

Senior Women's Report (9th)

Cati Pearson 8.4km, Phillippa Hyde 5.6km, Gillian Shapley 9km, Jodie Hickson 6.7km, Charlotte Pearson 7.2km, Siobhan Griffiths 10.5km, Kelly Dalton 6.9km, Stephanie Pearson 10km

It has been 3 years since Lake City Athletic Club have had a Women's relay team represent the club at National Road Relays. New club members who continued to run with the club after being part of the club's successful marathon clinic earlier this year, have helped boost the female club members. The team was made up of a diverse mix of women, ranging from students to mums.



The start of the 64.5km Road Relay was at Camp Adair in Hunua, just south of Auckland. There were 8 relay legs ranging from 5.6-10.5kms over a mixture of terrain which included flats, undulating corners, and gruelling hills. The weather also provided different challenges - heat, cold, rain & blustery head winds all in the one day. The camaraderie of supporting team members (cheering on from the vans) got runners through the course. It definitely proved to be a great way of getting to know other club members.

Although some may have had doubts about representing the club at national level and racing some of the best teams from all over New Zealand, the Lake City Senior Women rose to the challenge and came in 9th – a great achievement especially for the new club runners.

All in all it was a great week end away with the girls – racing, socialising and of course a little shopping.



The club always welcomes new runners and would like to enter two female teams next year- women's senior & women's master teams. So come along and run with the club. Visit our website www.lakecity.co.nz to see what's happening in the club.

By Siobhan Griffiths