

2010 Winter Season Results

3km and 5km Dash – Trout Fly course - 24 April 2010

3km

Thomas Voss	B11	14.22
Eamon Walsh	B10	14.38
Luanna George	W45	14.45
Martin Harris	M55	15.05
Ben Voss	B6	18.17
Max Voss	B6	19.09
Gavin Voss	M40	19.11
Jeanene Lysaght	W20	23.29
Gabriel Carlyle	B9	26.52
Martin Carlyle	M45	26.54
Mike Burkinshaw (w)	M65	27.16

5km

Steven O'Callaghan	M20	15.17
Adrian Lysaght	M20	17.02
Liam Walsh	M19	17.03
Chris Corney	M45	17.06
Jason Steyn-Ross	M20	17.13
Andrew Twiddy	M20	17.28
Tony Broadhead	M40	19.16
Michael Voss	M14	20.58
Craig Jones	M35	21.04
Andy Belcher	M55	21.36
Campbell Horn	M60	22.13
Charlotte Pearson	W20	23.15
Phil Gulbransen	M55	23.44
Kim Stevenson	M60	24.01
Peter Vyver	M65	25.36
Fintan Walsh	B13	25.47
Sophie Voss	G14	26.35
Alison King	W20	27.42
Kerris Browne	W40	28.25
Maribel Carlyle	W45	29.55

Lion Foundation Rotorua Marathon – 1 May 2010

Men Open

3 Steven O'Callaghan 2.28.57

Men 35-39

2 Adrian Lysaght 2.45.09

Men 40-44

3 Tony Broadhead 2.57.56

Men 45-49

1 Chris Corney 2.43.21

2 Bruce Edwards 2.50.39

3 Dave Cronshaw 2.55.27

Men 60-64

1 Campbell Horn 3.21.14

JAPAN - Nagano Marathon – 18 April 2010

Sarah Biss finished 15th in the women's section of the Nagano marathon in a personal best time of 2h 47r

The event was won by Lisa Weightman (Australia) in 2h 28m 48s.

Scion 2.5km dash - 22 May 2010

	Finish Time	Hcap	Net Time
Fraser Mathis	26.28	12.00	14.28
Aria Browne	26.29	12.30	13.59
Kaya Corporaal	28.05	17.30	10.35
Javier Browne	28.43	16.30	12.13
Max Bragg (w)	28.44	10.00	18.44
Isobel Goulding (w)	28.45	9.00	19.45
Jeanene Lysaght	28.54	12.00	16.54
Dave Fischer	28.55	19.00	9.55
Gabriel Carlyle	29.01	10.00	19.01
Martin Carlyle	29.01	10.00	19.01
Kerris Browne	29.10	15.30	13.40
Maribel Carlyle	29.19	15.30	13.49
Merv Richdale	29.20	14.00	15.20
Rachel Browne	29.25	16.00	13.25
Sam Rossiter	29.34	21.00	8.34
Sheryl Pearson	29.38	15.00	14.38
Russell Champness (w)	29.39	10.00	19.39
Maureen Heald (w)	29.53	9.30	20.23
Adrian Lysaght	29.55	21.30	8.25
Martin Harris	29.56	18.00	11.56
Sjors Corporaal	29.57	22.00	7.57
Tony Broadhead	30.05	21.30	8.35
Peter Vyver	30.09	18.00	12.09
Sue Sparrow	30.18	15.30	14.48
Andy Twiddy	30.34	21.30	9.04
Christine Hocking	31.01	16.30	14.31
Dan Hocking	31.31	18.00	13.31
Merle Amos (w)	31.35	10.30	21.05

Kim Croxon	32.37	16.00	16.37
Mike Burkinshaw	37.28	7.00	30.28

Costello, Novice, Veteran and Tihi-O-Tonga

Trophy day – 29 May 2010

From 379A Old Taupo Road

7.00 km approx.

		Finish	Hdcap	Net time
Adrian Lysaght		26.47	3.30	23.17
Steven O'Callaghan		26.58	0.00	26.58
Sjors Corporaal		27.11	1.00	26.11
Colin Earwaker		27.21	3.30	23.51
Tony Broadhead		28.10	6.00	22.10
Colin Dittmer		28.50	6.00	22.50
Sam Rossiter		29.08	3.00	26.08
Jason Steyn-Ross		29.12	7.30	21.42
Andrew Twiddy		29.21	3.30	25.51
Andy Belcher		36.25	7.30	28.50
John Harvey		36.26	9.00	27.26
Stephen Coleman		37.31	10.00	27.31
Kathy Howard		37.41	15.00	22.41
Phil Kerrison		37.53	13.30	24.23
Toni Mills		38.01	14.00	24.01
Luanna George		38.14	13.00	25.14
Peter Bloore		38.32	13.30	25.02
Peter Vyver		39.05	13.00	26.05
Martin Harris		40.06	14.30	25.36
Lindsay Foster		40.30	12.30	28.00
Sarah Lei		42.48	13.00	29.48
Shaun O'Donnell		42.55	10.30	32.25
Rachael Browne		43.50	20.30	23.20
Maribel Carlyle		44.36	18.30	26.06
Kerris Browne		45.16	21.30	23.46
Sue Sparrow		46.07	19.00	27.07
Sheryl Pearson		48.38	23.00	25.38
Annette Henderson		54.01	25.30	28.31
Denise Caudwell	(w)	59.16	34.00	25.16
Isobel Goulding	(w)	59.48	36.30	23.18
Pieter Otto	(w)	59.56	37.00	22.56
Helen Perkins	(w)	60.26	38.00	22.26
Rika Otto	(w)	61.41	37.00	24.41
Doris Bragg		61.42	38.00	23.42
Maureen Heald	(w)	61.43	36.30	25.13
Max Bragg	(w)	62.19	35.00	27.19

3.0km approx.

Kaya Corporaal	16.12
Javier Browne	16.42
Eamon Walsh	16.49
Alie Corporaal	17.55
Orla Walsh	19.18
Finn Parsons	21.25
Heather Wickett	25.15
Sharne Wickett	27.28
Aria Browne	30.44

Tauranga Cross-country – Waipuna Park, Welcome Bay

– 5 June 2010

Men 20-34 - 8060 metres

1. Aaron Pulford (Hawks)	27.05
2. Steven O'Callaghan	27.53

Men 35-49 – 8060 metres

1. John Caie (Tga)	30.29
2. Adrian Lysaght	30.48
4. Tony Broadhead	31.13
6. Jason Steyn-Ross	32.03

Edinburgh Marathon – 22 May 2010

A report from Sarah Wiwarena

An up date on the Edinburgh Marathon. We all finished and it was 25 degrees.

It was so hot considering all we had was freezing cold weather leading up to this event.

There were 25 thousand people and we could see that quite a lot of people had not trained for it.

About 4 thousand did not finish.

Here are our times:

Marieke Wass	6.11.20
Colin Smyth	6.14.07
Sarah Wiwarena	6.14.24
Jan Adolph	6.28.03
Pat Smyth	6.29.46
Linda Montgomery	6.29.49
Beryl Cleland	6.33.12
Alby Schuster	7.10.13

SBS Christchurch Marathon

– 6 June 2010

1. Magda Karimali-Poulos (Australia)	2.46.32
2. Sarah Biss	2.53.29

3.2km Cemetery dash (Sala Street) – Saturday 12 June 2009

1.6km

Kaya Corporaal	7.08
Mark Geddes	7.19
Shannon Huxford	7.24
Alie Corporaal	7.44
Heather Wickett	10.47
Pieter Otto (w)	13.36

3.2km

Trevor Ogilvie	11.49
Sjors Corporaal	11.53
Dave Fischer	13.58
Martin Harris	16.13
Lindsay Foster	16.44
Peter Vyver	16.47
Rachael Browne	19.29
Christine Kerrison	19.30
Sue Sparrow	20.24
Denise Caudwell	(w) 25.07
Rinus Adriaansz	(w) 25.23
Helen Perkins	(w) 26.13
Rika Otto	(w) 26.24
Maureen Heald	(w) 27.02

4.8km

Tony Broadhead	17.46
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Auckland cross-country – Manukau - 13 June 2010**10000 metres****Masters Men 50-54**

1. Colin Earwaker	37.44
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**Foster Smyth, Lamason – 10km (approx.) open handicap cross-country
– Owkata Hills - 19 June 2010**

Race				Finish Time Less	
Place	First Name	Surname	Club	Hr:Mn:Sec	Handcp
1	Max	Bragg	Lake City	1:31:17	0:11:00
2	Jessica	Bitcheno	Tauranga	1:36:11	0:40:00
3	Chris	Reynolds	Kawerau	1:36:43	0:14:00
4	Ian	Bitcheno	Tauranga	1:37:21	0:40:00
5	Jason	Steyn-Ross	Lake City	1:38:25	0:50:00
6	Gavin	Smith	Tauranga	1:39:19	0:54:00
7	Tony	Broadhead	Lake City	1:39:35	0:56:30
8	Matthew	Smith	Tauranga	1:39:52	0:53:00
9	Adrian	Lysaght	Lake City	1:40:07	0:58:00
10	Kerris	Browne	Lake City	1:40:16	0:27:00

11	Colin	Dittmer	Lake City	1:40:20	0:56:30
12	Sue	Sparrow	Lake City	1:41:58	0:28:00
13	Hugh	Booten	Lake City	1:41:58	0:52:00
14	Sorjs	Corporal	Lake City	1:42:25	0.04375
15	Tim	Masters	Tauranga	1:42:31	0:46:00
16	Doris	Bragg	Lake City	1:42:48	0:02:30
17	Russell	Lake	Tauranga	1:42:50	0.0416667
18	Colin	Earwaker	Lake City	1:42:53	0.0430556
19	Michael	Maher	Lake City	1:43:36	0:40:00
20	Graeme	Pearson	Lake City	1:43:55	0.0430556
21	Marc	Geddes	Lake City	1:44:33	0:47:00
22	Phil	Kerrison	Lake City	1:44:41	0:40:00
23	Chris	Browne	Lake City	1:45:06	0:50:30
24	Sheryl	Pearson	Lake City	1:45:14	0:26:00
25	Paul	Charteris	Kawerau	1:45:27	0:43:00
26	Monty	Macomb	Kawerau	1:45:30	0:46:00
27	Rachael	Browne	Lake City	1:45:43	0:29:00
28	Melvene	Surtees	Kawerau	1:46:40	0:36:00
29	Dave	Fischer	Lake City	1:47:12	0:51:15
30	Shannon	Huxford	Lake City	1:47:29	0:43:30
31	Charlotte	Pearson	Lake City	1:48:29	0:46:00
32	Peter	Vyver	Lake City	1:48:34	0:46:00
33	Denise	Caudwell	Lake City	1:49:09	0:21:00
34	Sylvia	Bonne	Kawerau	1:49:10	0:14:00
35	Rinus	Adriaansz	Lake City	1:50:49	0:17:30
36	Campbell	Horn	Lake City	1:51:14	0:53:20
37	Chris	Kerrison	Lake City	1:54:26	0:35:00
38	Maureen	Heald	Lake City	1:57:32	0:21:00
39	Ray	Hewlett	Lake City	1:58:04	0:55:00

Trophy winners –

Foster Shield - Tony Broadhead

Smyth Trophy - Sue Sparrow

Lamason Trophy – Max Bragg

Foster Smyth Lamason – supporting 3km

Richard Harris	10.11
Trevor Ogilvie	11.04
Logan Marten	13.12
Tori Robinson (Kawerau)	14.27
Javier Browne	15.28
Samantha Bitcheno (Tauranga)	16.05
Martin Harris	16.17
Ellise Robinson (Kawerau)	21.26
Aria Browne	22.57

Michele Bitcheno (Tauranga)	29.49 (w)
Pieter Otto	29.53 (w)

Cross-country championships, Bishops Farm, Te Ngae - 26 June 2010

4000 metres - run

Women 16

Shannon Huxford	20.46
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Women 20

Sarah Biss	17.29
Leah Purcell	18.56 non member
Toni Mills	21.45

Women 35

Siobhan Griffiths	18.43
Jodie Hickson	22.24

Women 40

Kerris Browne	25.26
Rachael Browne	28.06

Women 45

Luanna George	22.37
Sue Sparrow	25.27

Women 55

Christine Kerrison	25.40
Isobel Murray	27.00

2500 metres - run

Boys 10

Kaya Corporaal	12.05
Eamon Walsh	12.53
Javier Browne	13.35

Boys 12

Nathan Johnston	11.19 non member
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Girls 10

Orla Walsh	15.23
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Girls 12

Alie Corporaal	12.24
Aria Browne	18.51

Girls 14

Amber Johnston	11.40 non member
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2500 metres – walk

Women 40

Sharissa Hetherington	32.45
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Women 45

Helen Perkins	21.23
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Women 55

Denise Caudwell	19.52
Rika Otto	21.56

Julie O'Connell	23.58
<u>Women 65</u>	
Isobel Goulding	22.12
Doris Bragg	22.19
Maureen Heald	22.39
Merle Amos	23.31
Robyn Bishop	23.59
<u>Men 65</u>	
Max Bragg	19.25
Mike Burkinshaw	26.56
<u>Men 70</u>	
Russell Champness	23.32
6000 metres - run	
<u>Men 19</u>	
Liam Walsh	22.06
Leighton Warren	24.21
<u>Men 40</u>	
Tony Broadhead	23.47
Carl Johnston	28.31 non member
<u>Men 50</u>	
Graeme Pearson	23.48
<u>Men 55</u>	
Dave Fischer	29.00
John Harvey	29.53
Lindsay Foster	31.40
Phil Kerrison	33.08
Martin Harris	34.14
<u>Men 60</u>	
Trevor Ogilvie	24.09
<u>Men 65</u>	
Peter Vyver	32.07
8000 metres - run	
<u>Men 20</u>	
Sjors Corporaal	29.49
James Whiteman	33.09 non member
Jason Steyn Ross	34.03

Wellington Half Marathon – 27 June 2010

Racing in cold, rainy and windy conditions Steven O'Callaghan broke away .
from a group of three others to win the Wellington Half Marathon in a record-breaking time of 1.08.02
Other known Rotorua people that took part were:
Half marathon – Charlotte Pearson 1.38.52
Marathon – Alison King 4.31.34
Apologies to any others that took part and have been overlooked

**Blue Lake Blat Relay and Walk -
Saturday - 3 July 2010. Approx.**

<u>Runner 1</u>	<u>Time</u>	<u>Runner 2</u>	<u>Time</u>	<u>Total</u>
Lance Downie	24.45	Martin Harris	31.42	56.27
Logan Marten	25.59	Shannon Huxford	30.51	56.5
Stephanie Pearson	25.13	Alie Corporaal	31.42	56.55
Siobhan Griffiths	25.13	Phil Kerrison	31.46	56.59
Chris Corney	22.39	Kerris Browne	36.29	59.08
Chris Browne	27.28	Lindsay Foster	31.54	59.22
Steve O'Callaghan	22.39	Maribel Carlyle	36.55	59.34
Kim Stevenson	31.32	Mark Geddes	29.39	1.01.11
James Whiteman	22.23	Sheryl Pearson	39.05	1.01.28
Adrian Lysaght	22.02	Mary Atwater	39.5	1.01.52
Tony Broadhead	22.22	Kahu Simmonds	39.4	1.02.02
Sjors Corporaal	21.01	Kim Croxon	41.44	1.02.45
Jason Steyn-Ross	24.16	Rachael Browne	39.14	1.03.30
Peter Vyver	31.59	Peter Vyver	34.46	1.06.45

Walk

1 Javier Browne	45.32 ***
2 Jude Carpenter	45.40 ***
3 Denise Caudwell	46.26
4 Mita Wijohn	48.26
5 Helen Perkins	48.59
6 Maureen Heald	49.48
7 Isobel Goulding	50.32
8 Rinus Adriaansz	53.14
9 Merle Amos	54.08
10 Russell Champness	54.09
11 Pam Kenny	54.25
12 Gabriel Carlyle	58.28 ***
13 Aria Browne	58.50 ***
14 Shayne Donaldson	58.54 ***
15 Martin Carlyle	59.18
16 Colleen Young	59.19
17 Mike Burkinshaw	1.02.04
18 Janet Tutt	1.03.09
19 Moustache Ventelou	1.03.09

*** May have run, skipped, cavorted etc.

Finishing Times

1 Sjors Corporaal	21.01
2 Adrian Lysaght	22.02
3 Tony Broadhead	22.22
4 James Whiteman	22.23

5	Chris Corney	22.39
6	Steven O'Callaghan	22.39
7	Jason Steyn-Ross	24.16
8	Lance Downie	24.45
9	Siobhan Griffiths	25.13
10	Stephanie Pearson	25.13
11	Logan Marten	25.59
12	Chris Browne	27.28
13	Mark Geddes	29.39
14	Shannon Huxford	30.51
15	Kim Stevenson	31.32
16	Alie Corporaal	31.42
17	Martin Harris	31.42
18	Phil Kerrison	31.46
19	Lindsay Foster	31.54
20	Peter Vyver	31.59
21	Peter Vyver	34.46
22	Kerris Browne	36.29
23	Maribel Carlyle	36.55
24	Sheryl Pearson	39.05
25	Rachael Browne	39.14
26	Kahu Simmonds	39.40
27	Mary Atwater	39.50
28	Kim Croxon	41.44

North Island Cross-country championships – Spa Park, Taupo - 10 July 2010

Girls 10 - 1000 metres

1.	Jessica Croy (Akld)	3.53
9.	Jorgia Oliver	4.21
11.	Ruby Ryan	4.26

Boys 10 – 1000 metres

1.	Isaiah Priddey (Ham)	3.26
13.	Ben Voss	4.12
35.	Max Voss	4.47

Boys 12 - 2000 metres

1.	Angus White (Taupo)	7.01
3.	Lewis Ryan	7.18
16.	Thomas Voss	8.03

Girls 12 - 2000 metres

1.	Rebekah McCafferty (Tga)	7.23
5.	Paige Satchell	7.45
23.	Georja Kidd	9.07

Boys 14 – 3000 metres

1.	Jacob Priddey (Ham)	10.13
7.	Michael Voss	10.59

Masters Men – 6000 metres**40-44**

1. Michael Waterman (Wgtn)	21.03
5. Tony Broadhead	21.49

50-54

1. Colin Earwaker	21.13
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60-64

1. Trevor Ogilvie	22.40
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65-69

1. David Trow (Wgtn)	28.02
7. Peter Vyver	31.09

**Athletics Waikato BOP Cross –Country Championships,
Morrinsville Recreation Ground – 17 July 2010****Boys 10 - 2000 metres**

1. Isaiah Priddey (Ham)	7.46
3. Ben Voss	9.26

Boys 12 - 2000 metres

1. Lewis Ryan	7.44
3. Trent Voss	8.17

Girls 12 - 2000 metres

1. Serena Murrhiy (Taum)	7.46
4. Georja Kidd	8.48

Boys 14 - 3000 metres

1. Jacob Priddey (Ham)	11.05
2. Michael Voss	11.22

Men 19 – 8000 metres

1. Cory Whiting (Ham)	27.45
2. Liam Walsh	29.35

Masters men – 8000 metres**35-39**

1. Dean Willacy (Tga)	31.01
2. Adrian Lysaght	31.57

Men 40-44

Glenn Sexton (Ham)	29.43
4. Tony Broadhead	31.01

Men 50-54

1. Colin Earwaker	29.52
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Men 60-64

1. Trevor Ogilvie	31.26
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Men 65-69

1. Kerry Smith (Tga)	39.28
2. Peter Vyver	44.03

Women 20

1. Sarah Biss	32.59
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Men 20

1. Steven O'Callaghan	42.46
3. Jason Steyn Ross	52.26

10km MINSTER CUP – 24 July 2010.

**New course, Fern Drive, Tadema Road, Fern Drive, Long Drive, Polytech grounds, Waipa Mill Bypass
Estimated Time race**

10km

	Time	Est. Time	Diff	Place
1. Steven O'Callaghan	33.23	33	0.23	3rd
2. Sjors Corporal	33.50	38	-4.1	21st
3. Adrian Lysaght	37.40	40	-2.2	13th
4. Sarah Biss	39.01 -	-		-
5. Lance Downie	40.26	40	0.26	4th
6. Jason Steyn-Ross	42.16	39.1	3.06	15th
7. Michael Voss	43.56	46	-2.04	8th
8. Logan Marten	44.16	44.3	-0.14	1st
9. Chris Browne	44.58	47.2	-2.22	14th
10. Peter Quax	45.11	50	-4.49	
11. Nikola Buckley	46.29	50	-3.31	19th
12. John Harvey	47.17	45	2.17	12th
13. Phil Gulbransen	51.02	52.27	-1.25	7th
14. Lindsay Foster	52.02	53	-0.58	5th
15. Toni Mills	52.09	50	2.09	11th
16. Peter Vyver	52.11	49	3.11	16th
17. Luanna George	53.22	50	3.22	18th
18. Peter Bloore	53.49	53.3	0.19	2nd
19. Matt Fisken	56.45	60	-3.15	17th
20. Kerris Browne	61.53	64	-2.07	10th
21. Sheryl Pearson	64.37	66	-1.23	6th
22. Olivia Goh	64.42	70	-5.08	24th
23. Sue Sparrow	64.53	69	-4.07	20th
24. Rachael Browne	66.06	69	2.06	9th
25. Max Bragg (w)	72.06	77	-4.54	23rd

5km Supporting race

1. Trevor Ogilvie	18.01	22	-3.59	5th
2. Kathy Howard	25.07	24.5	0.17	1st
3. Martin Harris	25.16	26.3	-0.44	2nd
4. Stephen Coleman	25.42 -	-		-
5. Lynley Martin	27.57	30	-2.03	4th
6. Louisa Hendrikse	27.58	30	-2.02	3rd
7. Gavin Voss	29.14 -	-		-
8. Denise Caudwell (w)	38.17	45	-6.43	9th

9. Mita Wijohn (w)	39.10	45	-5.5	7th
10. Helen Perkins (w)	39.31	48	-8.29	12th
11. Mike Burkinshaw (w)	40.22	45	-4.38	6th
12. Maureen Heald (w)	40.29	48	-7.31	10th
13. Janet Tutt (w)	41.43	55	-13.17	15th
14. Jan Adolph (w)	43.47	52	-8.13	11th
15. Pat Guilford (w)	46.33	53	-6.27	8th
16. Alie Corporal (w)	48.37	40	8.37	13th
17. Annette Henderson	48.38	40	8.38	14th

Supporting 2.4km

1. Kaya Corporaal	12.12
2. Thomas Voss	12.48
3. Ben Voss	12.41
4. Pippa Sparrow	16.47
5. Aria Browne	17.39
6. Rebecca Sparrow	18.30
7. Gabriel Carlyle	19.13

6.4 Km Mountain run/walk - Saturday 31st July 2010 - Mount Ngongotaha from the closed gate to the top and return

6.4km approx.

1. Duncan Smith	24.27
2. Jason Steyn Ross	24.48
3. Chris Corney	25.05
4. Sam Rossiter	26.43
5. Logan Marten	27.51
6. Siobhan Griffiths	27.56
7. Chris Browne	29.10
8. Michael Rossiter	31.36
9. Sjors Corporal (r/w)	31.41
10. John Harvey	32.54
11. Lindsay Foster	33.05
12. Peter Vyver	33.15
13. Toni Mills	34.40
14. Max Bragg	35.40
15. Jody Sexton	36.25
16. Martin Harris	38.16
17. Shannon Huxford	39.08
18. Germane Sheehan	39.20
19. Chris Kerrison	41.27
20. Sheryl Pearson	41.58
21. Phil Gulbransen	42.55
22. Mary Atwater	43.46
23. Vicky Wheeler	47.14

24. Karen Gordon	47.15
25. Mike Burkinshaw (w)	49.19
26. Merle Amos (w)	52.39
27. Helen Perkins (w)	52.42

3km supporting race

1. Allie Corporal	16.27
2. Zak Steed	19.44
3. Rachael Browne	20.15
4. Rachelle Cavanagh	23.12
5. Annette Henderson (w)	31.46
6. Kaya Corporal (w)	31.46

Athletics New Zealand cross-country championships, Waikanae – 7 August 2010

Boys 12 - 2000 metres

1. Angus White	New Plymouth	7.06
3. Lewis Ryan		7.15

Championship events

Masters men – 8000 metres

50-54

1. Colin Earwaker		29.52
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Men 60-64

1. Tony McManus	Christchurch	30.28
2. Trevor Ogilvie		30.41

Men 20-34

1. Alex Parlane	Auckland	39.14
9. Steven O'Callaghan		40.46

Matamata 3.3km relay – 14 August 2010

Open woman

1. Cambridge		51.41
3. Lake City – Rotorua		66.06
Siobhan Griffiths	12.43	
Toni Mills	15.14	
Christine Kerrison	18.02	
Mary Atwater	20.07	

Men Open

1. Hamilton City Hawks		53.58
2. Lake City Rotorua		54.59
Steven O'Callaghan	9.48	(Fastest time)
Jason Steyn-Ross	11.34	
Adrian Lysaght	11.17	
Lance Downie	12.11	
Sjors Corporaal	10.11	

Masters Men

1. Hamilton City Hawks		54.51
2. Lake City Rotorua No 1		56.18
Duncan Smith	11.30	
Trevor Ogilvie	11.11	
Chris Corney	11.11	
Bruce Edwards	11.18	
Tony Broadhead	11.08	
8. Lake City Rotorua No 2		79.15
John Harvey	14.01	
Peter Vyver	15.45	
Phil Kerrison	15.07	
Martin Harris	15.23	
Max Bragg	16.24	

Athletics Waikato BOP road Championships - 21 August 2010

– The Lakes, Tauriko, Tauranga

10km

Men 20-34

1. Steven O'Callaghan	32.11
8. Jason Steyn-Ross	38.31

Men 35-39

1. Adrian Lysaght	36.37
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Men 40-44

1. Glenn Sexton - Hawks	33.56
4. Tony Broadhead	36.29

Men 45-49

1. Bruce Edwards	37.09
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Men 55-59

1. Gavin Smith Tauranga	38.56
7. Phil Kerrison	51.02

Men 60-64

1. Trevor Ogilvie	36.33
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Men 65-69

1. Kerry Smith Tauranga	49.38
2. Peter Vyver	51.10

Women 20-34

1. Helen Rountree Hawks	38.02
3. Toni Mills	55.33

5km

Women 16

1. Olivia Ritchie - Hawks	18.49
5. Amber Johnston	22.20

Women 35-39

1. Michelle Basson Tauranga	18.34
3. Siobhan Griffiths	19.52

Women 55-59

1. Kathy Howard	24.41
3. Christine Kerrison	28.52

3km**Boys 14**

1. Jacob Priddey - Hawks	10.14
7. Nathan Johnston	12.11

2km**Girls 12**

1. Rebekah McCafferty Tga	7.44
3. Georja Kidd	7.58

Hannahs Bay – 21 August 2010**1km**

Alie Corporaal	3.41
Fintan Walsh	3.51
Kaya Corporaal	4.03
Eamon Walsh	4.14
Declan Croxon	4.29
Orla Walsh	4.34
Ethan Peirse	5.37
Esechial Murray	5.38
Connor Lysaght	7.06

2.5km

Stephen Coleman	11.32
Christine Kerrison	13.41
Sue Sparrow	14.31
Mary Atwater	14.45
Jennie Lysaght	15.32
Janet Tutt	16.02
Mike Burkinshaw (w)	19.11
Doris Bragg (w)	20.18
Sharissa Hetherington	27.43

5km walk

Max Bragg	38.12
Isobel Goulding	40.56
Maureen Heald	41.10

5km run

Steven O'Callaghan	15.39
Liam Walsh	16.58
Leighton Warren	17.10
Adrian Lysaght	17.12

Chris Corney	17.15
Tony Broadhead	17.20
Jason Steyn-Ross	17.32
Duncan Smith	17.54
Lance Downie	18.50
Sjors Corporaal	18.56
Logan Marten	20.15
Peter Quax	20.26
Laurie McGregor	20.32
Sue Crawley	21.14
Eric Cawte	21.49
John Harvey	22.13
Phil Gulbransen	22.58
Phil Kerrison	23.07
Shaun O'Donnell	23.18
Peter Bloore	23.56
Toni Mills	24.03
Peter Vyver	24.25
Martin Harris	24.33

**Red Stag Redwoods Forest Relay, Rotorua
- 11 September 2010**

Women open - 5 x 5000 metres

1. Cambridge Harriers	1.41.17
4. Lake City Rotorua	2.10.13
Siobhan Griffiths	20.11
Toni Mills	24.48
Jodie Hickson	25.34
Kerris Browne	29.13
Rachael Browne	30.27

Men open – 5 x 5000 metres

1. Tauranga Ramblers	1.21.18
3. Lake City Rotorua	1.26.46
Steven O'Callaghan	15.17
Sjors Corporaal	15.57
Liam Walsh	17.33
Jason Steyn-Ross	17.45
Peter Quax	20.14

Masters men - 5 x 5000 metres

1. Hamilton City Hawks	1.27.46
2. Lake City Rotorua No 1	1.29.32
Trevor Ogilvie	17.51
Tony Broadhead	17.39

Duncan Smith	17.54
Bruce Edwards	17.54
Chris Corney	18.14

9. Lake City Rotorua No 2	1.55.15
John Marten	22.44
Shaun O'Donnell	24.25
Brad Griffiths	22.04
Logan Marten	20.49
Peter Vyver	25.13

Walk - 2 x 5000 metres

1. Taupo Harriers No 1	1.12.18
10. Lake City Rotorua No 1	1.22.43
Colin Smyth	39.42
Doris Bragg	43.01

12. Lake City Rotorua No 2	1.23.49
Alby Schuster	43.20
Mita Wijohn	40.29

Male Youth - 4 x 3200 metres

1. Egmont Athletics No 1	43.53
11. Lake City/Galatea	62.49
Alie Corporaal	15.12
Logan Salmons	16.57
Kaya Corporaal	15.46
Shannon Huxford	14.54

Road Championships –Waipa Mill Road, Rotorua - 18 September 2010

2000 metres

Grade 10 Girls

1. Hannah Stubbings	8.28
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Grade 10 Boys

1. Javier Browne	9.35
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Grade 12 Girls

1. Aria Browne	10.50
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5000 metres

Grade 16 Women

1. Amber Johnston	21.35
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Masters Women

35-39

1. Siobhan Griffiths	20.26
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40-44

1. Kerris Browne	28.46
2. Rachael Browne	30.00

45-49

1. Sue Sparrow	30.20
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55-59

1. Christine Kerrison	29.32
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8000 metres

Men 19

1. Liam Walsh	28.48
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10000 metres

Women 20-34

1. Toni Mills	50.56
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Men 20-34

1. Jason Steyn-Ross	36.58
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Men 35-39

1. Adrian Lysaght	36.01
2. Brad Griffiths	46.56

Men 40-44

1. Tony Broadhead	36.37
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Men 45-49

1. Duncan Smith	36.32
2. Bruce Edwards	37.43

Men 55-59

1. John Harvey	47.59
2. Phil Kerrison	48.31
3. Lindsay Foster	50.37

Men 60-64

1. Trevor Ogilvie	36.38
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Men 65-69

1. Peter Vyver	52.34
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The Legend Marathon - Waitakere, Auckland

18-Sep-10

1. Dale Warrander (Auckland)	2.30.01
2. Iain Macdonald (Tauranga)	2.35.21
3. Steven O'Callaghan	2.36.57

Fenton Park 3km dash - 25 September 2010

3km

1. Jason Steyn Ross	9.49
2. Tony Broadhead	10.12
3. Trevor Ogilvie	10.15

4. Bruce Edwards	10.31
5. Siobhan Griffiths	11.38
6. Andy Twiddy	12.09
7. Brad Griffiths	12.14
8. Mark Geddes	13.32
9. Lindsay Foster	13.48
10. Martin Harris	14.14
11. Peter Vyver	14.51
12. Rachel Browne	16.08
13. Kerris Browne	16.34
14. Christine Kerrison	16.46
15. Sheryl Pearson	17.19
16. Max Bragg (w)	21.55

One lap

1. Shane Donaldson	10.02
2. Aria Browne	10.12
3. Maribel Carlyle	13.53
4. Gabriel Carlyle	13.54

New Zealand Road Relay championships – Inglewood - 2 October 2010

B Grade

1. Hamilton City Hawks		
2. Lake City Rotorua	4.31.36	
Liam Walsh		27.46
Adrian Lysaght		35.33
Steven O'Callaghan	39.57	
Duncan Smith		39.47
Sjors Corporaal		30.52
Jason Steyn-Ross	29.46	
Trevor Ogilvie		30.06
Tony Broadhead		37.56

Composite Grade

1. North Harbour Bays		
9. Lake City Rotorua	5.55.12	
Christine Kerrison		46.28
Siobhan Griffiths		43.5
Bruce Edwards		44.14
Logan Marten		41.53
Andrew Twiddy		45.24
Peter Vyver		43.34
Phil Kerrison		44.43
Brad Griffiths		45.06

Forest open handicap 10km - 16 October 2010

	Time	H'cap.	Real
1= Alie Corporal	1h.31.47	26.3	65.17
1= Taine Corporal	1h.31.47	26.3	65.17
3 Javier Browne	1h.32.55	21.3	71.25
4 Chris Kerrison	1h.33.00	22	71.00
5 Sheryl Pearson	1h.36.10	24	72.10
6 Kerris Browne	1h.38.15	26.3	71.45
7 Chris Corney	1h.38.24	58.3	39.54
8= Sue Sparrow	1h.40.32	26.3	74.02
8= Jodie Hickson		44	56.32
10. Tony Broadhead	1h.41.06	60	41.06
11. Peter Vyver	1h.41.37	38	63.27
12. Logan Marten	1h.41.45	51.3	51.15
13. Jason Steyn-Ross	1h.41.55	58.3	43.25
14. Brad Griffiths	1h.42.31	51.3	51.01
15. Phil Gulbransen	1h.43.05	46.3	56.35
16. Chris Browne	1h.43.47	52.3	51.17
17 Sjors Corporal	1h.43.48	62	41.48
18. Rachael Browne	1h.43.57	24.3	79.27
19. Dave Cronshaw	1h.44.16	62	42.16
20 Siobhan Griffiths	1h.44.25	55.3	48.55
21. Max Bragg (w)	1h.44.49	21.3	83.19
22. Doris Bragg (w)	1h.44.52	6	98.52
23. Isobel Goulding (w)	1h.48.15	13.3	94.45
24. Martin Harris (lost)	1h49.36	35	74.36
25. Isobel Murray	1h.50.56	30.22	80.34

Sir Barry Curtis 10km –**incorporating the Athletics NZ road championships, Auckland – 17 October 2010****Masters men 60-64**

1. Trevor Ogilvie 35.45

Auckland Marathon and associated events**- 31 October 2010**

16. Adrian Lysaght 2.43.19

1218. Marion Roberts 4.16.12

1259. Peter Bloore 4.18.46

Half Marathon

26. Trevor Ogilvie 1.20.46 (1st in his 60-64 age group)

879. Phil Gulbransen 1.46.58

10km

85. John Marten 49.11 (3rd in his 60-64 age group)

**Bays to Bridges - Tauranga –
7 November 2010 – 14km**

- | | |
|-----------------------|--------------------|
| 1. Ben Ruthe Tauranga | 46.38 |
| 9. Tony Broadhead | 53.58 (3rd M35-39) |

Round the Bridges – Hamilton 21 November 2010

On the streets of Hamilton on Sunday in the Round the Bridges Legends 12k Steven O'Callaghan was 2nd
Also racing over 12km Colin Earwaker was the first 50 plus home (4th overall) in 43.00 while Jason
Steyn-Ross was 6th overall in 43.35 and 3rd in the 20-49 section.

The Goat Alpine Run - 4 December 2010

On the adventure running scene, Sjors Corporaal
retained his title when he took out the Goat Alpine Run, Mt Ruapehu on Saturday in 1.53 52.
Colin Earwaker, 16th overall in 2.24.52, was the first 50 plus across the line.

n 12s.

Veteran Cup

Novice Cup
Costello Cup

Tihi-o-Tonga trophy



Net Time	Run	Fastest
Hr:Mn:Sec	Walk	Place
1:20:17	W	33
0:56:11	R	14
1:22:43	W	34
0:57:21	R	16
0:48:25	R	10
0:45:19	R	8
0:43:05	R	6
0:46:52	R	9
0:42:07	R	4
1:13:16	R	28

0:43:50 R	7
1:13:58 R	29
0:49:58 R	11
0:39:25 R	1
0:56:31 R	15
1:40:18 W	39
0:42:50 R	5
0:40:53 R	2
1:03:36 R	24
0:41:55 R	3
0:57:33 R	17
1:04:41 R	26
0:54:36 R	12
1:19:14 R	31
1:02:27 R	20
0:59:30 R	19
1:16:43 R	30
1:10:40 R	27
0:55:57 R	13
1:03:59 R	25
1:02:29 R	21
1:02:34 R	22
1:28:09 W	35
1:35:10 W	37
1:33:19 R	36
0:57:54 R	18
1:19:26 R	32
1:36:32 W	38
1:03:04 R	23

ss Road – 5km loop

Minster Cup winner



d in 38.17.