



Website: [www.lakecity.co.nz](http://www.lakecity.co.nz)  
Email: [info@lakecity.co.nz](mailto:info@lakecity.co.nz)  
Clubrooms: Neil Hunt Park,  
(off Tarawera Road) Lynmore,  
ROTORUA  
07 345 9362

## GUFF SHEET

27 March 2021

### The past week

The children's Monday evening and the Wednesday's adults' activities went ahead at the Stadium's Field 2.

The penultimate Trout fly on the new course was held in fine weather on Thursday evening. Results are below.

Tuesday evening those associated with the Kia Tu, Kia Ora Running/Walking Clinic took in a lap or two of the shores of the Blue Lake. The exercise was followed by a BBQ. Thanks Paul, for a pleasant evening and the setting up of the BBQ.

### Registration

Subscriptions for the financial year commencing 1 April 2021 can now be paid and will cover the period -

1 April 2021 to 31 March 2022

Registrations can only be accepted "online" through the Club Registration Website Portal. To access this Portal please click the link below

[Lake City Registration](#)

- If you are an **Existing member** click on "login" (on menu bar) and select "Renew".

Check your current details are correct and update if necessary and then complete with a Credit Card Payment

If you have forgotten your password, please select "Forgotten my password" from the Login page and follow instructions to reset it.

- If you are a **New member**

Click "Registration" and fill out the form.

Complete the registration with a Credit Card Payment

### Club activities

Juniors (children) weekly summer athletics

A big thanks to Phil Haines  
From



who is sponsoring the children's athletics Player of the Day certificates for the third year in a row!

17 x free kids pita's going out each week

It is vital that Mums and Dads keep in touch via [lakecitychildrensathletics@gmail.com](mailto:lakecitychildrensathletics@gmail.com) or the children's facebook page for details of future activities especially relating to prizegiving. The season is nearing an end.

### **Other Club Mid-week / Sunday activities**

**Adult's track and field prize giving**  
**This Wednesday 24 March**  
at the  
Neil Hunt Park club rooms  
6.00pm  
Hopefully you have RSVP'd your attendance to Adrian



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### ***Distance Runners (for the Kia Tu, Kia Ora Running/Walking Clinic see below)***

On Sunday mornings, running groups (7.00am – some later) leave from the Neil Hunt Park clubrooms. Midweek informal running groups leave the clubrooms between 5.00pm and 5.30pm on Tuesdays and Thursdays. **Note:** As not all runs leave from the Neil Hunt Park clubrooms your pack leader(s) will advise your meeting point. Sunday mornings meeting times and venue vary so please keep in touch with your pack leader.

### ***Walkers***

Mid-week there is two meeting times: *Tuesdays*; 8.00am at Neil Hunt Park clubrooms, 5.30pm at the Neil Hunt Park clubrooms. *Thursday*; 8.00am by Planet Bike, Waipa Bypass Road, 5.30pm at the Neil Hunt Park clubrooms.

### ***The Kia Tu, Kia Ora Marathon Running/Walking Clinic***

Not all groups (packs) are meeting at the Neil Hunt Park clubrooms so keep in touch with your pack leader re meeting places. Any queries can be directed to Paul Wollaston the 2021 Clinic convenor. [lakecitymarathonclinic@gmail.com](mailto:lakecitymarathonclinic@gmail.com) or Ph 021 299 8488.

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### ***Copthorne Rotorua off Road half Marathon and associated events.***

This Sunday – here in Rotorua

#### **Event Day Timetable – Sunday 28th March 2021**

7.30am – 10.30am: Registration in main marquee at Waipa mountain bike recreation area.

9.00am: Start of the Lance Lawson Little Devils 1.5km Fun Run/Walk (3 – 6 yrs)

9.10am: Start of the Lance Lawson Little Devils 2.5km Fun Run/Walk (7 – 10yrs)

10.00am: Start of the Copthorne Half Marathon

10.15am: Little Devils Prize-giving

11.00am: Start of the Mitre 10 Mega 10km Run or Walk

11.15am: Start of the Red Stag Timber 5km Fun Run/Walk

12.05pm: Cut off for the first lap of the Copthorne Half Marathon

1.30pm: Prize-giving



### Registration

Registration can be made on Sunday morning only between 7.30am and 10.30am within the main marquee at the Waipa Sawmill mountain bike recreation area.

Please bring your registration confirmation with you to assist the registration process.

Late entries will be accepted on the day up until 10.30am.

NO eftpos facilities are available. Cash or cheque only please.

For more details on the event please visit [www. eventpromtions.co.nz](http://www.eventpromtions.co.nz) and click on off Road Half marathon etc.

The club tent will be onsite for members use. It is recommended that you do not leave valuables in the tent.

Those that have kindly volunteered to help on the day will be contacted (if not all ready) to be advised the time required to be there and who to report.

*Rotorua Marathon and associated events.* These events are being held on Saturday 8 May. Visit [www.rotoruarunners.co.nz](http://www.rotoruarunners.co.nz) for event details. Note on 1 April the entry fees increase.

### Trout Fly summer series

The last event of this summer's series is this Thursday 25 March with an Easter week Dress up Theme. Same place, same time.



## **Athletics New Zealand track and field** **Championships - rescheduled**

Best wishes to Lisa, Hannah and Sarah who will be competing at the Jennian Homes New Zealand Track and Field Championships at Hastings on Friday and Saturday.

### **Whakarewarewa Forest - update**

Logging operations – these are still continuing within Whaka Forest and could be for another 5 weeks or so. The following tracks/ roads will continue to be affected by this operation:

Baja – lower section closed (alternative exit open):

place during operational hours on: 8 Mile Gate Road, Green Lake Road/ Forest Loop/ Black Walking Track (intermittent closures possible) SH5/ Te Ara Ahi Cycleway.

Timberlands requests that forest users please obey all signage, instructions and restrictions and respect the security officers – they are there for your safety.

Timberlands Limited are starting thinning operations in Whakarewarewa Forest commencing **Monday 22<sup>nd</sup> March**. Operations will take place from **7am to 3:30pm Monday to Friday**.

Some roads and mountain bike trails may be closed at times during the thinning programme. Please use caution when in the operational areas and obey all signage, instruction and restrictions – they are there for your safety.

The following tracks/ roads will be affected by this operation:

Katore Road/Katore Hill	Radio Hut Road
Nursery Road	Pohaturoa Road
Red Tank Road	Pipeline Road
Challenge (& climb trail)/Roadside/Down the Guts /Boulderdash	Lion Trail

Gunna Gotta	Corridor
Tokorangi	Tickler
Be Rude Not to	

**Lake Rotokakahi (The Green Lake)** - Recreational users (pedestrians and bikers) are requested not to use the Lake Front Road at any time. Please respect this closure.

## Results

**Senior club track and Field – 17 March 2021  
(Incorporating aged 15 plus club championships)**

*10000 metres*

Michael Voss	Visitor	32.22.8
Will O'Connor	M20	35.12.5
Joe Gallagher	Visitor	38.08.3
Alan Ferguson	M35	38.16.5
Adrian Lysaght	M45	38.17.7
Ray Shin	Visitor	41.22.1
Russell Clarke	M35	44.50.1
Phil Gulbransen	M65	46.55.2
Colin Davis	M50	48.15.3
Luanna George	W55	56.00.7
Rachael Wright	W20	64.23.6
Max Bragg	M75	78.05.0

**Athletics Waikato BOP children's championship 13 March - Tauranga Domain**

Medal winners: (and it's a big list)

### 7 year olds

Macey Albrecht: Bronze in Discus  
 Neeka Naran: Bronze in Long Jump  
 Nevaeh Beazely: Gold in 200m, Silver in Long Jump, Bronze in 60m  
 Luke Moke: Gold in Shotput, Silver in Long Jump  
 Moses McGrath: Silver in Discus  
 Carter Smith: Gold in Discus, Gold in 60m, Gold in Long Jump, Silver in 100m

### 8 year olds

Ava Fiske: Gold in Long Jump  
 Gabriel Temara: Gold in Shotput, Silver in Discus, Bronze in Long Jump  
 Marcus Ryan: Gold in Discus, Silver in 200m, Bronze in 60m, Bronze in 100m

### 9 year olds

Bella Moke: Bronze in Shotput  
 Lauren Chapman: Silver in Shotput  
 Hannah Smith: Bronze in Long Jump  
 Amber Albrecht: Gold in Shotput, Gold in Discus  
 Declan Albrecht: Bronze in Discus  
 Rome Beazley: Gold in 800m, Gold in Long Jump, Gold in 200m, Silver in 100m

### 10 year olds

Vesty Simes: Silver in Shotput  
 Stevie Makiha: Bronze in 800m, Silver in 1500m  
 Dante Temara: Bronze in High Jump  
 Owen McGrath: Gold in Discus, Silver in Shotput  
 Mataatua Nikora: Gold in Shotput, Silver in Discus  
 Jackson Hepi: Gold in 100m, Gold in 200m, Gold in High Jump, Gold in Long jump

### 11 year olds

Tyla Albrecht: Bronze in Discus  
 Mere Moke: Bronze in Shotput

Christian Waititi: Bronze in 100m  
 Frazer Hazeldine: Gold in Discus  
 Corbin Smith: Gold in High Jump, Silver in Long Jump  
 Dominic Dube: Gold in 100m, Silver in 200m, Silver in 400m  
 Kingston Ryan: Gold in 800m, Gold in 400m, Bronze in High Jump

#### 12 year olds

Ava McGrath: Bronze in Shotput, Bronze in Discus  
 Tyler Alexander: Gold in High Jump, Bronze in Hurdles

#### 13 year olds

Trelise Howard: Silver in 100m, Silver in 200m  
 Cooper Simes: Silver in Shotput, Silver in Discus  
 Manaia Christiansen: Gold in Shotput, Gold in Discus  
 Jack Marra: Gold in Long Jump, Gold in 400m, Silver in 100m, Silver in 200m

#### 14 year olds

Bella Wyatt: Silver in 1500m, Bronze in 800m  
 Frances Hazeldine: Bronze in Discus, Bronze in High Jump  
 Aljude Roson: Bronze in Shotput, Bronze in 200m  
 Juandre Mare: Gold in Discus, Silver in Shotput  
 Marco Smit: Gold in Long Jump, Silver in 100m

### Trout Fly 18 March 2021

<b>4km</b>			<b>3km</b>		
<b>Name</b>	<b>Placing</b>	<b>Time</b>	<b>Name</b>	<b>Placing</b>	<b>Time</b>
Ephraim Sisay	1	13.58	Ray Shin	1	11.10
Leigh Reynolds	2	14.41	Anja Crombie	2	12.11
Sue Crowley	3	15.34	Cody Shilton	3	13.24
Steve Halloway	4	15.53	Bruce McGregor	4	13.42
Russell Clarke	5	16.00	Arwen Barker	5	14.15
Lance Shilton	6	16.09	Hannah Hickson	6	15.07
Fred Shilton	7	16.13	Ava Fiske	7	16.31
Tody Nicklin	8	16.23	Jack McClean	8	17.04
Alan Crombie	9	16.25	Jarrold McClean	9	17.04
Emma O'Connor	10	16.33	Rachael Wright	10	18.00
Will O'Connor	11	16.36	George McGregor	11	18.33
Esther O'Sullivan	12	17.32	Leah Barker	12	18.44
Emma Hickson	13	18.04	Judy Hewlett	13	19.38
Femke Hilbink	14	18.06	Robyn Reynolds	14	21.23
Sean McWilliams	15	18.07	Jodie Hickson	15	25.34
Michael Harris	16	18.34	Eilidh Ferguson	16	26.53
Michael Voss	17	18.35	Ewan Ferguson	17	27.06
Chris Lord	18	19.09	Alan Ferguson	18	27.07
Stevie Fiske	19	19.09	Rob Colledge	19	28.32
Phil Gulbransen	20	19.10	Aimee Williams	20	29.36
Kerryn Barker	21	19.20	Daz Clout	21	29.39
Colin Davis	22	19.29	Shona Clout	22	30.21
Sian Twiddy	23	19.34	Liam McGregor	23	35.23
Faith McGregor	24	19.38	James McGregor	24	36.27
Bevan James	25	19.39	Xavier Bruce	25	37.40
Hannah Hickson	26	20.26	Angela Jensen	26	37.42

Justine Randell	27	20.58			
Megan Clarke	28	21.05			
Campbell Horn	29	21.06			
Dee Horne	30	21.19			
Bec Francis	31	22.41			



**This summer's Trout Fly series**

**For the whole family**  
Walker's Joggers and Runners

Casual "drop-in" event every 2nd Thursday

Registration at the Club's Neil Hunt Park  
clubrooms 5:45pm

Event starts 6:15pm on the dot

- Costs: \$5 for adults, \$3 for children – you don't need to be a club member to take part
- Your choice of 3km or 5km run, jog or walk (or both)
- Includes a free refreshment, juice/soft drink for kids plus BBQ sausages afterwards
- Great family event [young children must be accompanied though]

Come and join in!

**2021**

**This Thursday - 25th March – Easter themed**