



Website: [www.lakecity.co.nz](http://www.lakecity.co.nz)

Email: [info@lakecity.co.nz](mailto:info@lakecity.co.nz)

Clubrooms: Neil Hunt Park off Tarawera Road

Lynmore - Rotorua

**GUFF SHEET**  
**29 July 2017**

### The past week:

The River Trail Trot took place on Saturday 22 July despite the wet weather. In the Taniwha 1.5km event the first girl was Amber Lysaght and the first boy was Alan Twiddy. In the main event three teams battled it out. Faith McGregor's "The McGregors And Some Others" outscored Gay Timpany's "Rippers" and Sarah Wiwarena's "Happy 8" 81.5 points to 68.5 points and 56.0 points, respectively. Top individual points scores on the day were Adrian Lysaght (12), Andy Twiddy (11.5), Jeanene Lysaght (11.5), and Russell Clarke (11). The after match function was enjoyed at the Beez Neez. Thank you to the timekeeping team of Pam and Steve. Results are attached.

A special thanks to Adrian and his family for organising the event.

### Club membership:

We are well and truly into 2017-2018 financial membership year of the Club so those of you that were paid up members to 31 March 2017, and are still attending club run/walks (mid-week and weekends), or are using the Neil Hunt Park clubrooms in some manner, please renew your membership for the year ending 31 March 2018. In the very near future the email list and access to the clubrooms via the key pad will be updated so that only current financial members receive emails or have access to the clubrooms. Please note that part of the keypad access criteria is regular participation and volunteering at club events as well as being a current financial member. Note that access via the keypad to the clubrooms is a privilege not a right.

### Club Administration:

With the club's Annual General Meeting coming up on Wednesday 23 August there is the opportunity for financial club members to put their name forward for the Club's Executive. Should you be interested in putting your name forward please contact Club President Rob Colledge on 348 7768 0274 506 915 or [rob.colledge@slingshot.co.nz](mailto:rob.colledge@slingshot.co.nz) to have a chat about what is entailed with being an Executive member. A nomination form is attached and the formal notification of the meeting is below.



P O Box 2136, Rotorua

#### **NOTICE OF ANNUAL GENERAL MEETING**

#### **THE 27th ANNUAL GENERAL MEETING**

of

#### **Lake City Athletic Club Incorporated**

will be held on:

**Wednesday, 23rd of August 2017, 7.30pm**

Lake City Athletic Club, Neil Hunt Park,  
Tarawera Road, Rotorua

#### **AGENDA**

- Apologies
- Minutes of the 26<sup>th</sup> Annual General Meeting
- President's Report
- Presentation of Financial Statements for the year ended 31 March 2017
- Subscriptions for the 2018-2019 financial year
- Election of Officers & 8 Executive Members
- Election of Auditor
- Consideration of any resolution which may have been submitted to the secretary in accordance with the Constitution and Rules.
- General Business

All completed nomination forms for Officers and Executive members of the Club must be given to the Secretary prior to the commencement of the election of officers.

John Marten - Secretary/Treasurer

Lake City Athletic Club

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## Events:

### SATURDAYS

- **This Saturday 29 July** – No local running event this day, but a Club social in the evening for those not heading to Auckland for the Athletics New Zealand cross-country championships the next day. Good luck to those club members heading north.

### SUNDAYS

#### Distance athletes

**Those that run** - Running groups leave from the Neil Hunt Park clubrooms Sunday mornings at 7.00am. Some groups leave later and from various venues.

**Those that walk** – Meet at the Neil Hunt Park clubrooms just prior to 7.30am. Contacts are: Marieke Wass 07 347 9885 ah or 027 462 8572 - Sarah Wiwarena – Ph: 346 3289 (evenings) Mobile 027 347 8115

### TUESDAYS

#### Walkers

**Am** - Meet at 8.00am at the Neil Hunt Park clubrooms

**Pm** - Meet 5.30pm at the old City Focus on Tutanekai Street

#### Distance athletes

Running groups leave from the Neil Hunt Park between 5.00pm with the last groups leaving at 5.30pm

### THURSDAYS

#### Walkers

**Am** – Meet at 8.00am at Planet Bike, Waipa Mill By Pass Road

**Pm** – Meet 5.30pm at the old City Focus on Tutanekai Street

#### Distance athletes

Running groups leave from the Neil Hunt Park between 5.00pm with the last groups leaving at 5.30pm

## Looking ahead:

### Locally

**Saturday 5 August** – The Minster Cup 5k and 10km estimated time event for runners and walkers. Meet at the Blue Lake Ski clubrooms 1.45pm. Estimate your time for the 10km (runners – 2 laps of the Lake) and 5km (runners or walkers – 1 lap of the Lake). No watches to be worn. There will be a shorter distance



event for younger members. Wanted for this event are people to mark the course, recorders, marshalls etc and a plate for afternoon tea at the Neil Hunt Park clubrooms.

**Saturday 12 August** – This is the third event in the Mokopuna Dash series. Meet prior to 2.00pm at the corner Tarawera and Long Mile Road for a dash around the Redwoods. Do one lap, 2 or 3. Please, a plate for afternoon tea at the Neil Hunt Park clubrooms. Again the course needs to be marked, marshalled and times recorded, so volunteers required

### Out of Rotorua



2017 road running championships  
400 Raynes Road, Tamahere, Hamilton

Saturday 19 August 2017

12.30pm	Boys/girls U11 (10 & under)	2.km	\$7.00
	Boys/girls U13 (11,12yrs)	2km	\$7.00
1.00pm	Boys/girls U15 (13,14yrs)	2.5km	\$8.00
	Women U18 (15, 16,17yrs)	5km	\$10.00
	Women U20 (18,19yrs)	5km	\$10.00
	Masters women (35plus)	5km	\$10.00
	Men U18 (15, 16, 17 yrs)	5km	\$10.00
	Men U20 (18,19yrs)	7.5km	\$12.00
	Men 20 (20-34yrs)	10.0km	\$15.00
	Women 20 (20-34yrs)	10.0km	\$15.00
	Masters men (35plus)	10.0km	\$15.00

**Course:** 400 Raynes Road, Tamahere, Hamilton. Head thru Cambridge towards Hamilton and at Tamahere take the road to Hamilton airport. Cross the concrete bridge and up the hill to Raynes Road on the right. The course is approx. 350 metres down Raynes Road, off to the right. Parking is located both sides of the road as you approach the course. Traffic may be on the course – care to be taken and marshalls must be obeyed.

**Eligibility:** to be eligible for an Athletics Waikato BOP championship placing athletes (including master's grades) must be registered as a competitive athlete with AWBOP. Social registered and non registered (unaffiliated) athletes may compete but are ineligible for AWBOP championship placing or medals. **Child athletes note that you must have registered for the new season starting 1 April 2017 to be eligible for the Championships. Your previous summer membership from last season has now expired.**

**Ages:** Masters is age on the day: all other grades ages as at 31 December 2017. Where races are combined the grades will be separated in the results  
**Entry closing:** Entry can be made online by **14 August** to <https://2017awboproad.eventsdesq.com/> or posted to AWBOP Administrator P O Box 46 Hamilton with: first name and surname, Club (Lake City Rotorua), Age group, Date of birth, Fee paid, Registered –yes/no. Cheques payable to Athletics Waikato BOP. Entry after 14 July and on the day will be an extra \$5.00 per person. Entry forms at the Neil Hunt Park clubrooms.

*All club members should note this is one of the events the club selectors are looking at the performances of those who have placed their name on the Athletics NZ relay list at the Neil Hunt Park clubrooms.*

**Lake City walkers** – There will be a 5km non championship event on this day for walkers. This event will be combined with the 1.00pm events. Costs: \$5.00 early entry by 14 July and another \$5.00 after the 14th.

This is a chance to walk on the road and harden up the legs for the Athletics Road relay on 30 September. Please see Pam Kenny if you wish to walk. You can email your entry details to [administrator@athleticswbop.org.nz](mailto:administrator@athleticswbop.org.nz)

**ANZ Road championships:** The AWBOP team to the National road championships in Christchurch on Saturday 2 September will be selected from those entered at close of the championship entries. Athletes must enter themselves via [www.athletics.org.nz](http://www.athletics.org.nz) before entry closing date. Watch out for the closing date.

**Sunday 3 September:** There is an officials training day being held at the Cambridge Athletic Club grounds, starting at 8.30am. The events being covered are jumps and throws for beginner officials. The programme is general rules, followed by jumps and throws, followed by written assessments after the completion of the presentations. Cost \$10.00 payable to Athletics Waikato BOP. If wishing to attend please advise Heather O’Hagan at 0274 713220 – [ohagan@visique.co.nz](mailto:ohagan@visique.co.nz) the following: Name, Club, phone and email details, rule book required (yes or no), any current official grading you may have, and if you would like to sit a written assessment.