

REDWOODS FOREST RELAY

RACE RULES and RACE INFORMATION

1. GENERAL

- Detailed race rules will be provided to all teams when race numbers are uplifted on race day. The following rules and information provide advance advice of matters of importance for the entering of teams in the Relay.

2. ELIGIBILITY

- Club teams (those competing in the open, masters and youth sections) shall comprise members who are in turn each a member of an athletic club affiliated to Athletics New Zealand (although they do not have to be an ANZ registered member).
- The Composite/Corporate section can have teams with any combination of age and gender, members of which do not have to belong to an athletic club. It is preferable that teams members belong to a single club/company/organisation but this is not necessary.
- Members of Secondary School teams competing in the Youth section must be a pupil of the same school on race day and be older than 11 years of age and under 19 years of age as at 31 December 2011. Likewise club youth team members must be of the same Club, with the same youth age criteria applying.
- The walkers section enables walkers (race and recreational) to participate in what previously has been a running relay. There is no requirement for walkers to be a member of an affiliated athletic club. Team members can be of mixed age and gender. There will be no walking judges and the organisers will rely on participants to actually walk the entire distance. Because of the nature of the course, especially the last 2/3km, walkers should walk single file.
- All participants must be eligible to compete under IAAF rule 21.

3. IDENTIFICATION

- To aid team identification, all club team members are required to wear their club uniform.
- Secondary School teams should wear their school running uniforms but this is not compulsory.
- Walk and Composite/Corporate teams have no requirement to wear any specific uniform.

4. TEAMS AND GRADES

- The grades are as set out on the last page of this entry form.
- Secondary Schools teams are eligible to enter the Youth Sections of the relay.
- The Youth teams shall comprise 4 participants, the Walk teams 2 participants and all other teams, 5 participants.
- No participant may compete in more than one team.
- Participants may compete in no more than two laps for a team provided they are consecutive laps and do not include the last lap. No more than one person in a team can compete in multiple laps.
- Excepting that Masters and Youth aged participants may compete in the Mens and Womens open grades, all participants must compete in their appropriate age groups. Any team that is unable to comply with these requirements shall enter as a Composite/Corporate team.
- Non-adherence to the event rules may lead to team disqualification.

5. TEAM CHANGES AND REPLACEMENTS

- The order of running/walking shall be as stated on the entry form. Team members may be replaced with emergencies (**but not to rearrange the running order**).
- Organisers to be advised of any changes not later than 30 minutes before the commencement of the relay.
- Race packs can be collected from the start area between 8.30am and 9.30am on race day.

6. COURSE AND CHANGEOVER

- The course comprises a mixture of sealed roads, grassed tracks and forest tracks, all with good surfaces.
- The changeover point is at the common start/finish line.
- Only those team members who are about to commence their lap shall be allowed in the start/finish area. There shall be no warming up in or about the start/finish area.
- The last lap participant must wear the supplied colour coded race number.

7. LIABILITY

- All participants compete at their own risk.

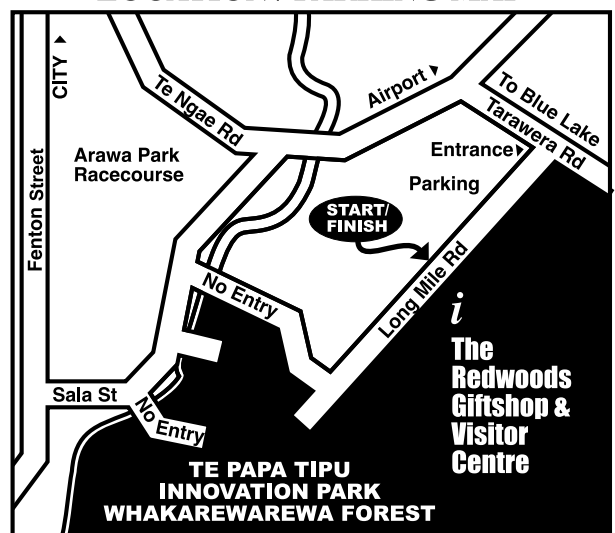
8. PRIZES

- All prizes shall be awarded based on the race day provisional results.
- All team and individual spot prizes will be drawn randomly from all finishing teams. Winners must be present at the awards ceremony to complete their eligibility for these prizes.
- The Youth Team participation prize of \$250 will be drawn randomly from competing youth graded teams.
- Official timekeeping will cease 2¼ hours after the start of the relay. Team prizes shall be awarded only to teams that finish within this time. Unofficial timing will continue until the last team finishes.

9. ANIMALS

- Accompanying animals are not permitted on the course without the express permission of the Race Organisers.

LOCATION / PARKING MAP



The only entrance is off Tarawera Rd