



Website: www.lakecity.co.nz

Email: info@lakecity.co.nz

Clubrooms: Neil Hunt Park off Tarawera Road
Lynmore – Rotorua

GUFF SHEET
12 May 2018

The past week:

We were lucky with the weather for the Rotorua Marathon weekend. Many saying the conditions were perfect for running /walking, in fact the best for a number of years.

Well done to all who took part – you are all winners no matter what event you opted to participate in.

A special thanks to those club members and their friends who stepped up and volunteered for some aspect of the event, pre and on the day – thank you.

The results can be located at
www.rotoruumarathon.co.nz

Local regular events:

SATURDAYS

This Saturday 12 May -

Afternoon - Life or rather running or walking does not stop after 5 May. Wind down from your Marathon weekend efforts with a dash, jog or stroll around the Mokopuna tracks in the Redwoods. Meet 1.45pm at the Neil Hunt Park clubrooms to head to the 2.00pm start. A plate of eats for afternoon tea will be appreciated.

Bring the whole family along. Kids, adults, walkers and runners – the fast, the slow and the in between are catered for. See you there! If you can assist as a marshall please call Matt on 021 0586189

A paper version of the winter programme is coming. There's been a hitch or two in getting it together. If you wish visit the clubs website and click on cross-country on the side bar to find the season's programme

Evening –

Saturday 12 May 2018

What: A Marathon after party – winter season start celebrations. A casual get together for all - snacks/pizza/music provided. Refreshments for purchase



Where: The Lake City Athletic Club clubrooms from 7.00pm.

Questions: to Brei at 021 242 7344

All welcome not just marathoners

Saturday 19 May - The Novice, Veteran, Costello Cup and Tihi-O-Tonga races are on this afternoon, the first of the Club's winter season's trophy events. For runners and walkers (aged 15 plus) there is a sealed handicap race of about 7km on mainly reserve/park like areas. There will be a shorter distance event for younger grades and those not wishing to tackle the longer distance in the same area.

Note that when there is a club trophy at stake, the winners must be a current financial member of the Club. There are 4 trophies up for grabs at this event.

More on the event next week

SUNDAYS

Distance athletes

Those that run - Running groups leave from the Neil Hunt Park clubrooms Sunday mornings at 7.00am. Some groups leave a bit latter and sometimes from different venues.

Those that walk – Meet at the Neil Hunt Park clubrooms just prior to **8.00am**.

Contacts are: Rob Colledge 07 348 7768; Marieke Wass 07 347 9885 ah or 027 462 8572; Sarah Wiwarena – Ph: 346 3289 (evenings) Mobile 027 347 8115

TUESDAYS

Walkers

Am - Meet 8.00am at the Neil Hunt Park clubrooms

Pm - Meet 5.30pm at the old City Focus, Tutanekei Street/Hinemoa Street

Distance athletes

Running groups leave from the Neil Hunt Park between 5.00pm with the last groups leaving at 5.30pm. Please wear your head light and Hi Vis vests on these evenings.

THURSDAYS

Walkers

Am – Meet 8.00am at Planet Bike, Waipa Mill by Pass Road

Pm – Meet 5.30pm at the old City Focus, Tutanekai Street/Hinemoa Street

Distance athletes

Running groups leave from the Neil Hunt Park between 5.00pm with the last groups leaving at 5.30pm. Please wear you head light and Hi Vis vests on these evenings.

Membership Renewal: for the 2018-2019 year

Over recent weeks the Guff sheet has had details of renewing your membership for year commencing 1 April 2018 to the 31 March 2019. This is now to be done online by visiting the Club's website (www.lakecity.co.nz). On the home page see the Membership/Registration heading and then "click" where indicated. This will take you to the "Welcome" page. As an existing member click on "Login" on menu bar and then complete details to renew your membership. If you have forgotten your password, please select "Forgotten my password" from the Log-in page to reset it.

Should you have joined the club in January/February as a new member via the Running Clinic **no** action to be taken.

Junior/children members should also consider renewing their membership now."

John Marten - Club Secretary/Treasurer

Club uniforms

If you wish to purchase an item from the club's wardrobe (Singlet,

tee shirt, hoodie, beanie etc) please contact one of the following to arrange a time to make the purchase

Payment to be made at time of purchase - please bring along the correct change

Costs: Adults running singlets: \$35.00

Adults short sleeve walker's tees: \$35.00

Junior (children) singlets

Size 2 to 8 - \$25.00

Size 10 to 12 - \$30.00

Size 14 - \$35.00

There are other items such as adult and children's track suits, adult hoodies and beanies – cost of these on request

Contacts are:

Denise Caudwell - Ph 346 8431 (evenings)

Sarah Wiwarena – Ph: 346 3289 (evenings):

Mobile 027 347 8115

Annemarie Gallagher – Ph 027 6229688 (adults)

Please call one of the above to arrange a suitable day/time to meet at the clubrooms to check what you want to purchase