



Website: [www.lakecity.co.nz](http://www.lakecity.co.nz)

Email: [info@lakecity.co.nz](mailto:info@lakecity.co.nz)

Clubrooms: Neil Hunt Park off Tarawera Road  
Lynmore – Rotorua

**GUFF SHEET**  
**5 May 2018**

### The past week:

This past week has seen marathon weekend participants reducing time of their feet for the big day this coming Saturday.

What a weekend. Those taking part in the club event on Saturday afternoon managed to escape most of the rain, although the Sulphur Point tracks were rather damp underfoot. Thanks to those who did the behind the scenes work to make the event happen. Results are below.

Now to Sunday morning and the Champagne Breakfast at Sky Line Sky rides. This was another great morning put on by the club's social committee – thanks all involved.

On coming out of Skyline all were faced with a flooded carpark and an extremely flooded intersection out onto Fairy Springs Road, plus many areas of flooding to reach home.

The weather on Sunday morning was reminiscent of when the 35th Rotorua Marathon was canceled 10 minutes prior to its start on 1 May 1999.

### 4 May (Friday) volunteers:

Please click on the guff sheet preface to refresh yourself of the time you have volunteered to assist with registration at the marathon on this afternoon/evening. There is also a list at the Neil Hunt Park clubrooms.

### Club survey:

Your executive committee has chosen to effect a survey of club members to ascertain how we are doing as a Club and to discover what, if anything, you might like to see improved, changed, introduced or dropped by the Club.

It would be appreciated if all could take a few minutes to complete the survey as the responses will give guidance to the Executive of what members want from their Club. Please respond prior to 7 May.

### Local regular events:

#### **SATURDAYS**

**This Saturday 5 May** - The big day on the local running/walking calendar. This is either a lap around Lake Rotorua (Marathon) or an out and back loop in Whaka Forest on smooth gravel and pine needle tracks and roads (half marathon) or part way up Nursery Road hill and return (Quarter marathon) or a loop around Sulphur point (5.5km).

Good luck to all taking part in whatever event. May you reach the goals you have set yourself.

**After 5 May** - Life or rather running or walking does not stop after 5 May. The next scheduled club Saturday afternoon event is the first of the Mokopuna Dash series on 12 May. Meet 1.45pm at the Neil Hunt Park clubrooms for a briefing and then head to the event start.

Bring the whole family along. Kids, adults, walkers and runners – the fast, the slow and the in between are catered for. See you there!

A paper version of the winter programme is coming. There's been a hitch or two in getting it together. If you wish visit the clubs website and click on cross-country on the side bar to find the season's programme

See below for details of a social function on the evening of 12 May.

#### **SUNDAYS**

##### **Distance athletes**

**Those that run** - Running groups leave from the Neil Hunt Park clubrooms Sunday mornings at 7.00am. Some groups leave a bit latter and sometimes from different venues.

**Those that walk** – Meet at the Neil Hunt Park clubrooms just prior to **8.00am**.

Contacts are: Rob Colledge 07 348 7768: Marieke Wass 07 347 9885 ah or 027 462 8572: Sarah Wiwarena – Ph: 346 3289 (evenings) Mobile 027 347 8115

## TUESDAYS

### Walkers

**Am** - Meet 8.00am at the Neil Hunt Park clubrooms

**Pm** - Meet 5.30pm at the Neil Hunt Park clubrooms.

### Distance athletes

Running groups leave from the Neil Hunt Park between 5.00pm with the last groups leaving at 5.30pm.

## THURSDAYS

### Walkers

**Am** – Meet 8.00am at Planet Bike, Waipa Mill by Pass Road

**Pm** – Meet 5.30pm at Neil Hunt Park clubrooms.

### Distance athletes

Running groups leave from the Neil Hunt Park between 5.00pm with the last groups leaving at 5.30pm.

## Membership Renewal: for the 2018-2019 year

Over recent weeks the Guff sheet has had details of renewing your membership for year commencing 1 April 2018 to the 31 March 2019. This is now to be done online by visiting the Club's website ([www.lakecity.co.nz](http://www.lakecity.co.nz)). On the home page see the Membership/Registration heading and then "click" where indicated. This will take you to the "Welcome" page. As an existing member click on "Login" on menu bar and then complete details to renew your membership. If you have forgotten your password, please select "Forgotten my password" from the Log-in page to reset it.

With the Athletics New Zealand and Athletics Waikato BOP marathon championship being held in within the Rotorua Marathon on 5 May it is necessary for you to be a current competitive financial member prior to the event, if wishing to be eligible for a championship placing. Also note the Rotorua Marathon doubles as the club marathon championships.

Should you have joined the club in January/February as a new member via the Running Clinic **no** action to be taken.

Junior/children members should also consider renewing their membership now."

*John Marten - Club Secretary/Treasurer*

## Saturday 12 May 2018

**Afternoon:** Wind down from your Marathon weekend efforts with a dash, jog or stroll around the Mokopuna tracks in the Redwoods. Meet 1.45pm at the Neil Hunt Park clubrooms

### **Evening:**

**What:** A Marathon after party – winter season start celebrations. A casual get together for all - snacks/pizza/music provided. Refreshments for purchase

**Where:** The Lake City Athletic Club clubrooms from 7.00pm.

**Questions:** to Brei at 021 242 7344

All welcome not just for marathoners



## Club uniforms

If you wish to purchase an item from the club's wardrobe (Singlet, tee shirt, hoodie, beanie etc) please contact one of the following to arrange a time to make the purchase  
Payment to be made at time of purchase - please bring along the correct change

**Costs:** Adults running singlets: \$35.00  
Adults short sleeve walker's tees: \$35.00  
Junior (children) singlets  
Size 2 to 8 - \$25.00  
Size 10 to 12 - \$30.00  
Size 14 - \$35.00

There are other items such as adult and children's track suits, adult hoodies and beanies – cost of these on request

Contacts are:

**Denise Caudwell** - Ph 346 8431 (evenings)

**Sarah Wiwarena** – Ph: 346 3289 (evenings):  
Mobile 027 347 8115

**Annemarie Gallagher** – Ph 027 6229688 (adults)

Please call one of the above to arrange a suitable day/time to meet at the clubrooms to check what you want to purchase

## RESULTS

Winter season 28 April 2018	Trout Fly course	
In finish order – not all distances known		
Sam Rossiter	2550m	9.37.8
Connor Lysaght	2550m	11.24.0
Anja Crombie	2550m	11.51.8
James McGregor	2550m	12.52.7
Amber Lysaght	2550m	13.50.2
Emma Hickson	2550m	14.42.1
Hannah Hickson	2550m	14.43.2
Jodie Hickson	2550m	14.48.2
Elliot Castle	2550m	14.56.0
Bruce McGregor	2550m	16.01.5
Alan Twiddy	2550m	16.01.9
Lewis Lei	2550m	16.28.6
Finn Griffiths	2550m	16.29.2
Sjors Corporaal	5000m	17.26.5
Eddie Twiddy	2550m	17.53.0
Sian Twiddy	2550m	17.59.5
Luanna George (walk)	2550m	19.12.4
Gainie Petterson	5000m	19.19.3
Megan Grant	5000m	19.22.7
Katharine Twiddy	2550m	19.52.7
Raihi Hunia	5000m	20.05.4
Andy Twiddy	5000m	20.10.9
George McGregor		20.13.1
Hamish McGregor		20.14.3
Alan Ryan (walk)		20.25.0
Gareth McHale (push chair)	1.5km	20.39.8
Sheryl Pearson (push chair)	1.5km	20.39.9
Brad Griffiths	5000m	20.41.3
Alan Crombie	5000m	20.59.4
Greg Malcolm	5000m	21.51.2
Siobhan Griffiths	5000m	22.00.5
Russel Clarke	5000m	22.33.1
Sarah Lei	5000m	24.09.3
Phoenix Hunia		25.09.9
Dee Horne	5000m	27.34.5
Faith McGregor (push chair)		25.50.9
Ronan Griffiths	5000m	28.44.3
Waitarah Hunia		30.16.7
Peter Vyver	5000m	33.39.5
Noreen Crombie (extra lap)	5000m	40.03.6