



Website: [www.lakecity.co.nz](http://www.lakecity.co.nz)

Email: [info@lakecity.co.nz](mailto:info@lakecity.co.nz)

Clubrooms: Neil Hunt Park,  
(off Tarawera Road) Lynmore,  
ROTORUA  
07 345 9362

## **GUFF SHEET**

### **3 October 2020**

### **The past week**

At last, on Saturday 26 September, the 2020 Rotorua marathon was held after being delayed from its original date of 2 May. As we all know the delay was because of the Covid 19 pandemic. The event had a different feel about it but the atmosphere was great. The weather was fine but for some the conditions were rather on the warm side.

The number across all events (marathon, half marathon, 10km and 5km) taking part was under the 2000 mark. We have to go back to 1979 when there was solely on offer the full marathon around Lake Rotorua to find a start field of under 2000. With Aucklanders having to stay in their “bubble” the total field size was naturally reduced.

Not since 1975, when the legendry Jack Foster had the last of his four winners (2.18.52) in the around the Lake event, was a local overall winner produced. This year it was to be Michael Voss when he triumphed over the 2018 winner Blair McWhirter in a time of 2.31.13 to McWhirter’s 2.33.48.

This year’s event is full of history.

Women’s winner, Alice Mason, won her 3rd consecutive Rotorua Marathon, to equal that of Nyla Carroll who won in 1994,1995, and 1996. Nyla, who took part in this year’s event is the women’s event record holder – 2.37.37 set in 1994.

A notable coincidence is that Michael and Alice were winners of the Rotorua half marathon in 2016. This was on the road course out Hinemoa Point Hannahs Bay way.

Verna Cook-Jackson, Taupo, completed her 40th Rotorua Marathon, starting on her marathon journey around the Lake in 1980. This is a remarkable feat and she is possibly the only female in the world to have finished 40 full marathons in the same event.

The first time since 1980 there was no tee shirt on offer other than one that entrants had to pre purchase. Instead a cap was given to participants.

Congratulations to all who took part in one of the events. There were many from the Club and the Kia Tu Kia Ora Wellness group, who in mid-January set out on their chosen distance journey that had to be convinced that they would reach the goal they had set. Okay, all have had a few more months preparation, but to see their faces full of smiles and their reaction after achieving what they set out to do was amazing. Congratulations to all, whether a winner or not.

A grateful thanks is extended to club members, and their friends who stepped and volunteered in some manner to make the event a success.

Visit the Rotorua Marathon 2020 website for results.

## **Neil Hunt Park clubrooms**

Now that the we are back in Level One the above clubrooms can be accessed by club members.

## Club activities

**Juniors (children) weekly summer athletics** – at Field 2 of the Rotorua Stadium, Devon Street West. There are important details on the Children's section facebook page regarding joining the Club. Registration for some age groups have already closed because of being oversubscribed. Also note that all registrations must be done online by 9 October. The first club night is Monday 12 October.



**Athletics - Monday Clubnights**  
Running, jumping and throwing for ages 2-14 year olds.  
This is fun, entry-level based training for everyone,  
and includes lots of practical co-ordination skills.

We have a few different age group sessions:  
(Which are based on the age they will be on 31st December 2020)

**Pēpi/Tiny Tots: ages 2-4**  
4.45pm-5.30pm

**Tēina/Juniors: ages 5-9**  
4.45pm-5.45pm

**Rangatahi/Youth: ages 10-14+**  
6pm-7.15pm

Summer athletics runs through term 4 and term 1  
and the following fees are the total cost for registering  
ages 2-6 year olds - \$25  
ages 7-14 year olds - \$57

Registrations are ONLINE ONLY through the membership portal at  
[www.lakecity.co.nz](http://www.lakecity.co.nz)

All registrations must be done by Friday 9th October,  
prior to the start date of 12th October  
Please join the Lake City Children's Athletics Facebook page  
for updates, information and communication

Feel free to email [lakecitychildrensathletics@gmail.com](mailto:lakecitychildrensathletics@gmail.com)  
If your child is wanting to compete, they will require a club singlet which is \$35

### Sunday / Mid-week activities

#### *Runners*

On Sunday mornings, running groups (7.00am – some later) leave from the Neil Hunt Park clubrooms. Midweek informal running groups leave the clubrooms between 5.00pm and 5.30pm on Tuesdays and Thursdays.

**Note:** As not all runs leave from the Neil Hunt Park clubrooms your pack leader(s) will advise your meeting point.

#### *Walkers*

Sunday mornings meeting times and venue vary so please keep in touch with your pack leader. Mid-week there is two meeting times: Tuesdays; 8.00am at Neil Hunt Park clubrooms, 5.30pm at the Neil Hunt Park clubrooms Thursday; 8.00am by Planet Bike, Waipa Mill Bypass Road. 5.30pm at the Neil Hunt Park clubrooms.

### The Club's winter programme

**This Saturday 3 October** – Athletics New Zealand road relay championships - Fielding. The teams from the Club entered at the time of going to print are below: Have an enjoyable weekend and run well. The listed teams are not necessarily in the final running order.

**Masters men 35-49**

- Lap 1 Adrian Lysaght
- Lap 2 Matt Parsonage
- Lap 3 Sjors Corporaal
- Lap 4 Jason Cameron
- Lap 5 Alan Ferguson
- Lap 6 Stephen Parker
- Lap 7 Andy Twiddy

**Composite**

- Lap 1 Megan Grant
- Lap 2 Gaine Petersen
- Lap 3 Russell Clarke
- Lap 4 Graeme Pearson
- Lap 5 Phil Gulbransen
- Lap 6 Jessica Lamb
- Lap 7 Sian Twiddy

**Masters Men 50 plus**

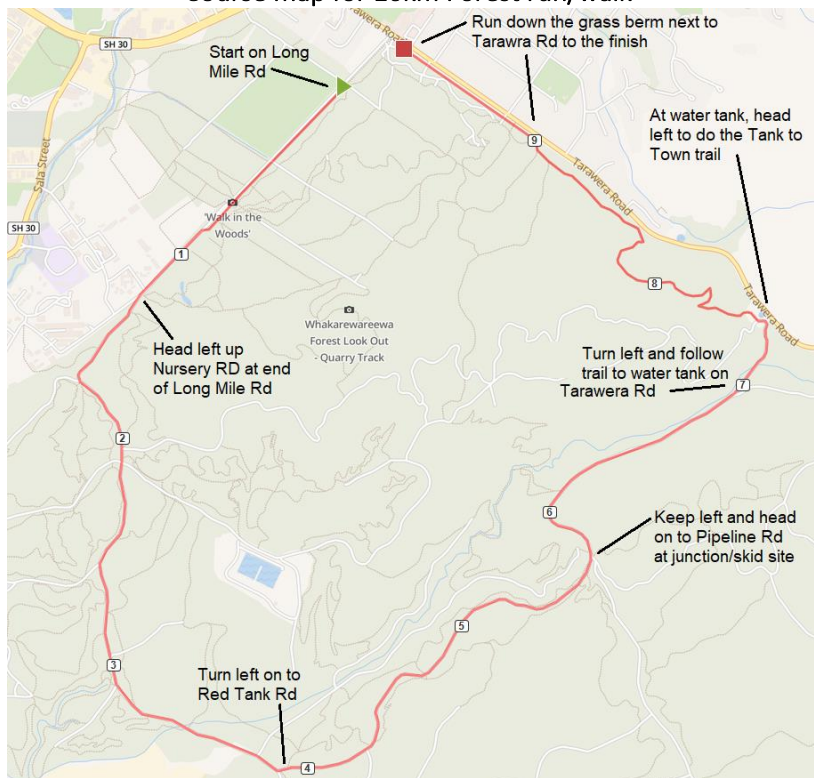
- Lap 1 Chris Corney
- Lap 2 Sue Crowley
- Lap 3 Bruce Edwards
- Lap 4 Kerry Robinson
- Lap 5 Dave Cronshaw
- Lap 6 Tony Broadhead
- Lap 7 Alan Crombie

**Social**

- Lap 1 Trevor Ogilvie
- Lap 2 Nic Portas
- Lap 3 Campbell Horn
- Lap 4 Rachael Wright
- Lap 5 Megan Clarke
- Lap 6 Amy McMahan

**Saturday 10 October** - The Forest 10km Handicap run or walk, including the Steph McHale trophy for females. This is a virtual event to be done between 8 –18 October. Start point is at the Pram Track off Long Mile Road with finish at bus shelter on Tarawera Road. From the start head along Long Mile Road, up Nursery Road Hill: Then follow Nursery Road to Red Tank Road. Work your way along Red Tank until the junction of Pipeline Road, then down Pipeline, along the flat and part way up the hill then drop down on your left and over the bridge: then up the other side via Lynmore Link bearing left past the water Reservoir, and then head up through Tank to Town and the down thru the Wattles, (keeping close to the Forest edge): over the bar gate and down the berm road side to finish at the bus shelter near the corner of Long Mile and Tarawera Roads. See map below. One you have completed the event please email to Matt at [matt1980@hotmail.co.nz](mailto:matt1980@hotmail.co.nz) your time and whether *you* ran or walked the event. Results will be published in due course.

**Course map for 10km Forest run/walk**



**Saturday 24 October** - Winter Season's prize giving and social function. Details to be advised

## Club membership

Subscriptions for the financial year commencing 1 April 2020 can now be paid and will cover the period 1 April 2020 to 31 March 2021.

Registrations can only be accepted "online" through the Club Registration Website Portal. To access this Portal please visit the club's website – [www.lakecity.co.nz](http://www.lakecity.co.nz) and click on the link – **Lake City Registration**.

If you are an **existing member** click on "login" (on menu bar), and select "Renew". Check that your current details are correct and update if necessary and then complete with a Credit Card Payment. If you have forgotten your password, please select "Forgotten my password" from the Login page, and follow instructions to reset it.

If you are a **new member** Click "Registration" and fill out the form. Complete the registration with a Credit Card Payment.

## Neil Hunt Park clubroom access

There are a number of people that have access to the above clubrooms that are no longer financial with the Club. Those that fall into this category will have their access number removed in the forthcoming days.



**Athletics Officials Training Day - Saturday 31st October, Sport Bay of Plenty, Tauranga.**

Athletics NZ's Officials Development Officer, Trevor Spittle, has offered to do some officials training for Athletics WBOP in the lead up to the NZ Secondary Schools T&F Championships in Tauranga in December. He has made himself available for a full day's session on Saturday 31st October, at the Sport BOP offices in Tauranga.

He will cover the general rules, track, throws and jumps, with the presentation starting at 9.30 sharp. Finish time is likely to be 5pm. The C grade written assessments will be available for attendees to take home to complete, as the day will be too long to complete them at that time. This training session is aimed at those wishing to gain the beginners C gradings for track, jumps and throws, not for those progressing to B or A grade.

Trevor is New Zealand's most experienced international official, and has a wealth of knowledge gained from his many trips to big competitions. Like most of us, he started helping out when his children started with athletics and he has a good understanding of how to help the new officials get started. This is a great opportunity to learn from one of the best.

The cost to attend is \$15-00. Clubs are encouraged to cover this cost for their members.

If you are interested in attending please notify Steve Rees-Jones at Athletics Waikato by Monday 19th October by email to [administrator@athleticswbop.org.nz](mailto:administrator@athleticswbop.org.nz) including your name, club and contact details.

More details will be forwarded to those interested in attending.

**AWBOP** – summer season handbooks now available. Please see below to down load the respective copies

The summer senior handbook is now available

online: <https://athleticswaikatobayofplenty.org.nz/wp-content/uploads/2020/09/Summer-handbook-2020-2021-V1.pdf>

Please note some important changes. Some WBOP Champs events have been moved from the main championships. The steeplechase will be held on 23<sup>rd</sup> January, the 5000m on 30<sup>th</sup> January and the walks at the Putaruru Bell on 31<sup>st</sup> October. Also note that entry to Open Meetings will now be online only with no entries on the day. Entries to close the Thursday prior to the event.

The Children's Summer handbook is now available

online: <https://athleticswaikatobayofplenty.org.nz/wp-content/uploads/2020/09/2020-21-Childrens-HandbookV1.pdf>



## Club Uniforms

If you wish to purchase an item from the Club's wardrobe (singlet, tee shirt, hoodie, track suit etc) please contact one of the following to arrange a time to make the purchase

For adults

Sarah Wiwarena 027 347 8115  
Pam Kenny (when she is on site)  
Matt Parsonage (021 0586 189)

For children's singlets

Kelly Albrecht (027 882 6484)

Payment to be made at the time of purchase.  
Please bring the correct change

### Costs

<b>Adults running singlet</b>	\$35.00
<b>Adults short sleeve walker's tee</b>	\$35.00
<b>Junior (children) singlets</b>	
Size 2 to 12	\$30.00
Size 14 plus	\$35.00
<b>Supporting clothing</b>	
Zip hoodie	\$55.00
Track suit	\$90.00
Beanie	\$18.00
Youth pullover hoodie	\$15.00