

Website: www.lakecity.co.nz
Email: info@lakecity.co.nz
Clubrooms: Neil Hunt Park off Tarawera Road
Lynmore – Rotorua

GUFF SHEET 27 April 2019

The past week:

Sunday week ago Michael Voss won the Auckland Waterfront Half marathon in 67.29. Apologies to any other club member that may have taken part in the event.

Locally it was the traditional Tuesday, Thursday and Sunday pack runs and walks.

To date there has been no results relating to the 12/13 year Easter provincial team's competition that Hayden, Lillian and Bella took part in over the weekend.

The winter months:

The first winter season event is this Saturday afternoon 27 April, so keep the afternoon free! We will be meeting at the Neil Hunt Park clubrooms



prior to 2.00pm (don't be late) for a dash over the summer series Trout Fly courses. More on what is happening just prior to 2.00pm

This event is a good final blow out for those taking part in an event the next weekend – the marathon, half marathon, quarter marathon or the 5km

Below is what is scheduled for the first two weeks of May

Saturday 4 - Rotorua Marathon, plus Half Marathon, Quarter Marathon & 5.5km Fun Run/Walk, Government Gardens, Rotorua. Incorporates the Club, and Athletics Waikato-BOP marathon championships

Sunday 12 - Event 1 of the Sunday cross-country series at Hannahs Bay reserve. Start time is 10.30 am. You will note that this is on a Sunday morning so that youngsters involved in Saturday sports can take part as well as their mums, dads, grandparents etc. Distances will be varied, and all will be catered for.

Kids don't let that Mini Marathon training you have done at school go to waste. Come along and join us after a Sunday morning sleep in.

Volunteers for marathon weekend

Thanks to all that have indicated they can assist in the area of registration etc on Friday 3 May. This is greatly appreciated.

In due course there will be a list at the Neil Hunt Park clubrooms confirming the time slots people have indicated, together with instructions as to who to report to etc.

Upcoming distance events in Rotorua:

Saturday 4 May 2019 The 55th Rotorua Marathon around Lake Rotorua. Associated with the main event are half marathon, quarter marathon and 5km events. Visit www.rotoruamarathon.co.nz for entry details etc. Late entry can be made for all events, but at an extra fee.

SUNDAYS

Distance athletes

<u>Those that run</u> -The Running Clinic various packs leave from the Neil Hunt Park clubrooms at varying times. Check out with your pack leader the start time and venue.

Other distance running groups also leave from the clubrooms. Some groups leave 7.00 am or later and sometimes from different venues.

<u>Those that walk</u> — Meet at the Neil Hunt Park clubrooms just prior to 8.00am. Some groups leave earlier. Contacts are: Rob Colledge 07 348 7768: Marieke Wass 07 347 9885 ah or 027 462 8572: Sarah Wiwarena — Ph: 027 347 8115

TUESDAYS

Walkers

<u>Am</u> - Meet 8.00am at the Neil Hunt Park clubrooms

<u>**Pm**</u> – Refer to the contacts listed in "Sunday".

Distance athletes

Running groups leave from the Neil Hunt Park clubrooms from 5.00pm with the last groups leaving around 5.30pm. This includes those associated with the Running Clinic. Some clinic groups leave the clubrooms (unless advised otherwise) at 5.45pm others at 6.00pm. Check with your pack leader re times etc.

THURSDAYS

Walkers

Am – Meet 8.00am at Planet Bike, Waipa Mill by Pass Road

Pm – Refer to the contacts listed in "Sunday".

Distance athletes

Those that run -

Running groups leave from the Neil Hunt Park clubrooms from 5.00pm with the last groups leaving around 5.30pm. This includes those associated with the Running Clinic. Some clinic groups leave the clubrooms (unless advised otherwise) at 5.45pm others at 6.00pm. Check with your pack leader re times etc.

'May the 4th be with You!'

The Great Annual Lake City Champagne Breakfast!

April 28, 8.00 am Skyline Sky rides

Bookings have now closed

Club uniforms

If you wish to purchase an item from the Club's wardrobe

(Singlet, tee shirt, hoodie, track suit etc) please contact one of the following to arrange a time to make the purchase

Payment to be made at time of purchase – please bring along the correct change

Costs:

Adults running singlets: \$35.00

Adults short sleeve walker's tees: \$35.00

Junior (children) singlets

Size 2 to 12 \$30.00 Size 14 \$35.00

Supporting clothing

Zip hoodie\$55.00Youth pullover hoodie\$15.00Track suit\$90.00Beanie\$15.00

Contacts are: **Sarah Wiwarena** - 027 347 8115 **Annemarie Gallagher** - Ph 027 6229688 (adults)

4 May participants

If you are requiring a club singlet now is the time to purchase. This so you can wash and wear it a few times before the big day



Next week those taking part in an event on 4 May will head into taper mode