



Website: [www.lakecity.co.nz](http://www.lakecity.co.nz)

Email: [info@lakecity.co.nz](mailto:info@lakecity.co.nz)

Clubrooms: Neil Hunt Park off Tarawera Road

Lynmore – Rotorua

**GUFF SHEET**  
**14 October 2017**

## The past week:

The final event of this winter's programme was held on Saturday. Yes, there was a clash with the Ekiden, but when our programme was put together in February their date was listed for 14 October.

Thanks are extended to the Griffiths family who marked and marshalled the course: Moustache for the time he spent in handicapping the event: those that timed it: and the members of RATS that participated and swelled the numbers taking part.

Results are below. Luanna George took out the Steph McHale trophy as she was the first female club member to cross the finish line.

Also below are official the results of the Round Rarotonga Race that a number of club members recently took part in.

## Teens and adults track and Field – (Athletics)

Wednesday evening the 1st November is the kick off of the new track and field venture, so come along at 6.00pm to the Stadium's No 2 ground (Devon Street West) to see what it's about.

What's so different? One Wednesday will be the standard weekly programme: The following Wednesday a skills and fitness evening covering sprints, distance running, throws and jumps finishing with a match-racing series of relays. These evenings will alternate.

Incorporated in the programmes will be the 1 mile series which will have prizes for the most improved across the series.

Bear in mind these evenings will only be a success if there is participation from club members as well as the public. Come along and see what it's all about: bringing a friend, work mates or family members. It's as non-competitive or competitive as you wish to make it. There will be plenty of fun.

## Decades in colour:

Prime TV is running a series called "Decades in Colour" on a Sunday evening at 8.30pm. This is a programme where old home video films were called for by Prime and if accepted a small clip is shown. The message is that next Sunday (15/10) there is a clip of one of the early Rotorua Marathons. 1965 has been mentioned, but it will need to be seen to confirm the year. If interested tune into Prime.

## Week day events – on the local scene:

### SATURDAYS

**This Saturday evening – 14 October** – the winter seasons prize giving and social at the Neil Hunt Park clubrooms. For catering purposes please place your name on the list at the clubrooms or contact Adrian at 027 615 3496 [adrian.lysaght@xtra.co.nz](mailto:adrian.lysaght@xtra.co.nz) **No later than 12 noon Thursday 12 October. We must have your name(s) by then for the cater.**

### SUNDAYS

#### Distance athletes

**Those that run** - Running groups leave from the Neil Hunt Park clubrooms Sunday mornings at 7.00am. Some groups leave later and from various venues.

**Those that walk** – Meet at the Neil Hunt Park clubrooms just prior to **7.00am**. Contacts are: Marieke Wass 07 347 9885 ah or 027 462 8572: Sarah Wiwarena – Ph: 346 3289 (evenings) Mobile 027 347 8115: Rob Colledge 07 348 7768.

### TUESDAYS

#### Walkers

**Am** - Meet 8.00am at the Neil Hunt Park clubrooms

**Pm** - Meet 5.30pm at the Neil Hunt Park clubrooms.

#### Distance athletes

Running groups leave from the Neil Hunt Park between 5.00pm with the last groups leaving at 5.30pm

**Children's athletics** - see "advert" below for details

## THURSDAYS

### Walkers

**Am** – Meet 8.00am at Planet Bike, Waipa Mill By Pass Road

**Pm** – Meet 5.30pm at Neil Hunt Park clubrooms.

### Distance athletes

Running groups leave from the Neil Hunt Park between 5.00pm with the last groups leaving at 5.30pm



## Looking ahead:

### Locally

We are heading into the summer activities of the Club which are commencing:

- Tuesday evenings from 17 October - children's athletics
- Wednesday evenings from 1 November - teens and athletics (track and field)
- Thursday evenings from 9 November – the Trout Fly series

## RESULTS

### Round Rarotonga race - September 2017

| Over all place | 31 km - run         |         |         | Age place |
|----------------|---------------------|---------|---------|-----------|
| 2              | Adrian Lysaght      | 40-49   | 2.03.42 | 1st       |
| 5              | Mike Bray           | 50-59   | 2.21.03 | 2nd       |
| 35             | Kathy Jackson       | 55-64   | 2.48.26 | 1st       |
| 83             | Amy Bray            | OW      | 3.18.48 | 12th      |
| 100            | Dee Horne           | 55-64   | 3.31.22 | 7th       |
| 103            | Chris Bycroft       | 40-49   | 3.31.57 | 14th      |
| 140            | Louise Rickard      | 55-64   | 4.15.21 | 12th      |
|                |                     |         |         |           |
|                | <b>31km walk</b>    |         |         |           |
| 1              | Neil Butler         | 60-69   | 3.37.51 | 1st       |
| 10             | Alan Ryan           | 70 plus | 4.29.34 | 2nd       |
| 15             | Mike Wharton        | 50-59   | 4.39.30 | 1st       |
| 22             | Christine Hocking   | 55-64   | 4.51.31 | 6th       |
| 24             | Jacqui Butler       | 55-64   | 4.51.33 | 7th       |
| 26             | Jessica Pickering   | 55-64   | 4.55.31 | 8th       |
| 28             | Marieke Wass        | 55-64   | 4.56.38 | 9th       |
| 28             | Diana van den Akker | 55-64   | 4.56.38 | 9th       |

|    |                  |         |         |      |
|----|------------------|---------|---------|------|
| 28 | Jan Adolph       | 65 plus | 4.56.38 | 4th  |
| 33 | Jeanene Lysaght  | 35-44   | 5.03.34 | 3rd  |
| 39 | Dawne Sharplin   | 65 plus | 5.22.11 | 5th  |
| 44 | Linda Montgomery | 65 plus | 5.27.38 | 6th  |
| 46 | Sarah Wiwarena   | 65 plus | 5.30.48 | 7th  |
| 49 | Albert Schuster  | 60-69   | 5.42.29 | 4th  |
| 49 | Ben Hingston     | 70 plus | 5.42.29 | 4th  |
|    |                  |         |         |      |
|    | <b>10km run</b>  |         |         |      |
| 75 | Rhonda Herring   | 45-54   | 1.18.48 | 8th  |
|    |                  |         |         |      |
|    | <b>10km walk</b> |         |         |      |
| 45 | Rinus Adriaansz  | 60-69   | 1.41.19 | 3rd  |
| 56 | Bev Skilling     | 65 plus | 1.45.17 | 8th  |
| 56 | Lyn van der Meys | 65 plus | 1.45.17 | 8th  |
| 56 | Pat Smyth        | 65 plus | 1.45.17 | 8th  |
| 66 | Maureen Rolfe    | 65 plus | 1.49.05 | 11th |
| 66 | Beryl Cleland    | 65 plus | 1.49.05 | 11th |

### 10km open handicap Whaka Forest – 7 October 2017

|                       |          |       |          |
|-----------------------|----------|-------|----------|
| Brad Griffiths (V)    | 1h.37.10 | 42.00 | 55.10    |
| Moana Tapsell (V)     | 1h.37.17 | 22.00 | 1h.15.17 |
| Luanna George (W)     | 1h.40.12 | 19.00 | 1h.21.12 |
| Christine Hocking (W) | 1h.41.00 | 12.00 | 1h.29.00 |
| Alan Ryan (W)         | 1h.42.08 | 14.00 | 1h.28.08 |
| Carol Harwood (V)     | 1h.43.06 | 40.00 | 1h.03.06 |
| Matt Parsonage        | 1h.43.18 | 61.30 | 41.48    |
| Grant Utteridge (V)   | 1h.43.58 | 48.00 | 55.58    |
| Steve Bradley         | 1h.44.05 | 40.00 | 1h.04.05 |
| Tracey Hay (W)        | 1.44.58  | 00.00 | 1.44.58  |
| Erin Jeffrey (W)      | 1.44.58  | 00.00 | 1.44.58  |
| Adrian Lysaght        | 1h.45.58 | 62.30 | 43.28    |
| Russell Clarke        | 1h.48.47 | 55.00 | 53.47    |
| Peter Vyver           | 1h.52.26 | 33.00 | 1h.19.26 |



To end the winter season a social prize giving is being held

**This Saturday 14 October 2017**

at the Neil Hunt Park clubrooms

**6.00pm** - drinks and social time

**7.00pm** - hot dinner served. If you require a vegetarian dinner advise us

Prize giving followed dessert

**Entry fee:** Adults - aged 13 and above \$10.00 pp  
Children - aged 12 and under \$5.00 pp

**Contact Adrian** - ring/text 027 6153496 or email  
[adrian.lysaght@xtra.co.nz](mailto:adrian.lysaght@xtra.co.nz)

as numbers are needed for catering purposes no later than

**12 noon Thursday 12 October**



## CHILDREN'S ATHLETICS

**Starts: Tuesday 17 October 2017**

4:45pm

International Stadium, Ground 2,  
Devon Street West, Rotorua  
(Weekly activities from 5:15pm to 6:15pm)

Running, jumping and throwing for  
the whole family from 2yrs to 11yrs

Fun, entry-level training for beginners  
with lots of practical coordination skills

**Online registration available now**  
**Only at [www.lakecity.co.nz](http://www.lakecity.co.nz)**

Contacts: Sarah Mb. 027 3478115  
Maureen Rolfe Mb. 021 146 4578  
Email: lakecityca@gmail.com