



Website: www.lakecity.co.nz
Email: info@lakecity.co.nz
Clubrooms: Neil Hunt Park,
(off Tarawera Road) Lynmore,
ROTORUA

GUFF SHEET

9 May 2020

The past few weeks

Although we have moved out of Level 4 to Level 3 we are still very restricted on what we can do. It has just allowed those that are exercising to venture further to the start point of their planned walk/run or bike. But not out of our region.

Club activities

The club's planned winter programme of events is still on hold and it may be weeks before we can have a formally organised event. Please note that the Neil Hunt Park clubrooms are still locked down. When access will be allowed is likely to be some time away.

Below is a message from club captain Matt Parsonage relating to a couple of virtual Athletics New Zealand events that are coming up and one that has been held.

"Thank you to everyone who took part and represented Lake City in the Athletics New Zealand Virtual 5km Champs. This has now finished and the Club ended up winning the club competition with 155 entries, 15 ahead of 2nd place. The club was 4th overall in the closely contested fastest club competition finishing 25 seconds behind 3rd place and only 47 seconds behind 1st place.

The next challenge should be a fun one! It's the National Ekiden Virtual Relay Champs, which is to be held from the 1st to the 31st of May. This involves teams of 4 (2 males, 2 females), who individually run 10km, 10km, 10km and 12.2km distances to run a virtual marathon relay when the times are combined. Under 20s teams will run a virtual half marathon with distances of 5km, 5km, 5km and 6.1km. For more information see <https://athletics.org.nz/virtual-relay>

If you would like to take part in this, please let Matt know either by email (matt1980@hotmail.co.nz), text/phone on 0210586189, or Facebook message. We will need to organise the teams before you can send in results (as you need to submit your results with your team name). The teams can be made of people all in the same age grade (age grades are U18, U20, Senior, Masters35-49, Masters 50-64, Masters 65+), or can be mixed. You can choose to be in a social team, or in a competitive team if you want to try to get a podium place in your grade. You are welcome to organise your own team, or you can just let Matt know that you would like to take part, and he will organise a team for you. This should be a fun challenge, so let's get involved with this one as well as we did for the Virtual 5km Champs!"

Let's have the club name to the fore again!

Winter events hosted by Athletics Waikato BOP clubs

Advice has been received that the North Island Cross-country championships scheduled for Saturday 4 July 2020 at Spa Park Taupo have been cancelled

Club membership

Subscriptions for the financial year commencing 1 April 2020 can now be paid and will cover the period 1 April 2020 to 31 March 2021.

Over seventy have renewed their membership. When in a position to do so it would be appreciated those that have not done so, do so - thank you.

Registrations can only be accepted "online" through the Club Registration Website Portal. To access this Portal please visit the clubs website – www.lakecity.co.nz and click on the link – **Lake City Registration**.

If you are an **existing member** click on "login" (on menu bar), and select "Renew". Check that your current details are correct and update if necessary and then complete with a Credit Card Payment. If you have forgotten your password, please select "Forgotten my password" from the Login page, and follow instructions to reset it.

If you are a **new member** Click "Registration" and fill out the form. Complete the registration with a Credit Card Payment.



P O Box 2136, Rotorua

**Neil Hunt Park Clubrooms
Closed**

The restrictions implemented by the Government relating to Covid-19 impose many restrictions for the next month.

The Clubrooms will therefore be closed until further notice

Please do not use your keypad access to enter the building

John Marten
Secretary

Stay safe in your bubble, be it a single one, a double or a family one.
Also remember social distancing