



Website: www.lakecity.co.nz

Email: info@lakecity.co.nz

Clubrooms: Neil Hunt Park off Tarawera Road
Lynmore – Rotorua

GUFF SHEET

18 August 2018



P O Box 2136, Rotorua, 3040

THE 28th ANNUAL GENERAL MEETING of Lake City Athletic Club Incorporated

will be held on:

Next Wednesday
22nd of August 2018

7.30pm

Lake City Athletic Clubrooms, Neil Hunt Park,
Tarawera Road, Rotorua

AGENDA

- Apologies
- Minutes of the 27th Annual General Meeting
- President's Report
- Presentation of Financial Statements for the year ended 31 March 2018
- Subscriptions for the 2019-2020 financial year
- Election of Officers & 8 Executive Members
- Election of Auditor
- Life Member
- Consideration of any resolution which may have been submitted to the secretary in accordance with the Constitution and Rules.
- General Business

All completed nomination forms for Officers and Executive members of the Club must be given to the Secretary prior to the commencement of the election of officers.

John Marten
Secretary/Treasurer
Lake City Athletic Club

The past week:

It was out to the Blue Lake for the event with the unusual name - the Minster Cup - on Saturday. Actually there are now three trophies attached to the event – The Minster Cup which is this day and age contested over an approx. distance of 10km on an estimated time basis. And for those that only wish to complete half the distance on an estimated time basis there are two trophies kindly donated by Phil and Christine Kerrison a few years back; one for those that run and the other for those that walk the half distance.

How did the Minster Cup name come about? In 1947 when the trophy was donated to the then Rotorua Amateur Athletic, Cycling and Harrier Club by a Mr. R Jones who owned a menswear business in Rotorua, the trophy was named by the donor the Minster Cup after the men's suits that the business sold.

Saturday's results are below. This year's winners will be established once participant's membership status has been checked out.

Teens and Adults Track and Field

future:

A get together of interested parties is being held Monday 27 August, 7.15pm at the Lake City Athletic Club's Neil Hunt Park clubrooms to discuss the future of the Club's summer weekly Wednesday evening Track and Field activities for Teens and Adults. Your thoughts and ideas about how to bolster this aspect of the club's summer activities will be welcomed.

Events: Local and out of Rotorua

SATURDAYS

This Saturday 18 August – The Athletics Waikato BOP road championships are at St Peter's School, Cambridge. The afternoon's programme is below. Note that online entry has closed, but on the day entry for an extra \$5.00 can be made.

All those wishing to be part of a club team heading to the Takahe to Akaroa relay note this is one of the participation events that the club selector is looking at peoples form.

There is no club event this day so rise early and head to the Park Run which starts behind Migs Gym at 8.00am. That is if you are not going to Cambridge.

Saturday 25 August - This morning the club hosts the Puarenga Park run and 7 volunteers from the club are required to marshal etc. Please contact Matt on 021 0586 1789 if you can assist. The event starts at 8.00am behind MIGS Gym off Te Ngae Road. If taking part please wear your club uniform and some form of club clothing if marshalling. Runners and walkers are catered for. There is no club event this day so rise early and head to Puarenga Park. See www.parkrun.co.nz for information on how to register.

Saturday 1 September – The 3rd event in this winter’s Mokopuna Dash series. 2.00pm start from the corner Long Mile and Tarawera Roads. Run or walk 1 lap (1850 metres), or 2 laps or even three laps based on the Mokopuna Tracks in Whakarewarewa Forest. Contact Matt on 021 0586 189 if you can assist with course marking, marshalling or recoding etc. The following day is the Athletics NZ road championships at Cambridge. See below for event details.

Saturday 8 September - The club’s Red Stag Redwoods Forest relay is on this day. The sheets are now at the at the Neil Hunt Park clubrooms for you to place your name as a club team member (runner or walker) or as one of the 2 dozen plus volunteers required to make the event happen.

Looking ahead – championship events out of Rotorua:

Sunday 2 September – the Athletics NZ road champs at St Peters School, Cambridge. Visit Athletics NZ website for entry details etc. Note early entry closes Tuesday 21 August at 11.59pm. This is also a Takahe to Akaroa relay selection guideline form event. Note this event is on a Sunday not Saturday as listed in the club’s winter programme.

Week day Club happenings

SUNDAYS

Distance athletes

Those that run - Running groups leave from the Neil Hunt Park clubrooms Sunday mornings at 7.00am. Some groups leave a bit latter and sometimes from different venues.

Those that walk – Meet at the Neil Hunt Park clubrooms just prior to 8.00am. Contacts are: Rob Colledge 07 348 7768: Marieke Wass 07 347 9885 ah or 027 462 8572: Sarah Wiwarena – Ph: 346 3289 (evenings) Mobile 027 347 8115

TUESDAYS

Walkers

Am - Meet 8.00am at the Neil Hunt Park clubrooms

Pm - Meet 5.30pm at the old City Focus, Tutaneikai Street/Hinemoa Street

Distance athletes

Running groups leave from the Neil Hunt Park between 5.00pm with the last groups leaving at 5.30pm. Please wear your head light and Hi Vis vests on these evenings.

THURSDAYS

Walkers

Am – Meet 8.00am at Planet Bike, Waipa Mill by Pass Road

Pm – Meet 5.30pm at the old City Focus, Tutaneikai Street/Hinemoa Street

Distance athletes

Running groups leave from the Neil Hunt Park between 5.00pm with the last groups leaving at 5.30pm. Please wear you head light and Hi Vis vests on these evenings.

Athletics Waikato BOP Road championships

This Saturday 18 August 2018

St Peters School Cambridge

(Turn off State Highway 1 by the Avanti Cycle centre)

Order of events:

2:00pm	Boys/Girls U11 (10 yrs and under)	2 km	\$8.00
2.00pm	Boys/Girls U13 (11, 12 yrs)	2 km	\$8.00
2.20pm	Boys/Girls U15 (13,14 yrs)	3 km	\$10.00
2.20pm	Under 18 Women (15,16, 17 yrs)	5 km	\$12.00
2.20pm	Under 18 Men (15, 16, 17 yrs)	5 km	\$12.00
2.20pm	Under 20 Women (18,19 yrs)	5 km	\$12.00
2.20pm	Masters Women (35 plus yrs)	5 km	\$12.00
3:00pm	Under 20 Men (18,19 yrs)	8 km	\$14.00
3:00pm	Masters Men (35 plus yrs)	10 km	\$16.00
3:00pm	Senior Men (20-34 yrs)	10 km	\$16.00
3:00pm	Senior Women (20-34 yrs)	10 km	\$16.00

On the day entry can be made for an extra \$5.00.

A course map can be found [here](#)

A course video can be found [here](#) (via Facebook

Club uniform to be worn

Note that for athletes who are selected for the Waikato-Bay of Plenty team at the New Zealand Road

Race Championships to be eligible for the NZ Championships entry subsidy (\$50), you must enter the 2018 WBOP Road Race Championships.

Athletics Waikato BOP - officials training days - 2018

Sunday 9th September, Jumps and Throws, Sport Waikato, Hamilton, 9am start

Sunday 7th October, 9:30am, Track events - Tauranga (Exact venue to be confirmed)

Sunday 14th October, 9:00am, Jumps and Throws - Tauranga (exact venue to be confirmed)

If you wish to attend, please contact Heather O'Hagan (ohagan@visique.co.nz)

RESULTS

Minster and Kerrison Cup estimated time races - Blue Lake, Rotorua – 11 August 2018

Trophy winners will be established once membership status has been checked out.

Amber Lysaght	2.5km	R	12.08	-	-
Hannah Gapes	5km	R	22.42	23.25	0.43
Emma Hickson	5km	R	30.05	28.38	1.27
Jodie Hickson	5km	R	30.09	28.38	1.31
John Marten	5km	R	32.28	34.50	2.22
Dee Horne	5km	R	35.33	37.00	1.27
Rina Joy	5km	R	36.41	41.00	4.19
Peter Bloore	5km	R	39.50	38.00	1.50
Denise Caudwell	5km	W	41.42	47.00	5.18
Glennis Hennessy	5km	W	41.42	52.00	10.18
Adrian Lysaght	10km	R	46.11	45.17	0.54
Liam McFarlane	5km	R	47.30	30.00	17.30
Daniel Gallagher	5km	R	47.31	-	-
Steven Holloway	10km	R	52.15	50.00	2.15
Heather Holloway	5km	R	55.51	-	-
Annemarie Gallagher	5km	R	55.51	50.00	5.51
John Lydo	10km	R	60.16	55.00	5.16
Sian Twiddy	10km	R	60.34	60.00	0.34
Rusty Clarke	10km	R	62.08	58.00	4.08
Diane Barrett-Kendall	10km	W	84.41	88.00	3.19
Steve Bradley	10km	R	66.59	67.00	0.01
Daniel Gapes	10km	R	67.00	67.00	0.00
Luanna George	10km	R	70.38	68.00	2.38
Robynne Robbins	10km	W	101.32	103.00	1.28
Anne Eckersley	10km	W	101.35	102.00	0.25
Alan Ryan	10km	W	101.36	104.00	2.24
Peter Vyver	10km	R	84.21	90.00	5.39

Club uniforms

If you wish to purchase an item from the club's wardrobe

(Singlet,

tee shirt, hoodie, beanie etc) please

contact one of the following to arrange

a time to make the purchase

Payment to be made at time of purchase - please bring along the correct change

Costs: Adults running singlets: \$35.00

Adults short sleeve walker's tees: \$35.00

Junior (children) singlets

Size 2 to 8 - \$25.00

Size 10 to 12 - \$30.00

Size 14 - \$35.00

There are other items such as adult and children's track suits, adult hoodies and beanies – cost of these on request

Contacts are:

Denise Caudwell - Ph 346 8431 (evenings)

Sarah Wiwarena – Ph: 346 3289 (evenings):

Mobile 027 347 8115

Annemarie Gallagher – Ph 027 6229688 (adults)

Please call one of the above to arrange a suitable day/time to meet at the clubrooms to check what you want to purchase