



Website: [www.lakecity.co.nz](http://www.lakecity.co.nz)

Email: [info@lakecity.co.nz](mailto:info@lakecity.co.nz)

Clubrooms: Neil Hunt Park off Tarawera Road  
Lynmore – Rotorua

## GUFF SHEET

**28 March 2020**

Kia Ora everyone

As of Monday 23 March, Prime Minister, Jacinda Ardern announced that we are moving immediately to alert level 3 and that we are moving to alert level 4 in 48 hours. Given the deteriorating Covid 19 situation in New Zealand I would like to say, on behalf of the Executive Committee, that we wish you all well and that we hope that you and your families are coping and in good shape to get through the Pandemic.

Please take note of the Governmental advice and do as we are asked by the authorities. The restrictions are for our own good as well as for the benefit of others. We very much want to see you all again when this is over.

Take care

**Rob Colledge**  
President – Lake City Athletic Club  
0274 506 915

As a follow on to Rob's message above he has strongly recommended that we should not be advertising that we are running/walking in packs or groups etc.

Under no circumstances should anyone be using the club face book page or guff sheet to advertise runs/walks until we are out of this virus situation.

Given the number of executive committee members that have spoken via email and are in agreeance along these lines, a directive is issued to the Lake City members that there is to be no pack/group running or walking from the clubrooms and no gathering in numbers in or around the club rooms.

All please note below re the Neil Hunt Park clubrooms. The reasoning behind the ban on using

the clubrooms is because no one will be sterilizing them after every person has used the showers or water taps in the kitchen or any other parts of the building. This leaves the risk of the virus sitting on surfaces for some days. With the clubrooms being closed there will naturally be no access to the gym which will have its doors locked.

Wow, what a past week and last few days. Cancellation after cancellation of events, locally, nationally, worldwide and club wise.



**P O Box 2136, Rotorua**

## Neil Hunt Park Clubrooms Closed

The restrictions implemented by the Government relating to Covid-19 impose many restrictions for the next month.

The Clubrooms will therefore be closed until further notice

Please do not use your keypad access to enter the building

**John Marten**  
Secretary

## The past week

We have seen the last Trout Fly event cancelled: Likewise, the children's prize giving's (see Monday below): the Kia Tu Kia Ora Summer Wellness Clinic: The adults track and field prize giving: Also, at the moment many of the Athletics Waikato BOP club hosted winter events are on hold.

On the bright side of things Michael Voss was able to compete in the Athletics NZ 10,000 metres track championships on Saturday at Auckland. He came away with a bronze medal. Well done Michael.

## Club activities

### **Children's athletics:**

The scheduled prize giving's were cancelled, but a novel way to handle the situation was had. They went live on Face book! Go to the club's website, click on children's athletics on the sidebar then onto their facebook page, and then scroll down to the prize giving to view.

A big thanks to Kelly for putting the show together. And, a huge thanks to all that have been involved with this section of the Club over the summer months. The Club name and singlets have certainly been to the fore – the media; ribbon days etc., etc.

### **Club Track and Field ( Athletics)**



**This Wednesday 25 March** – the prizegiving for this sector has been cancelled.

In due course the certificates will be at the Neil Hunt Park clubrooms for collection.

Trophy winners are:

Robert Abbel

Men's pentathlon trophy

Hannah Gapes

Presidents trophy – Most improved under 20 for the season

Gisele Howard

Women's sprint trophy

Cool Spring trophy – Best all-round performance for under 20 track/field championships.

Women's pentathlon trophy

Adrian Lysaht

Champion of champion trophy - most track/field championship points accumulated

Matt Parsonage

Keith Hay Homes trophy – men's middle-distance points

Although the attendance at the evenings were small, they were but enjoyed by those that attended. Thank you to those that

contributed to the Wednesday evenings in some way.

## Events out and in the City

### **Track and Field Easter Interprovincial contest - Auckland 10/11/12 April**

Postponed - new date to be confirmed

Those club members selected to represent AWBOP please visit

AWBOP website and then scroll down the right-hand side bar to read the details relating to the future of the fixture: likely date, ages etc.

#### **Distances events**

Cancelled

Saturday 11 April - Easter Weekend - Sun to Surf half marathon and associated events

Postponed

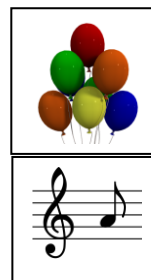
Rotorua Marathon - Now being held 26 September 2020. Visit the Rotorua Marathon website

for entry details, refunds etc.

## Other notices

### **Club social sub-committee:**

Due to current climate there will be no planned social events. However, if you are interested in helping with events in the future please get in contact with Sian Twiddy via email or txt [sianbremner@hotmail.com](mailto:sianbremner@hotmail.com) or 0211293119



### **Club winter season programme:**

A meeting of the winter season sub-committee was held a couple of weeks ago to discuss the seasons programme etc. The programme is still being worked on, so that it can just start up when deemed appropriate to do so.

## Results

### **Athletics New Zealand track 10,000 metres championship – 22 March Mt Smart Stadium, Auckland**

1. Cameron Graves (AklD) 29.55.47
2. Daniel Balchin (Cant) 30.13.90
3. Michael Voss 30.31.05