



Website: [www.lakecity.co.nz](http://www.lakecity.co.nz)

Email: [info@lakecity.co.nz](mailto:info@lakecity.co.nz)

Clubrooms: Neil Hunt Park off Tarawera Road  
Lynmore – Rotorua

## GUFF SHEET 24 August 2019

### ***The past week:***

A small contingent headed out to Lake Okeraka on Saturday for the handicap pairs race. Six teams were formed with all teams finishing in just under 2 minutes apart.

Thanks to Matt and Rachael and those that assisted with the event.

### ***Clubrooms – key pad holders:***

If you currently have access to the Neil Hunt Park clubrooms via the key pad and have not financially renewed your membership with the Club, your access number will be removed as at 31 August 2019 ... *The Club's executive*

### ***This weekend:***

**Saturday 24 August** – No club event scheduled.

**Sunday 25 August** - is the Athletics Waikato BOP road championships at St Peters School, Cambridge.

Visit [www.athleticswaikatobayofplenty.org.nz](http://www.athleticswaikatobayofplenty.org.nz) for details. Online entries close **Wednesday 21 August**. The days program and notes etc are below. The club is providing vans to travel there and back. Contact Matt on 021 0586 189 to reserve a seat.



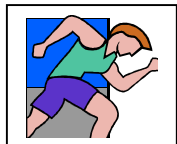
### ***The following weekend:***

**Saturday 31 August** - Minster Cup 10km estimated time run. A shorter 5km estimated time run and walk for those not wishing to tackle the longer distance. Also, there is a shorter distance for younger grades. Meet 1.45pm by the Blue Lake Ski Club clubrooms for a 2.00pm start. Duty officers: Winter sub-committee. Please contact Matt at 021 0586 189 if you can assist with course marking etc.

### ***Looking further ahead:***

**Saturday 7 September** – The Okataina tracks fun run/walk. Details of meeting time, car-pooling etc will be advised nearer the event.

**Sunday 8 September** – A Speed Clinic at the Rotorua International Stadium



from 10.00am to 3.00pm. This is being conducted by Kerry Hill, Athletics NZ and IAAF accredited sprints coach. Cost \$20.00 per person. To register email Jason Cameron at [jason.cameron@rotorualc.nz](mailto:jason.cameron@rotorualc.nz) for further details.

Bookings are essential and to be made by 5.00pm Wednesday 4 September 2019 to secure your place. Refer to [www.lakecity.co.nz](http://www.lakecity.co.nz) for more details.

**Sunday 15 September** - Athletics NZ road championships, Bruce Pulman Park, Auckland. Visit Athletics NZ website for event and entry details.

### **Cambridge half marathon and associated events -**

The half marathon incorporates Athletics Waikato BOP half marathon championships are on Sunday 15 September. Event details etc can be found by going to Cambridge Athletic and Harrier club's website.

### **SUNDAYS**

#### **Distance athletes**

**Those that run** – Distance running groups leave from the clubrooms. Some groups leave 7.00 am or later and sometimes from different venues.

**Those that walk** – Meet at the Neil Hunt Park clubrooms just prior to 8.00am. Some groups leave earlier. Contacts are: Rob Colledge 07 348 7768: Marieke Wass 07 347 9885 ah or 027 462 8572: Sarah Wiwarena – Ph: 027 347 8115

### **TUESDAYS**

#### **Walkers**

**Am** - Meet 8.00am at the Neil Hunt Park clubrooms

**Pm** – Refer to the contacts listed in "Sunday".

#### **Distance athletes**

Running groups leave from the Neil Hunt Park clubrooms from 5.00pm with the last groups leaving around 5.30pm.

### **WEDNESDAYS**

The 29th Annual General Meeting of the Lake City Athletic Club Inc, 7.30pm tonight, **Wednesday 21 August**. See the formal notice below for the agenda etc.

### **THURSDAYS**

#### **Walkers**

**Am** – Meet 8.00am at Planet Bike, Waipa Mill by Pass Road

**Pm** – Refer to the contacts listed in "Sunday".

**Distance athletes - those that run** – Running groups leave from the Neil Hunt Park clubrooms from 5.00pm with the last groups leaving around 5.30pm.

**Teen/Adult track nights: – The future of these evenings**

We are calling a meeting to discuss the future of our Summer athletics teens/adult track nights. We would like any past, present and even future keen adults and teens to come along to discuss options and work out what we will do for 2019-2020. All ideas and feedback will be greatly appreciated! If we are unable to get enough interest, we may have to look at cancelling it altogether - so please come along on Monday 26 August, 7pm at the Lake City clubrooms at Neil Hunt Park. If you are unable to attend but would like to forward some ideas, please email lakecitychildrensathletics@gmail.com



P O Box 2136, Rotorua, 3040

**THE 29th ANNUAL GENERAL MEETING**

of

**Lake City Athletic Club Incorporated**

will be held on:

Wednesday, 21<sup>st</sup> of August 2019

7.30pm

Lake City Athletic Clubrooms, Neil Hunt Park,  
Tarawera Road, Rotorua

**AGENDA**

- Apologies
- Minutes of the 28<sup>th</sup> Annual General Meeting
- President's Report
- Presentation of Financial Statements for the year ended 31 March 2019
- Subscriptions for the 2020-2021 financial year
- Election of Officers & 8 Executive Members
- Election of Auditor
- Notice of motion to change rules to allow for payments by electronic transactions
- Life Member
- Consideration of any resolution which may have been submitted to the secretary in accordance with the Constitution and Rules.
- General Business

All completed nomination forms for Officers and Executive members of the Club must be given to the Secretary prior to the commencement of the election of officers.

John Marten, Secretary  
Lake City Athletic Club  
[www.lakecity.co.nz](http://www.lakecity.co.nz)



**Road championships**

**This Sunday 25 August 2019**

St Peters School, Cambridge

**Notes:**

**Late entry fee:** applies on all entries after Wednesday 21 August. On the day entry (cash only) close 10.45am (Sunday) for \$10.00 per person.

**Early entry:** On line entry has closed.

**Facilities /parking:** Toilets are close to the start/finish area. Parking is in the Robb Sports Centre car park – take the first after entering the school grounds through the main gates. Athletes and supporters are asked to bring their own food and drinks.

**Prize giving:** will be on site at the conclusion of events.

**Ages:** Are at 31 December 2019 except master's grades which is age on the day. Results will be recorded in their respective categories.

**Eligibility:** To take an AWBOP championship placing athletes including master's grades must be registered as a competitive AWBOP athlete. Social registered athletes and non-registered athletes may complete but are ineligible for an AWBOP championship placing.

**AWBOP team to ANZ road championships, Bruce Pulman Park Auckland, Sunday 15 September 2019:**

The AWBOP team will be selected from those entered at close of entries for the championships. Athletes are to enter themselves via [www.athletics.org.nz](http://www.athletics.org.nz) before the early entry closing date – 4 September 9.00am. Late entry is accepted till 10.00am Monday 9 September for an extra \$20.00 entry fee.

**Order of events:**

<b>Event 1</b>			
11:00am	Under 12 Girls/Boys	2.5 km	\$10.00
11:00am	Under 14 Girls/Boys	2.5 km	\$10.00
11:00am	Under 16 Girls/Boys	4 km	\$10.00
<b>Event 2</b>			
11:40am	Under 18 Women	5 km	\$12.00
11:40am	Under 18 Men	5 km	\$12.00
11:40am	Under 20 Women	5 km	\$12.00
11:40am	Masters Women (35 plus yrs)	5 km	\$12.00
11:40am	Under 20 Men	7.5 km	\$12.00
11:40am	Masters Men (35 plus yrs)	10 km	\$15.00
11:40am	Senior Men (20-34 yrs)	10 km	\$15.00
11:40am	Senior Women (20-34 yrs)	10 km	\$15.00

## Club uniforms

If you wish to purchase an item from the Club's wardrobe (Singlet, tee shirt, hoodie, track suit etc) please contact one of the following to arrange a time to make the purchase  
Payment to be made at time of purchase – please bring along the correct change

### Costs:

**Adults running singlets:** \$35.00

**Adults short sleeve walker's tees:** \$35.00

### Junior (children) singlets

Size 2 to 12 \$30.00

Size 14 \$35.00

### Supporting clothing

Crop top \$40.00

Zip hoodie \$55.00

Youth pullover hoodie \$15.00

Track suit \$90.00

Beanie \$15.00

Contacts are: **Sarah Wiwarena** - 027 347 8115

**Annemarie Gallagher** - Ph 027 6229688 (adults)