



Website: www.lakecity.co.nz

Email: info@lakecity.co.nz

Clubrooms: Neil Hunt Park off Tarawera Road
Lynmore – Rotorua

GUFF SHEET **1 September 2018**

The past week:

No local club activities this past weekend as the Club was “on duty” at the Saturday morning Park Run. Thanks to all those that stepped up and marshalled etc.

The 28th Annual General Meeting of your club was held on Wednesday evening at the Neil Hunt Park clubrooms. Around 40 financial members were in attendance.

The incoming Executive and its officers for the next 12 months are:

Patron	Graeme Dennett
President	Rob Colledge
Vice President	Pam Kenny
Secretary	John Marten
Treasurer	John Marten
Club Captain	Gay Timpany

The 8 Executive Members are:

Shaun O'Donnell
Denise Caudwell
Sarah Wiwarena
Matthew Parsonage
Annemarie Gallagher
Kelly Albrecht
Russell Clarke
Megan Grant

The matter of the club subscriptions for the next financial year (1 April 2019 to 31 March 2020) were set with each age category having a slightly reduced amount payable.

Life membership of the Lake City Athletic Club Inc was accorded to Tom Lamason. Tom joined the then Rotorua Amateur Athletic, Cycling and Harrier Club in 1958 as a young teenager. Those of you that don't know, Tom has cerebral palsy but this disability has not hindered him from being an active participant in

all aspects of the Club – competitor, volunteer and committee member. His forte was race walking at which he competed in at Athletics Waikato BOP and National level.

He has 25 Rotorua Marathons under his belt, running all of them. His fastest time around the Lake was 3.28.34 in 1969.

Club President, Rob Colledge presented Tom with a suitably worded plaque acknowledging the according of his life membership and his membership of 60 years.

Congratulations Tom!

Teens and Adults Track and Field:

The future of this sector of the club will be advised after the next Executive meeting in a couple of weeks.

Events: Local and out of Rotorua

SATURDAYS

This Saturday 1 September – The last event in this winter's Mokopuna Dash series. Start time is 2.00pm at the corner Long Mile and Tarawera Roads. Run or walk 1 lap (1850 metres approx.), or 2 laps or even three laps based on the Mokopuna Tracks in Whakarewarewa Forest. Contact Matt on 021 0586 189 if you can assist with course marking, marshalling, recording etc.

The following day is the Athletics NZ road championships at Cambridge. See below for event details.

Saturday 8 September - The club's Red Stag Redwoods Forest relay is this day.

This event attracts teams from throughout the North Island made up of club teams, secondary school and youth teams, plus corporate teams.

The course is based in the Redwoods and Scion Nursery area with headquarters opposite the Visitors Centre and I site on Long Mile Road.

The adult 5 person running teams complete an approx. 5km lap each: the 2 person walk teams do the approx. 5km lap each: and the 4 person secondary and youth 4 person teams complete an approx. 3km lap each.

The participants are guided around the course by club members acting as marshalls. Other club members “man” the start/finish area and assist with

registration etc. Others mark the course and then participate in a club team. The request for volunteers is filling nicely – thank you. Those that have volunteered will be contacted during next week.

Participants your name is to be on the list at the clubrooms no later than **Sunday 2nd September** so that teams can be selected by the club selector. Entries close 3 September.

Looking ahead – championship events out of Rotorua:

This Sunday 2 September – the Athletics NZ road champs at St Peters School, Cambridge. Entries have closed. If not taking part head to Cambridge to watch the races. Event times etc can be found by visiting Athletics NZ website and clicking on the Road champs tab. Those club members taking part have a good run.

Other week day Club happenings

SUNDAYS

Distance athletes

Those that run - Running groups leave from the Neil Hunt Park clubrooms Sunday mornings at 7.00am. Some groups leave a bit latter and sometimes from different venues.

Those that walk – Meet at the Neil Hunt Park clubrooms just prior to 8.00am. Contacts are: Rob Colledge 07 348 7768; Marieke Wass 07 347 9885 ah or 027 462 8572; Sarah Wiwarena – Ph: 346 3289 (evenings) Mobile 027 347 8115

TUESDAYS

Walkers

Am - Meet 8.00am at the Neil Hunt Park clubrooms

Pm - Meet 5.30pm at the old City Focus, Tutaneikai Street/Hinemoa Street

Distance athletes

Running groups leave from the Neil Hunt Park between 5.00pm with the last groups leaving at 5.30pm.

THURSDAYS

Walkers

Am – Meet 8.00am at Planet Bike, Waipa Mill by Pass Road

Pm – Meet 5.30pm at the old City Focus, Tutaneikai Street/Hinemoa Street

Distance athletes

Running groups leave from the Neil Hunt Park between 5.00pm with the last groups leaving at 5.30pm.

Athletics Waikato BOP - officials training days - 2018

Sunday 9th September, Jumps and Throws, Sport Waikato, Hamilton, 9am start

Sunday 7th October, 9:30am, Track events - Tauranga (Exact venue to be confirmed)

Sunday 14th October, 9:00am, Jumps and Throws - Tauranga (exact venue to be confirmed)

If you wish to attend, please contact Heather O'Hagan (ohagan@visique.co.nz)

Club uniforms

If you wish to purchase an item from the club's wardrobe (Singlet, tee shirt, hoodie, track suit etc) please contact one of the following to arrange a time to make the purchase
Payment to be made at time of purchase - please bring along the correct change

Costs:

Adults running singlets: \$35.00

Adults short sleeve walker's tees: \$35.00

Junior (children) singlets

Size 2 to 8 \$25.00

Size 10 to 12 \$30.00

Size 14 \$35.00

Supporting clothing

Zip hoodie \$55.00

Youth pullover hoodie \$15.00

Track suit \$90.00

Beanie \$15.00

Contacts are:

Sarah Wiwarena – Ph: 346 3289 (evenings):
Mobile 027 347 8115

Denise Caudwell - Ph 346 8431 (evenings)
Annemarie Gallagher – Ph 027 6229688 (adults)

Please call one of the above to arrange a suitable day/time to meet at the clubrooms to check out what you want to purchase