



Team Selection policy

The Club's policy for selection of teams to participate in the Athletics New Zealand National Road Relays is outlined below.

1. Be a financial competitive member of Lake City Athletic Club since 1st June of the current season. Any athlete transferring from another Club / Centre to the Lake City Athletic Club is to ensure the transfer is carried out by 1st August.
2. "Expression of interest" by athletes to participate in the event as a team member to be made by 1st July in writing:
 - (a). Name onto the list at the Neil Hunt Park clubrooms
or
 - (b). Email to the Club's convener of selectors – Kim at kss77@xnet.co.nz with a copy to info@lakecity.co.nz
3. Selection for a Road Relay team will be based purely on "Current Fitness" and participation in the following events:
 - (a) **Waikato/BOP Road Race championship.** *Placing in your Age group event and selection for Waikato/BOP for National Road Race will mean automatic Selection for a Lake City team.*
 - (b) **Red Stag Redwoods Forest Relay.** *PLEASE NOTE: the selector is putting most emphasis on the Waikato/Bop Road Championships and the Lake City Road Championships for selection in National Road Relays event. If you compete only in Red Stag Relay it WILL NOT guarantee selection in any Team.*
 - (c) **Lake City Athletic Club Road Race Championship, Hannahs Bay**
 - (d) *Any Athlete who cannot participate in any of the above events and who are interested in being part of a Team can submit results from a certified event of a distance no less than 8km either here in New Zealand or overseas. Training times will not be considered.*

They are to be a current competitive financial member of the Lake City Athletic Club as at 1st June.

Team(s) selection will be complied by the Lake City Athletic club selectors and will be final. In the event of injury/withdrawal to a team member the Club selectors will re-evaluate the composition of the team(s).

Approved by the Lake City Athletic Club Inc Executive – 11 June 2018