


## Member Profile

<b>Name:</b>	Chris Corney	
<b>Age:</b>	47	
<b>Marital Status:</b>	married	
<b>Profession and/or place of work:</b>	Sales Rep	
<b>Qualifications &amp; Experience:</b>	None what so ever just years of hard yaka	
<b>Events/Disciplines:</b>	Track to Marathon	
<b>Motivation to do it:</b>	Competition. Staying fit and healthy. Friends within the sport. Not feeling guilty if I eat or drink too much, it was well earned.	
<b>Own training or Coach:</b>	Own	
<b>Favorite training route:</b>	Our forest.	
<b>Training, work, family - How do fit it all in? :</b>	Job allows me to train during day a lot of times.	
<b>Favourite Pastime:</b>	Golf.	
<b>What bits are wearing down. How many ACC visits:</b>	All.	
<b>How do you handle injuries:</b>	Seek professional help. Massage and rest.	
<b>Secret recovery recipes:</b>	Beer.	
<b>Pre-Event Meal:</b>	Nothing special.	
<b>Event gear you use:</b>	Normal running clothes, racing flats	
<b>Best sporting achievement:</b>	Winning New Plymouth Marathon.	
<b>Most embarrassing or disastrous moment:</b>	Nothing embarrasses me.	
<b>Event you'd really like to do:</b>	Marathon	
<b>Athlete you admire/why:</b>	John Walker. A legend in my time.	
<b>Best advice to newbies:</b>	Enjoy it and be prepared to hurt a little, sometimes a lot.	
<b>Time with Lake City:</b>	12 yrs.	
<b>Volunteer work for the Club:</b>	Club Captain 4yrs. Organize Trout Fly . Marshalling for club events etc.	
<b>Suggestions for the club:</b>		