



Website: www.lakecity.co.nz

Email: info@lakecity.co.nz

Clubrooms: Neil Hunt Park off Tarawera Road

Lynmore - Rotorua

GUFF SHEET
30 September 2017

The past week:

The sun shone for us on Saturday afternoon when the 3km Fenton Park Blast was held. Thanks to those that marked the course and the usual team that recoded the event - all for a very small number in attendance. Results are below.

The Rarotonga results below have been supplied by Doris Bragg

Teens and adults track and Field – (Athletics)

Monday evening another meeting to discuss the future of the Wednesday evening teens and adults track and field was held. The consensus of the discussion was to continue the sessions but to bring in some different formats and structures to the evenings.

For this aspect of the Club to continue and be successful, participants – club members and members of the public - are required to attend and participate. The comment “track is not for me” is “old hat”.

Wednesday evening the 1st November is the kick off of the new venture – so come along and see what it’s about. There will be more on this subject over the coming weeks.

Week day events - locally:

SATURDAYS

This Saturday 30 September

Athletics New Zealand Road relay championships:
Those club members participating in a team please note the correct club uniform is required to be

worn. That is the Lake City singlet and black shorts. Don’t get your team a time penalty for wearing the incorrect uniform. If you don’t have a club singlet see below as to who to contact re purchasing one. Also don’t leave it until the day before.

Walkers - either the club singlet or your blue club tee shirt to be worn.

Also note there is a time penalty for being in the possession of any electronic equipment (such as mobile phones, Ipods and earphones) while in the process of taking part in a lap. The full event rules can be viewed on the Lake City website under event rules.

Club team members will need to arrange the carpooling of their respective team members. Each team captain needs to attend the managers meeting at the Neil Hunt Park club rooms on Friday evening (29/9). The meeting commences at 7.00pm.

Good luck to all teams taking part: local and visiting.

SUNDAYS

Distance athletes

Those that run - Running groups leave from the Neil Hunt Park clubrooms Sunday mornings at 7.00am. Some groups leave later and from various venues.

Those that walk – Meet at the Neil Hunt Park clubrooms just prior to **7.00am**. Contacts are: Marieke Wass 07 347 9885 ah or 027 462 8572: Sarah Wiwarena – Ph: 346 3289 (evenings) Mobile 027 347 8115: Rob Colledge 07 348 7768.

TUESDAYS

Walkers

Am - Meet at 8.00am at the Neil Hunt Park clubrooms

Pm - Meet 5.30pm at the old City Focus on Tutanekai Street

Distance athletes

Running groups leave from the Neil Hunt Park between 5.00pm with the last groups leaving at 5.30pm

Children’s athletics - see “advert” below for details

THURSDAYS

Walkers

Am – Meet at 8.00am at Planet Bike, Waipa Mill By Pass Road

Pm – Meet 5.30pm at the old City Focus on Tutanekai Street

Distance athletes

Running groups leave from the Neil Hunt Park between 5.00pm with the last groups leaving at 5.30pm

Looking ahead:

Locally

Saturday morning

7 October - The Forest 10km open handicap run or walk including the Steph McHale Trophy. The first runner/walker leaves 10.00am from the Pram Track on Long Mile Road. Please note the start time.

Saturday evening - 14 October - the winter seasons prize giving and social at the Neil Hunt Park clubrooms. For catering purposes please place your name on the list (which will be there in the next couple of days) at the clubrooms or contact Adrian at 027 615 3496 adrian.lysaght@xtra.co.nz More on the function next week.



CHILDREN'S ATHLETICS

Starts: Tuesday 17 October 2017

4:45pm

International Stadium, Ground 2,
Devon Street West, Rotorua
(Weekly activities from 5:15pm to 6:15pm)

Running, jumping and throwing for
the whole family from 2yrs to 11yrs

Fun, entry-level training for beginners
with lots of practical coordination skills

**Online registration available now
at www.lakecity.co.nz**

Contacts: Sarah Mb. 027 3478115
Maureen Rolfe Mb. 021 146 4578
Email: lakecityca@gmail.com

RESULTS

Fenton Park Blast – 23 September 2017 – 3km

Tony Broadhead	M50	10.05
Bruce Edwards	M55	10.12
Chris Corney	M50	10.26
Andrew Twiddy	M40	10.37
Alan Crombie	M50	11.25
Siobhan Griffiths	W45	12.54
Noreen Crombie	W50	14.13
Anja Crombie	G11	14.21
Peter Bloore	M65	15.58
Marissa Keenan	G12	16.50
Brendon Keenan	M40	16.52
Lillian Muir	G12	17.32
Peter Vyver	M75	17.36
Diane Barrett-Kendall (walk)	W55	18.47

Rarotonga - Walk 31km

Neil Butler 60-69 3.37.51 1st
Christine Hosking 55-64 3.56.58 2nd women
Alan Ryan 60-69 3.57.32 3rd

Rarotonga Results – Run 31km

Mathew Cooper Open Men 1.56.06 1st USA
Adrian Lysaght 40-49 2.03.42 2nd

Club uniforms

If you wish to purchase an item from the club's wardrobe (Singlet, tee shirt, hoodie, beanie etc) please contact one of the following to arrange a time to make the purchase

Payment to be made at time of purchase - please bring along the correct change

Costs: Adults running singlets: \$35.00
Adults short sleeve walker's tees: \$35.00

Junior (children) singlets
Size 2 to 8 - \$25.00
Size 10 to 12 - \$30.00
Size 14 - \$35.00

There are other items such as adult and children's track suits, adult hoodies and beanies – cost of these on request

Contacts are:

Denise Caudwell - Ph 346 8431 (evenings)
Sarah Wiwarena – Ph: 346 3289 (evenings):
Mobile 027 347 8115

Please call one of the above to arrange a suitable day/time to meet at the clubrooms to check what you want to purchase