



Website: www.lakecity.co.nz

Email: info@lakecity.co.nz

Clubrooms: Neil Hunt Park off Tarawera Road
Lynmore – Rotorua

GUFF SHEET 6 April 2019

The past week:

It was a very-quiet on the Club scene this past week

Membership Renewal for the 2019 - 2020 year

Information for the Renewal of membership has been emailed to all existing financial members and for those who have already renewed, - thank you, - please disregard this Membership content of the Guff Sheet.

For those who have not renewed - The current membership period ended on the 31 March 2019.

You are invited to renew your membership for the next financial year, commencing 1 April 2019 through to the 31 March 2020, and this can only be done "online"

To renew your membership please visit the Club's website www.lakecity.co.nz.

On the 'home page' follow the information under the Heading "REGISTRATION" through to the registration Portal to complete your registration.

With the Club and Athletics Waikato BOP marathon championships being held in conjunction with the Rotorua Marathon on 4 May it is necessary for you to be a current competitive financial member prior to the event if wishing to take a championship placing.

Junior/children members should also consider renewing their membership now.

John Marten - Club Secretary/Treasurer
info@lakecity.co.nz

Daylight saving:

..... leaves us this coming Sunday 7 April, so in a couple of weeks' time the Hi Vis vest and headlamp will need to be dusted off or purchased

for those running or walking in the evenings and even the very early morning..

Put your clocks back 1 hour on Saturday evening so that you arrive at your run or walk on time the next morning.

'May the 4th be with You!'

The Great Annual Lake City Champagne Breakfast!

April 28, 8.00 am
Skyline Sky rides

Tickets: Adults \$25 - Kids \$12.50

For ticket confirmation:

Email: lakecitymarathonclinic@gmail.com
or message Annemarie on Facebook

To pay:

Bank Deposit: A Gallagher
02 0416 0286540 00
With YOUR FULL NAME AS REFERENCE
& number of attendee's.

CASH can be dropped to 4 Marguerita St,
Rotorua

**Event MUST BE PAID FOR BY 21st of
APRIL
so final numbers can be confirmed**

Upcoming distance events in Rotorua:

Saturday 4 May 2019 The 55th Rotorua Marathon around Lake Rotorua. Associated with the main event are half marathon, quarter marathon and 5km events. Visit www.rotoruumarathon.co.nz for entry details etc

SUNDAYS

Distance athletes

Those that run -The Running Clinic various packs leave from the Neil Hunt Park clubrooms at varying times. Check out with your pack leader the start time and venue.

Other distance running groups also leave from the clubrooms. Some groups leave 7.00 am or later and sometimes from different venues.

Those that walk – Meet at the Neil Hunt Park clubrooms just prior to 8.00am. Some groups leave earlier. Contacts are: Rob Colledge 07 348 7768: Marieke Wass 07 347 9885 ah or 027 462 8572: Sarah Wiwarena – Ph: 027 347 8115

TUESDAYS

Walkers

Am - Meet 8.00am at the Neil Hunt Park clubrooms

Pm – Refer to the contacts listed in “Sunday”.

Distance athletes

Running groups leave from the Neil Hunt Park clubrooms from 5.00pm with the last groups leaving around 5.30pm. This includes those associated with the Running Clinic. Some clinic groups leave the clubrooms (unless advised otherwise) at 5.45pm others at 6.00pm. Check with your pack leader re times etc.

Children’s athletics - prize giving

The season’s prize giving for 2-11 years is being held Tuesday 9 April, 5.00pm at the Westbrook School Hall - (Malfroy Road West).



Information from: Their face book page to keep up to date with weather cancellations and other information.

Contacts: Kelly Albrecht - 027 8826484

Email: lakecitychildrensathletics@gmail.com

THURSDAYS

Walkers

Am – Meet 8.00am at Planet Bike, Waipa Mill by Pass Road

Pm – Refer to the contacts listed in “Sunday”.

Distance athletes

Those that run –

Running groups leave from the Neil Hunt Park clubrooms from 5.00pm with the last groups leaving around 5.30pm. This includes those associated with the Running Clinic. Some clinic groups leave the clubrooms (unless advised otherwise) at 5.45pm others at 6.00pm. Check with your pack leader re times etc.

Distance event out of Rotorua:

Sun to Surf – **this Saturday 6 April 2019** - Whakatane Visit www.suntosurf.nz website for more details. Note the minimum ages for the “half” and 10km events. Financial members of the Lake City Athletic Club are offered a 20% discount into this event. To apply for your discount code you need to contact Annemarie on 027 6229688 or email her at lakecitymarathonclinic@gmail.com

The winter months:

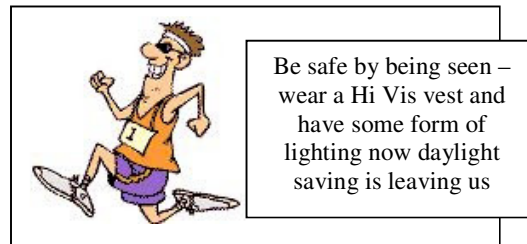
What happens within the club during winter time? Plenty! Most weekends from the 27 April there is a club activity - run and walk events. Some just a social form of exercise: others with trophies: some on local reserves: others at out of the City: Some Saturday afternoons: some Sunday mornings.

The first event is **Saturday afternoon 27 April** so keep the afternoon free! We will be meeting at the Neil Hunt Park clubrooms prior to 2.00pm (don’t be late) for a dash over the summer series Trout Fly courses. More on what is happening just prior to 2.00pm

Bring the whole family along. We cater for kids, adults, walkers and runners of all abilities.

See you there with a friend or family members

The new look programme for this winter is being finalised.



Club uniforms

If you wish to purchase an item from the Club’s wardrobe (Singlet, tee shirt, hoodie, track suit etc) please contact one of the following to arrange a time to make the purchase
Payment to be made at time of purchase – please bring along the correct change

Costs:

Adults running singlets: \$35.00

Adults short sleeve walker’s tees: \$35.00

Junior (children) singlets

Size 2 to 12 \$30.00

Size 14 \$35.00

Supporting clothing

Zip hoodie \$55.00

Youth pullover hoodie \$15.00

Track suit \$90.00

Beanie \$15.00

Contacts are: **Sarah Wiwarena** - 027 347 8115

Annemarie Gallagher - Ph 027 6229688 (adults)