and warm. The athletes were very impressive and kids loved them. It was also great

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to see parents taking part too! Santa had a truck load of lollies and there were plenty of sausages.



FYI More club photos on here:

http://www.facebook.com/pages/Lake-City-Athletic-Club/144564558932683?sk=photos_stream

See you on the 5th!

Kerris Browne

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