



**ENTRIES CLOSE
MONDAY
5 September 2016**

REDWOODS FOREST RELAY ROTORUA

10.00 am Saturday 10th September 2016

Commencing from the Redwoods Visitor Centre & I-Site, located on Long Mile Road, adjacent to the Whakarewarewa Forest in Rotorua



is once again proud to sponsor this unique forest relay event.

Distances

- Youth Sections - 4 x 3200 metre laps
- Walk Section - 2 x 5000 metre laps
- Other Sections - 5 x 5000 metre laps

Event Features

- ✦ A Youth Team Secondary School participation award (cash award of \$250)
- ✦ Inclusion of Secondary School teams in the Youth Section
- ✦ Course largely within the Whakarewarewa Forest, Rotorua
- ✦ Sections for Runner and Walker participants
- ✦ Section to cater for Composite and Corporate Teams

Prize Categories

1st in: Men's Open; Women's Open; Masters' Men; Masters' Women; Male Youth; Female Youth; Walkers and Composite/Corporate Sections

Spot Prizes: A range of spot prizes to be won by teams and individuals

Youth Team Secondary School Spot Prize: 1 prize of \$250 randomly selected from competing Secondary School Youth Teams

After Race Awards

To be held outside the Redwoods Visitor Centre and I-site at the completion of the Relay



This event is proudly sponsored by



Event permission has been granted by the land owners and forest managers. Please embrace the generosity and spirit - manaakitanga - extended to you by treating the Whakarewarewa Forest and others who visit it with care and respect.



TIMBERLANDS



Relay sanctioned by Athletics New Zealand as an Open Event



Organised by the



under Athletics New Zealand Rules

REDWOODS FOREST RELAY

RACE RULES and RACE INFORMATION

1. GENERAL

- Detailed race rules will be provided to all teams when race numbers are uplifted on race day. The following rules and information provide advance advice of matters of importance for the entering of teams in the Relay.

2. ELIGIBILITY

- Club teams (those competing in the open, masters and youth sections) shall comprise members who are in turn each a member of an athletic club affiliated to Athletics New Zealand (although they do not have to be an ANZ registered member).
- The Composite/Corporate section can have teams with any combination of age and gender, members of which do not have to belong to an athletic club. It is preferable that teams members belong to a single club/company organisation.
- Members of Secondary School teams competing in the Youth section must be a pupil of the same school on race day and be older than 11 years of age and under 19 years of age as at 31 December 2016. Likewise club youth team members must be of the same Club, with the same youth age criteria applying.
- The walkers section enables walkers (race and recreational) to participate. There is no requirement for walkers to be a member of an affiliated athletic club. Team members can be of mixed age and gender.
- Walking participants are required to walk the entire distance, and failure to do so may result in disqualification of the team. Please walk in single file on narrow sections of the course, and move over when requested by overtaking runners.

3. IDENTIFICATION

- To aid team identification, all club team members are required to wear their club uniform.
- Secondary School teams should wear their school running uniforms but this is not compulsory.
- Walk and Composite/Corporate teams have no requirement to wear any specific uniform.

4. TEAMS AND GRADES

- The grades are as set out on the last page of this entry form.
- Secondary Schools teams are eligible to enter the Youth Sections of the relay.
- The Youth teams shall comprise 4 participants, the Walk teams 2 participants and all other teams, 5 participants.
- No participant may compete in more than one team or category, i.e. cannot be entered in a run and walk team.
- Participants may compete in no more than two laps for a team provided they are consecutive laps and do not include the last lap. No more than one person in a team can compete in multiple laps.
- Excepting that Masters and Youth aged participants may compete in the Mens and Womens open grades, all participants must compete in their appropriate age groups. Any team that is unable to comply with these requirements shall enter as a Composite/Corporate team.
- Non-adherence to the event rules may lead to team disqualification.

5. TEAM CHANGES AND REPLACEMENTS

- The order of running/walking shall be as stated on the entry form. Team members may be replaced with emergencies (**but not to rearrange the running order**).
- Organisers to be advised of any changes not later than 30 minutes before the commencement of the relay.
- Race packs can be collected from the start area between 8.30am and 9.30am on race day.

6. COURSE AND CHANGEVER

- The course comprises a mixture of sealed roads, grassed tracks and forest tracks, all with good surfaces.
- The changeover point is at the common start/finish line.
- Only those team members who are about to commence their lap shall be allowed in the start/finish area. There shall be no warming up in or about the start/finish area.
- The last lap participant must wear the supplied colour coded race number.

7. REFUNDS AND TRANSFERS

- Any request for refunds **MUST** be received at least one week prior to the event.
- In the case of a natural disaster, closure of the tracks, roads or properties used for any reason, or any 'act of god' conditions causing cancellation of the event, entry fees will not be refunded.
- Transfers of an entry to a new team (competing over the same distance) on the day is permitted up until 30 minutes prior to the commencement of the relay.

8. LIABILITY

- All participants compete at their own risk.

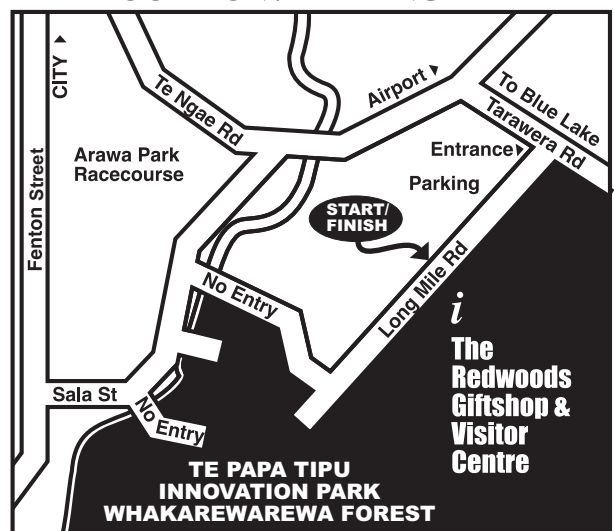
9. PRIZES

- All prizes shall be awarded based on the race day provisional results.
- All team and individual spot prizes will be drawn randomly from all finishing teams. Winners must be present at the awards ceremony to complete their eligibility for these prizes.
- The Youth Team Secondary School participation prize of \$250 will be drawn randomly from competing secondary school teams.
- Official timekeeping will cease 2¼ hours after the start of the relay. Team prizes shall be awarded only to teams that finish within this time. Unofficial timing will continue until the last team finishes.

10. ANIMALS

- Accompanying animals are not permitted on the course without the express permission of the Race Organisers.

LOCATION / PARKING MAP



The only entrance is off Tarawera Rd



REDWOODS FOREST RELAY

ENTRY FORM

Entries to be received no later than
Monday 5 September 2016

- NOTE:**
- Please complete this entry form NEATLY in BLOCK LETTERS
 - Enter 5 names for each team other than for Youth teams (4 names) and Walk teams (2 names)
 - Enter Team Grades i.e. mo, wo, mm, mw, co, wk, my, fy.
 - Enter each entrant's competition grade (i.e. mo, wo, mm, mw, my, fy) in the column marked with an asterisk (*) where this grade differs from the team grade.

Club / School / Other Team Name:

Official Use				
Team Grade:				*
Lap	First Name	Last Name	Est. Lap Time	
1				
2				
3				
4				
5				
Total Estimated Time				

Official Use				
Team Grade:				*
Lap	First Name	Last Name	Est. Lap Time	
1				
2				
3				
4				
5				
Total Estimated Time				

Official Use				
Team Grade:				*
Lap	First Name	Last Name	Est. Lap Time	
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Total Estimated Time				

Official Use				
Team Grade:				*
Lap	First Name	Last Name	Est. Lap Time	
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Total Estimated Time				

Official Use				
Team Grade:				*
Lap	First Name	Last Name	Est. Lap Time	
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Total Estimated Time				

Official Use				
Team Grade:				*
Lap	First Name	Last Name	Est. Lap Time	
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Total Estimated Time				

Official Use				
Team Grade:				*
Lap	First Name	Last Name	Est. Lap Time	
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5				
Total Estimated Time				

Official Use				
Team Grade:				*
Lap	First Name	Last Name	Est. Lap Time	
1				
2				
3				
4				
5				
Total Estimated Time				



REDWOODS FOREST RELAY

ENTRY FEES, GRADES AND REMITTANCE DETAILS

Please complete the following details of your entry
(additional entry forms or photocopies may be used if there is insufficient space available)

Club / School / Other Team Name	Contact Person
Contact Address:	Contact Phone No:
Contact email address:	

Grade	Details	No. of Teams	Team Entry Fee	Total Entry Fee
MO	Mens Open		\$85	\$
WO	Womens Open		\$85	\$
MM	Masters Men		\$85	\$
MW	Masters Women		\$85	\$
CO	Composite/Corporate		\$85	\$
WK	Walkers		\$34	\$
MY	Male Youth		\$54	\$
FY	Female Youth		\$54	\$
			Total Remittance	\$

NOTES:

- All entry fees are inclusive of GST and include the open event fees payable to the sport.
- In completing this entry form, it is acknowledged that the information contained therein and any picture taken of the relay entrants may be used by the organisers in any way associated with this event.
- Method of Payment. Cash, cheque (payable to The Lake City Athletic Club Inc) or electronically into Westpac Rotorua **03 1552 0122086 00** (Lake City Athletic Club Inc) together with club/school name as reference. Payment and Entry Form must be received by the club no later than **Monday 5 September 2016** to: **The Lake City Athletic Club, PO Box 2136, Rotorua 3040.**
- Payment of entry fees must be made at time of entry.
- In the case of a natural disaster, closure of the tracks, roads or properties used for any reason, or "act of god" conditions causing the cancellation of the event, entry fees will not be refunded.

RACE ENQUIRIES

All enquiries concerning the event can be directed to:
The Race Manager
Red Stag Redwoods Forest Relay
PO Box 2136, Rotorua 3040
Phone (07) 348 8448 (day or night)

MARCH 2017

THE COPTHORNE HOTEL ROTORUA OFF ROAD

HALF MARATHON, QUARTER MARATHON
and 5KM FUN RUNS,
PLUS A LITTLE DEVILS FUN RUN

*An excellent range of merit and
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on one complete
circuit around Lake Rotorua.*

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