

## **Urgent Opportunity**

Lake City Athletic Club have a limited number of spaces at our upcoming Coaching Training day, which are being offer to a select number of Secondary School students (also open to Teachers). This is a fantastic opportunity to obtain (free) athletics coaching training, in return for volunteer work at our children's athletics over summer.

We run a summer athletic program for junior children, from October to March each year. Volunteer coaching would be on Tuesday nights from 5pm-7pm, helping to teach our junior children the basics of athletics, and to help them develop basic run-jump-throw skills. We already have several teenagers and parents in these roles, but have a few spaces left for the coming season.

Attached is the flier showing the Athletic NZ Coaching Qualifications that will be delivered to us on Saturday October 2<sup>nd</sup>. These will be COM Levels 1 & 2 following the Run-Jump-Throw manual, as well as DEV Level 1 of technical coaching. Training would be undertaken at our track #2 grounds on Devon St by the Stadium.

We will provide this Athletics NZ qualification for FREE to the right students who are willing to provide a season's worth of volunteer coaching at our club nights. We are looking for students aged 14yrs+, with a mature outlook, some knowledge of sports, a good level of social skill, and the ability to help lead a small group of children from 5-11yrs, under supervision.

Students do not have to commit to 'every single' Tues night, as we are well aware of Exam needs at the end of the year. Students are free to rotate schedules within our group of volunteer coaches.

Any students genuinely interested in the field of Athletics, would also have the opportunity over time to take advantage of more senior Coaching Qualifications through our club, also in return for on-going volunteer coach work for our club. This is a fantastic opportunity for any student interested in the field of physical education or sports coaching in the future, as a great stepping stone in their career. This is also brilliant for any athletes themselves, to gain a better insight into the technical aspects of the sport.

Application should be made on the form below, and emailed or posted to 396 Clayton Rd. Entries close Weds 28<sup>th</sup> Sep. For further questions or discussions phone me on 3480863 (9am-3pm), 3480790 (7-9pm), or 021 753691 on the fly.

Regards,



Mrs Kerris Browne  
Children's Summer Athletics Convenor  
LAKE CITY ATHLETIC CLUB

# STUDENT APPLICATION FORM

## Coach Training & Volunteering for Lake City's Summer Athletics

Full Name: \_\_\_\_\_ M / F Age: \_\_\_\_\_ DOB: \_\_\_\_\_

School: \_\_\_\_\_ Year: \_\_\_\_\_

Home Address: \_\_\_\_\_ Email: \_\_\_\_\_

Phone Contacts: \_\_\_\_\_

Academic achievements so far (what do you do well at school?):  
\_\_\_\_\_  
\_\_\_\_\_

Any work experience?:  
\_\_\_\_\_

Any sports activities you have taken part in / sporting achievements:  
\_\_\_\_\_  
\_\_\_\_\_

Sporting/Career aspirations (what are your goals when you grow up?):  
\_\_\_\_\_  
\_\_\_\_\_

Reference/Comments from your teacher/coach:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Referee Name: \_\_\_\_\_ Position/Title: \_\_\_\_\_

Referee's Phone number: \_\_\_\_\_ Email: \_\_\_\_\_

Referee's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Student's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Entries to be emailed to [swingmills@xtra.co.nz](mailto:swingmills@xtra.co.nz) or mailed to 396 Clayton Rd, or faxed to 3480863,  
**by Weds 28<sup>th</sup> Sep.**



*Keeping Rotorua running...*  
www.lakecity.co.nz  
PO Box 2136, Rotorua