



Website: www.lakecity.co.nz

Email: info@lakecity.co.nz

Clubrooms: Neil Hunt Park off Tarawera Road
Lynmore – Rotorua

GUFF SHEET 30 March 2019

The past week:

Both sections of track and field have wound up for the season.

The teens and senior section had their prize giving last Wednesday and the children's sections are having theirs on 9 April. Details of time and location are below in Tuesday.

Also the final Trout fly event for this summer was held last Thursday – results are below.

Thanks are extended to those that have made all three of the above Club activities happen. Without volunteers – club members, parents and friends of the Club none of these events would have gone ahead. Thank you!

Track and Field: (teens and seniors)

2019 trophy winners

Keith Hay Homes - Men's middle distance

Hayden Chapman

Sprint trophy - women's sprint points

Gisele Howard

Pentathlon Trophies -

Men - Jason Finnerty

Women - Gisele Howard

President's Trophy - most points 12, 13, 14 years

Lillian Muir

Champion of Champions - most championship points 15 years plus

Sam Rossiter

Dorothy Malcolm Memorial Trophy - greatest contribution to Wednesday evenings

Kim Stevenson

Lake City Athletic Club – Coaches trophy

Grant Unkovich

Upcoming distance events in Rotorua:

Saturday 4 May 2019 The 55th Rotorua Marathon around Lake Rotorua. Associated with the main

event are half marathon, quarter marathon and 5km events. Visit www.rotoruarunners.co.nz for entry details etc

Note that the standard entry fee expires at the end of this month which is only a few days away.

SUNDAYS

Distance athletes

Those that run -The Running Clinic various packs leave from the Neil Hunt Park clubrooms at varying times. Check out with your pack leader the start time and venue.

Other distance running groups also leave from the clubrooms. Some groups leave 7.00 am or later and sometimes from different venues.

Those that walk – Meet at the Neil Hunt Park clubrooms just prior to 8.00am. Some groups leave earlier. Contacts are: Rob Colledge 07 348 7768; Marieke Wass 07 347 9885 ah or 027 462 8572; Sarah Wiwarena – Ph: 027 347 8115

TUESDAYS

Walkers

Am - Meet 8.00am at the Neil Hunt Park clubrooms

Pm – Refer to the contacts listed in "Sunday".

Distance athletes

Running groups leave from the Neil Hunt Park clubrooms from 5.00pm with the last groups leaving around 6.00pm. This includes those associated with the Running Clinic. Some clinic groups leave the clubrooms (unless advised otherwise) at 5.45pm others at 6.00pm. Check with your pack leader re times etc.

Children's athletics - prize giving

The season's prize giving for 2-11 years is being held Tuesday 9 April, 5.00pm at the Westbrook School Hall - (Malfroy Road West).



Information from: Their face book page to keep up to date with weather cancellations and other information.

Contacts: Kelly Albrecht - 027 8826484

Email: lakecitychildrensathletics@gmail.com

THURSDAYS

Walkers

Am – Meet 8.00am at Planet Bike, Waipa Mill by Pass Road

Pm – Refer to the contacts listed in "Sunday".

Distance athletes

Those that run –

Running groups leave from the Neil Hunt Park clubrooms from 5.00pm with the last groups leaving around 6.00pm. This includes those associated with the Running Clinic. Some clinic groups leave the clubrooms (unless advised otherwise) at 5.45pm

others at 6.00pm. Check with your pack leader re times etc.

Distance event out of Rotorua:

Sun to Surf – Saturday 6 April 2019 - Whakatane
 Visit www.suntosurf.nz website for more details.
 Note the minimum ages for the “half” and 10km events. Financial members of the Lake City Athletic Club are offered a 20% discount into this event. To apply for your discount code you need to contact Annemarie on 027 6229688 or email her at lakecitymarathonclinic@gmail.com

RESULTS

Trout Fly - 21 March 2019

Name	Place	Time	Distance
Will O'Connor	1	17:04	5000
Ian McDonald	2	17:18	5000
Matt Parsonage	3	17:39	5000
Adrian Lysaght	4	18:03	5000
Steve Parker	5	18:20	5000
Tony Broadhead	6	18:27	5000
Chris Corney	7	18:30	5000
Alan Ferguson	8	19:21	5000
Kerry Robinson	9	19:29	5000
Megan Grant	10	19:49	5000
Fred Shilton	11	20:12	5000
Graeme Pearson	12	20:14	5000
Morgan Ball	13	20:16	5000
Alan Crombie	14	20:22	5000
Chris Kabban	15	20:29	5000
Rhys Downes	16	21:53	5000
Lance Shilton	17	21:54	5000
Trina Solgai	18	21:58	5000
Shane Hossack	19	22:15	5000
Nathan Platt	20	22:54	5000
Emma O'Connor	21	23:08	5000
Kingston Ryan	22	23:15	5000
Mike Ryan	23	23:21	5000
Kelly Mitchell	24	23:26	5000
Chris Lord	25	23:27	5000
Chris Browne	26	23:52	5000
Phil Gulbransen	27	24:13:00	5000
Noreen Crombie	28	24:22:00	5000
Simon Street	29	24:36:00	5000
Steve Bradley	30	25:24:00	5000
Dee Horne	31	26:02:00	5000
Faith McGregor	32	26:59:00	5000
Fain Scarlet	33	27:55:00	5000
Ray Hewlett	34	28:42:00	5000
Robert Corbett	35	30:24:00	5000
Sam Shiels	36	31:14:00	5000
Greg Shiels	37	31:14:00	5000
Rachel Catley	38	31:40:00	5000
Amber Albrecht	39	35:33:00	5000
Kirsty Peterson	40	35:33:00	5000
Janet Shorland	41	35:48:00	5000
Logan Morrison	42	37:26:00	5000

Jayson Morrison	43	37:26:00	5000
Name	Place	Time	Distance
Jamie Hall	1	10:30	2550
Jonah Funnel	2	10:50	2550
Cody Shilton	3	11:00	2550
Anja Crombie	4	11:40	2550
Ashleigh Randell	5	12:23	2550
Ben Shiels	6	12:58	2550
Jayda Moke	7	13:09	2550
Nikita Harding	8	13:22	2550
Anton Harding	9	13:23	2550
Bruce McGregor	10	13:24	2550
Tyla Albrecht	11	14:00	2550
James McGregor	12	14:08	2550
Lydia O'Callaghan	13	14:26	2550
Ryder Moke	14	14:31	2550
Steve O'Callaghan	15	14:32	2550
Amber Lysaght	16	14:56	2550
Kaspa Grunwell	17	15:04	2550
Declan Albrecht	18	15:18	2550
Michael Harding	19	15:27	2550
Rachel Wright	20	15:30	2550
Alana Pethybridge	21	15:42	2550
Madeleine Pethybridge	22	15:42	2550
Sophie Loveless	23	15:48	2550
Eloise Newcombe	24	15:49	2550
Nikki Newcombe	25	15:49	2550
Travis Grunwell	26	16:44	2550
Aaron Randell	27	16:52	2550
Ian Loveless	28	16:54	2550
Judy Hewlett	29	16:54	2550
George McGregor	30	17:25	2550
Chase Grunwell	31	17:50	2550
Angela Grunwell	32	17:50	2550
Tamzin joy	33	17:50	2550
Natalia Loveless	34	18:13	2550
Melanie Loveless	35	18:13	2550
Rina Joy	36	18:16	2550
Daniel Shiels	37	19:25	2550
Dean Richardson	38	19:36	2550
Max Stratford	39	19:53	2550
Margi Funnel	40	20:41	2550
Lionel Sorensen	41	20:55	2550
Shona Sorensen	42	21:30	2550
Denis Albrecht	43	21:42	2550
Macey Albrecht	44	21:42	2550
Cathy Jackson	45	22:52	2550
Jayne Ferguson	46	23:03	2550
Peter Vyver	47	27:07:00	2550
Julie Fiske	48	27:45:00	2550
Amber Stratford	49	28:31:00	2550
Sarah Painter	50	28:31:00	2550

Waikato BOP Secondary Schools Athletics championships - Porritt Stadium - 23 March 2019
 (Results as supplied)

Gisele Howard - (Intermediate Grade under 16)
 3rd Long jump; 3rd in Triple jump: Competed in 100/200

Hannah Gapes - (Senior Grade under 18) - 2nd
3000 metres: 2nd in 1500 metres

Lillian Muir - (Junior Girls under 15) -2nd in High
jump



Accept the fact that every
run/walk cannot be a
good one

Club uniforms

If you wish to purchase an item from the
Club's wardrobe

(Singlet, tee shirt, hoodie, track suit etc) please
contact one of the following to arrange
a time to make the purchase

Payment to be made at time of purchase - please bring
along the correct change

Costs:

Adults running singlets: \$35.00

Adults short sleeve walker's tees: \$35.00

Junior (children) singlets

Size 2 to 12 \$30.00

Size 14 \$35.00

Supporting clothing

Zip hoodie \$55.00

Youth pullover hoodie \$15.00

Track suit \$90.00

Beanie \$15.00

Contacts are: **Sarah Wiwarena** - 027 347 8115

Annemarie Gallagher – Ph 027 6229688 (adults)