



Website: www.lakecity.co.nz

Email: info@lakecity.co.nz

Clubrooms: Neil Hunt Park off Tarawera Road

Lynmore - Rotorua

GUFF SHEET
23 September 2017

The past week:

It was out to the streets of Hannahs Bay for the Club road championships on Saturday. A couple of very heavy showers occurred whilst the events were on - just the usual weather associated with the location of the event.

Grateful thanks are extended to Lindsay Foster for getting the traffic management plan sorted, the course marked etc. Thanks also to those that assisted Lindsay out on the course or at the finish line. Provisional results are below

Teens and adults track and Field – (Athletics)

A meeting is being held **Monday 25 September 7.30pm** at the Neil Hunt Park clubrooms to formulate and put in place suggestions made at the previous meeting (5 July) for 2017-2018 Wednesday evening summer season's programme. Those that attended the previous meeting were Pam Kenny, Rob Colledge, Phil Gulbransen, Peter Vyver, Diane Barrett-Kendall, Sharissa Hetherington, Caroline Muir and Grant Unkovich. Come along and see what their suggestions were. The future of the weekly Wednesday track and field evenings will depend on attendance at the meeting.

Volunteers: Yes, there is another Club hosted event that requires volunteers. The event is the Athletics New Zealand Road relay championships on 30 September here in Rotorua.

The club is hosting the event again and high praise was received on the organization of the event and volunteers assisting when the Club hosted the event in 2016.

There is still a list at the clubrooms seeking volunteers for the event. Some of the duties may be for a short period of time others for much longer. When putting your name on the list indicate the approx. time frame you can assist. This will assist with the allocation of your duty(s). The list currently has only a few names on it. Even if you are running or walking in a team you can assist. **Can't get to the clubrooms then contact Deanna Smit on 027 271 2884. Please support your club! Many, many more club volunteers are needed!**

Rarotonga:

Best wishes to the large group club members that are heading off over the next few days to sunny Rarotonga for the Round Rarotonga events. Enjoy.

Week day events - locally:

SATURDAYS

This Saturday 23 September

Meet 1.45pm on Kain Avenue for a 3km blast around Fenton Park. Looking at the winter programme all those selected for an ANZ relay team are expected to take part. There will be a shorter distance event for the younger grades. Please, a plate for afternoon tea at the Neil Hunt Park clubrooms. Contact Adrian on adrian.lysaght@xtra.co.nz

SUNDAYS

Distance athletes

Those that run - Running groups leave from the Neil Hunt Park clubrooms Sunday mornings at 7.00am. Some groups leave later and from various venues.

Those that walk - Meet at the Neil Hunt Park clubrooms just prior to 7.30am. Contacts are: Marieke Wass 07 347 9885 ah or 027 462 8572: Sarah Wiwarena - Ph: 346 3289 (evenings) Mobile 027 347 8115: Rob Colledge 07 348 7768.

TUESDAYS

Walkers

Am - Meet at 8.00am at the Neil Hunt Park clubrooms

Pm - Meet 5.30pm at the old City Focus on Tutanekai Street

Distance athletes

Running groups leave from the Neil Hunt Park between 5.00pm with the last groups leaving at 5.30pm

THURSDAYS

Walkers

Am – Meet at 8.00am at Planet Bike, Waipa Mill By Pass Road

Pm – Meet 5.30pm at the old City Focus on Tutanekai Street

Distance athletes

Running groups leave from the Neil Hunt Park between 5.00pm with the last groups leaving at 5.30pm

Looking ahead:

Locally

Saturday 30 September –

Here in Rotorua and hosted by the Club the annual Athletics New Zealand Road relay.

Saturday 7 October - The Forest 10km open handicap run or walk including the Steph McHale Trophy. The first runner/walker leaves 10.00am by the Pram Track on Long Mile Road



Athletic New Zealand Road relay - 30 September 2017 here in Rotorua.

Club teams

Should circumstances change and you cannot make it on the 30th please contact Kim Stevenson (convenor of club selectors) urgently – (runners) kss77@xnet.co.nz or 021 08222590: (walkers) Denise Caudwell 07 346 8431

Club uniform is to be worn.

Running teams

Senior men – team manager – Megan Grant

- Lap 1 Megan Grant
- Lap 2 Clare Barratt-Wood
- Lap 3 Trevor Ogilvie
- Lap 4 Russell Clarke
- Lap 5 Brei Gudsell
- Lap 6 Clare McKinlay
- Lap 7 Matt Parsonage

Masters men – team manager – Tony Broadhead

- Lap 1 Jason Cameron
- Lap 2 Adrian Lysaght
- Lap 3 Chris Corney
- Lap 4 Andy Twiddy
- Lap 5 Bruce Edwards
- Lap 6 Brendon Keenan
- Lap 7 Tony Broadhead

Masters women – team manager Siobhan Griffiths

- Lap 1 Sue Crowley
- Lap 2 Gillian Shapley
- Lap 3 Siobhan Griffiths
- Lap 4 Noreen Crombie
- Lap 5 Kerry Barker
- Lap 6 Sian Twiddy
- Lap 7 Johanna Ottosson

Walk teams

Team 1 – team manager - Denise Caudwell

- Lap 1
- Lap 2 Neil Butler
- Lap 3 Glennis Hennessy
- Lap 4 Jacqui Butler
- Lap 5 Denise Caudwell
- Lap 6 Luanna George

Team 2 Team manager – Gay Timpany

- Lap 1 Gay Timpany
- Lap 2 Robynne Robbins
- Lap 3 Jenny Burns
- Lap 4 Donnell Mansfield
- Lap 5 Alan Ryan
- Lap 6 Anne Eckersley



CHILDREN'S ATHLETICS

Starts: Tuesday 17 October 2017

4:45pm

International Stadium, Ground 2,
Devon Street West, Rotorua
(Weekly activities from 5:15pm to 6:15pm)

Running, jumping and throwing for
the whole family from 2yrs to 11yrs

Fun, entry-level training for beginners
with lots of practical coordination skills

**Online registration available now
at www.lakecity.co.nz**

Contacts: Sarah Mb. 027 3478115
Maureen Rolfe Mb. 021 146 4578
Email: lakecityca@gmail.com

RESULTS

**Club road Championships – 16 September 2017 –
Hannah's Bay – provisional results – membership status
to be checked out**

Running		
2000 metres		
Conor Lysaght	BU13	8.11
Anja Crombie	GU 13	8.19
James McGregor	BU10	9.31
Amber Lysaght	GU10	9.32
Keira Murphy	GU10	12.4
Tahlia Pearce	W18	12.5
5000 metres		
Liam Dooley (Whakatane)	BU15	19.22
Gemma Baldey (Whakatane)	BU15	19.40
Gillian Shapley	W40	21.52
Siobhan Griffiths	W45	22.10
Sian Twiddy	W40	22.17
Sarah Lei	W40	22.20
Kerryn Barker	W40	22.40
Dee Horne	W55	24.20
Noreen Crombie	W50	24.31
Kathryn Murphy	W45	23.35
10000 metres		
Adrian Lysaght	M40	35.52
Tony Broadhead	M50	36.21
Sue Crowley	M45	38.03
Andy Twiddy	M40	39.01
Megan Grant	W20	39.28
Nick Portas (Visitor)	M20	41.20
Russell Clarke	M20	42.30
Clare Barratt-Wood	W20	44.54
Daniel Gapes	M45	45.08
Graeme Adams	M65	46.13
Colin Davis	M45	51.22
Phil Baldey (Whakatane)	M50	53.29
Peter Bloore	M65	58.11
Peter Vyver	M75	65.15
Walking		
5000 metres		
Neil Butler	M65	31.44
Denise Caudwell	W60	34.39
Luanna George	W50	34.45
Jacqui Butler	W60	40.46

Alan Ryan	M70	40.46
Gay Timpany	W50	42.08

Club uniforms

If you wish to purchase an item from the club's wardrobe (Singlet, tee shirt, hoodie, beanie etc) please contact one of the following to arrange a time to make the purchase

Payment to be made at time of purchase - please bring along the correct change

Costs: Adults running singlets: \$35.00
Adults short sleeve walker's tees: \$35.00

Junior (children) singlets
Size 2 to 8 - \$25.00
Size 10 to 12 - \$30.00
Size 14 - \$35.00

There are other items such as adult and children's track suits, adult hoodies and beanies – cost of these on request

Contacts are:

Denise Caudwell - Ph 346 8431 (evenings)
Sarah Wiwarena – Ph: 346 3289 (evenings):
Mobile 027 347 8115

Please call one of the above to arrange a suitable day/time to meet at the clubrooms to check what you want to purchase