



Website: [www.lakecity.co.nz](http://www.lakecity.co.nz)

Email: [info@lakecity.co.nz](mailto:info@lakecity.co.nz)

Clubrooms: Neil Hunt Park off Tarawera Road

Lynmore - Rotorua

## GUFF SHEET 7 October 2017

### The past week:

It was a big weekend for the Club, especially for the committee from the club and their friends that put together the Athletics NZ Road Relay here in Rotorua on Saturday. Well done to all.

Below is a message of thanks from the event's manager

*"Special thanks to all the club members and friends of the club that assisted with marshalling or other duties out on the course at the Athletics NZ Road Relays. The feedback has been tremendous and your assistance in making this another successful event is very much appreciated."*

Chris Corney - Event manager

The results of the club teams that took part are below. Full results can be obtained by visiting the club's website [www.lakecity.co.nz](http://www.lakecity.co.nz).

### Teens and adults track and Field – (Athletics)

Wednesday evening the 1st November is the kick off of the new venture – so come along and see what it's about. The weekly programme is in the process of being put together. Watch this space!

### Week day events - locally:

#### SATURDAYS

**This Saturday morning -7 October** - The Forest 10km open handicap run or walk which includes the Steph McHale Trophy. The first runner/walker leaves 10.00am from the Pram Track on Long Mile Road. Please note the start time.

#### SUNDAYS

##### Distance athletes

**Those that run** - Running groups leave from the Neil Hunt Park clubrooms Sunday mornings at 7.00am. Some groups leave later and from various venues.

**Those that walk** – Meet at the Neil Hunt Park clubrooms just prior to **7.00am**. Contacts are: Marieke Wass 07 347 9885 ah or 027 462 8572; Sarah Wiwarena – Ph: 346 3289 (evenings) Mobile 027 347 8115; Rob Colledge 07 348 7768.

#### TUESDAYS

##### Walkers

**Am** - Meet 8.00am at the Neil Hunt Park clubrooms

**Pm** - Meet 5.30pm at the Neil Hunt Park clubrooms.

##### Distance athletes

Running groups leave from the Neil Hunt Park between 5.00pm with the last groups leaving at 5.30pm

**Children's athletics** - see "advert" below for details

#### THURSDAYS

##### Walkers

**Am** – Meet 8.00am at Planet Bike, Waipa Mill By Pass Road

**Pm** – Meet 5.30pm at Neil Hunt Park clubrooms.

##### Distance athletes

Running groups leave from the Neil Hunt Park between 5.00pm with the last groups leaving at 5.30pm

### Looking ahead:

#### Locally

#### Saturday evening –

**14 October** – the winter seasons prize giving and social at the Neil Hunt Park clubrooms. For catering purposes please place your name on the list at the clubrooms or contact Adrian at 027 615 3496 [adrian.lysaght@xtra.co.nz](mailto:adrian.lysaght@xtra.co.nz) See below for the "advert"



#### RESULTS

Athletics New Zealand Road relay championships – Rotorua – 30 September 2017

##### Running teams

Senior men - C grade - 4th - 4.25.04

Lap 1 8.5km Megan Grant 34.31 4th

Lap 2 8.8km Clare Barratt-Wood 38.26 6th

Lap 3 8.3km Gaine Petterson 35.14 3rd

Lap 4	8.2km	Russell Clarke	38.26	7th
Lap 5	10.1km	Brei Gudsell	43.50	8th
Lap 6	8.3km	Clare McKinlay	36.43	4th
Lap 7	10.3km	Matt Parsonage	37.47	2nd

Masters men – 6th – 3.55.41

Lap 1	8.5km	Sjors Corporaal	30.01	1st
Lap 2	8.8km	Adrian Lysaght	32.02	4th
Lap 3	8.3km	Chris Corney	32.35	4th
Lap 4	8.2km	Andy Twiddy	33.45	10th
Lap 5	10.1km	Bruce Edwards	37.14	9th
Lap 6	8.3km	Brendon Keenan	32.06	4th
Lap 7	10.3km	Tony Broadhead	37.52	8th

Masters women - 4th – 4.43.24

Lap 1	8.5km	Johanna Ottosson	34.25	2nd
Lap 2	8.8km	Gillian Shapley	39.50	4th
Lap 3	8.3km	Siobhan Griffiths	39.41	3rd
Lap 4	8.2km	Noreen Crombie	43.42	5th
Lap 5	10.1km	Sian Twiddy	45.21	6th
Lap 6	8.3km	Kerryn Barker	39.56	3rd
Lap 7	10.3km	Sue Crowley	40.11	1st

Walk teams

Team 1 – 3rd – 5.21.40

Lap 1	8.3km	Alan Ryan	66.36	3rd
Lap 2	8.2km	Glennis Hennessy	59.03	2nd
Lap 3	4.1km	Jenny Burns	28.18	3rd
Lap 4	6.00km	Luanna George	41.47	3rd
Lap 5	8.3km	Denise Caudwell	59.47	3rd
Lap 6	10.3km	Neil Butler	66.03	2nd

Team 2 – 5th – 6.54.11

Lap 1	8.3km	Jacqui Butler	70.31	4th
Lap 2	8.2km	Gay Timpany	71.31	5th
Lap 3	4.1km	Robynne Robbins	32.59	4th
Lap 4	6.00km	Anne Eckersley	50.51	5th
Lap 5	8.3km	Ian Bishop	78.13	5th
Lap 6	10.3km	Robyn Bishop	1.49.59	5th



To end the winter season a social prize giving is being held

**Saturday 14 October 2017**

at the Neil Hunt Park clubrooms

**6.00pm** - drinks and social time

**7.00pm** - hot dinner served. If you require a vegetarian dinner advise us

Prize giving followed dessert

**Entry fee:** Adults - aged 13 and above \$10.00 pp  
Children - aged 12 and under \$5.00 pp

**Contact Adrian** - ring/text 027 6153496 or email [adrian.lysaght@xtra.co.nz](mailto:adrian.lysaght@xtra.co.nz)

as numbers are needed for catering purposes no later than

**8.00pm Tuesday 10 October**



**CHILDREN'S ATHLETICS**

**Starts: Tuesday 17 October 2017**

4:45pm

International Stadium, Ground 2,  
Devon Street West, Rotorua  
(Weekly activities from 5:15pm to 6:15pm)

Running, jumping and throwing for  
the whole family from 2yrs to 11yrs

Fun, entry-level training for beginners  
with lots of practical coordination skills

**Online registration available now  
at [www.lakecity.co.nz](http://www.lakecity.co.nz)**

Contacts: Sarah Mb. 027 3478115  
Maureen Rolfe Mb. 021 146 4578  
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