



Website: [www.lakecity.co.nz](http://www.lakecity.co.nz)  
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Clubrooms: Neil Hunt Park,  
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ROTORUA  
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## GUFF SHEET

29 May 2021

### The past week

It was out into the Tree Trust Reserve on Saturday when 38 ran over varying distances and terrain, starting and finishing on the corner of Moncur and Old Taupo Roads green area.

The main event (7.00km) is where the trophies were contested. To arrive at the winners of the trophies is where club handicapper Moustache comes into the picture. He deducts from the time a person completes the course, his pre-determined handicap. The person with the lowest time wins the trophy relating to the category they fall into. All very confusing but it works! The trophies at stake and how they are won are below.

- The Novice Cup presented June 1947 by Mr H K Taylor is awarded to a person who has been a financial Club member 2 years or less.
- The Veteran Cup presented in 1953 by an A Mayne is awarded to a person aged 35 plus and is a financial member in excess of 2 years.
- The Costello Cup presented by WJ Costello in August 1947 is awarded to a financial member that does not fall into either of the above categories.

When these trophies were originally presented, the Costello Cup was a stand-alone event, so was the Novice Cup until the Veteran trophy came onto the scene in 1954. All three were combined in 1979 and are now held on the same day. Why? To reduce the number of races on the winter calendar.

Some may be interested in where the races went in their heyday.

- The Costello Rose Bowl in 1947, left from the Government Gardens tennis pavilion and headed across the sulphur flats to Ngapuna, down Vaughan Road, across the main road (Te Ngae) over the paddocks to sweep across to the gravel pit (in the region of where our clubrooms are) to return via the sulphur flats. The trophy was awarded on a sealed handicap basis as it is today.
- The Novice cup in 1947 left from Victoria Street and proceeded up Fenton Street, past the golf course, up Mokoia Drive, across the top (Sloane Avenue), (these roads would have been in the countryside in those days and possibly only dirt) across the countryside to Otonga Road (in those days dirt or metal), right into Horohoro Road (now Springfield Road), into Old Taupo Road to Ranolf Street and then right into Victoria Street to the finish. This trophy was originally awarded to a club member that had never won a winter season race either within the Club or in open competition, and on a sealed handicap basis as it is today.
- Little history on the Veteran Rose Bowl can be found, other than it was presented in 1953 and to be contested on the same day as the Novice Cup. Records show that in 1956 it left H K Taylor's residence in Horohoro Road and the trophy was originally awarded to a club member that had won a winter season race either within the Club or in open competition. Again, on a sealed handicap basis, as it is today.

Club Patron, Graeme Dennett and his family hosted the Novice, Veteran and Costello event from 1972 to around the late 1999s. From then on, our current host, Peter Vyver has made

his property available to the Club. As the years have rolled on there has been many venues and courses, but that's another story.

Last, but not the least, thanks are extended to our host of the day, Peter Vyver, those that marked the course on Friday evening, those that dismantled it Saturday post event, and those who looked after the finish line. Results are at the end of the publication.

## Club activities

### *What's on the calendar the next few weeks!*

**This Saturday 29 May** – is a non-club event day, but you can head out of town for the Tauranga cross country races at Waipuna Park, Kaitemako Road, Welcome Bay. Races of varying distances and for grades from under 10 to the aged are scheduled.



The days programme is below – scroll down. On the day entry is accepted for an additional \$5.00 on the fee listed on the programme.

This is one of the few “open” cross-country events on the calendar, so please support it as it may go the way of many of many other events i.e., not being held.

Locally, is the Saturday morning Park Run (8.00am by Migs Gym 200 Te Ngae Road) or join up with some of your running mates for some time out in the Forest or where ever.

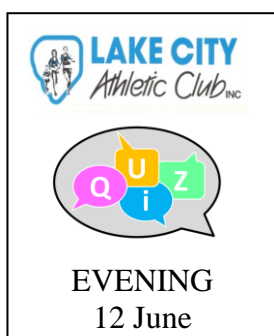
### *Looking ahead a few weeks*

Impromptu Friday Evening Forest Run  
4 June – hosted by the Club  
Go to the club's facebook page for  
event details

## Saturday 12 June

This is another double event day- afternoon/evening. First up in the afternoon is the traditional Foster, Smyth, Lamason cross-country event. More on this in the coming weeks.

The afternoon event is followed by a social evening.



**When** - Saturday June 12

**Time** – From 6.30pm, but Quiz will begin at 7pm.

**Theme** – Christmas: **Cost** – FREE but please bring a plate of food along for a shared supper.

**Location** – Lake City Athletic Clubrooms, Neil Hunt Park, Lynmore

**Teams** - to be made up of 6 members

**Present swapping** - If you would like to be involved in present swapping at the end of the evening, please bring a gift of up to \$5 to be placed anonymously under the tree.

**Bar** - There will be a cash bar available.

**Limited tables** - are available so please contact Chris Lord to secure your spot - 021994214 (please leave a message) or [chris.lord@dulux.co.nz](mailto:chris.lord@dulux.co.nz)

### *Mid-week / Sunday activities*

#### *Distance Runners*

On Sunday mornings, running groups (7.00am – some later) leave from the Neil Hunt Park clubrooms. Midweek informal running groups leave the clubrooms between 5.00pm and

5.30pm on Tuesdays and Thursdays. **Note:** As not all runs leave from the Neil Hunt Park clubrooms your pack leader(s) will advise your meeting point. Keep in touch with them.

### **Walkers**

Mid-week there is two meeting times: *Tuesdays*; 8.00am at Neil Hunt Park clubrooms, 5.30pm meet by 1231 Hinemoa Street (toilets). If not a regular with this town group and wishing to join them contact Marieke - 027 4628572. *Thursday*; 8.00am by Planet Bike, Waipa Bypass Road, 5.30pm See Tuesday details above.

### **The Marathon Running/Walking Clinic**

The various groups or packs are meeting at various times and days – some maybe just the weekend. Check out times, places etc with who was your clinic leader for details. Don't waste the fitness you have built up over the past weeks. Come and join the club activities especially the Saturday ones.

## **2021 New Zealand Road Relays**

### **Note when your deposit needs to be paid and how to do so - time is running out!**

This event will be held on Saturday October 2 from Christchurch on the iconic Takahe to Akaroa course. Lake City Athletic Club is looking to send up to six teams to this event. It is open to **ALL** club members aged over 14 years old. To be eligible for a team a club member will need to:

- Register as a club member (at least social membership) by 31/05/21.
- Pay a \$200 deposit to the club by 31/05/21 (see DEPOSIT INSTRUCTIONS below).
- Compete in selection races during the cross-country and road season (see the Lake City winter season programme).

Below are the team organisers for the various grades we are looking to enter teams in. It is recommended that you register your interest in going to Road Relays by contacting the team organiser for the grade applicable to you. If we have too few/too many people for a specific grade then we will look at sending combined composite and/or social teams instead/as well.

Grade	Organiser	Phone	Email
Junior Women (14-19)	Jason Cameron	021 465274	<a href="mailto:jason@victoryevents.co.nz">jason@victoryevents.co.nz</a>
Senior Women (20-34)	Rach Wright	021 672 624	<a href="mailto:rachwright154@gmail.com">rachwright154@gmail.com</a>
Masters Women (35+)	Sian Twiddy		<a href="mailto:sianbremner@hotmail.com">sianbremner@hotmail.com</a>
Senior Men (17-34)	Will O'Connor		<a href="mailto:william.oconnor2@gmail.com">william.oconnor2@gmail.com</a>
Masters Men (35-49)	Matt Parsonage	021 0586189	<a href="mailto:matt1980@hotmail.co.nz">matt1980@hotmail.co.nz</a>
Masters Open (50+)	Chris Corney	021 770963	<a href="mailto:chris-donna@xtra.co.nz">chris-donna@xtra.co.nz</a>

The Club Coordinator for Road Relays is Adrian Lysaght (email [adrian.lysaght@xtra.co.nz](mailto:adrian.lysaght@xtra.co.nz) or message/phone 027 6153496). Contact him if you have any questions about Road Relays.

### **DEPOSIT INSTRUCTIONS**

The \$200 deposit needs to be paid by 31/05/21 into the Lake City bank account 03-1552-0095487-000 and must include the following details: **Time is running out to get your deposit paid.**

- Particulars: your first name
- Code: your surname
- Reference: NZRELAY

It is important to note that this \$200 deposit will not cover the full cost. Therefore, when selection is confirmed (late August/early September) individuals will be required to pay the difference.

Depending on whether or not funding applications are successful or not, this could be as much as an additional \$100.

## **Club Registration**

Subscriptions for the Club's financial year commencing 1 April 2021 can now be paid and will cover the period April 2021 to 31 March 2022.

Registrations can only be accepted "online" through the Club Registration Website Portal. To access this Portal please click the link below

[Lake City Registration](#)

- If you are an **Existing member**, click on "login" (on menu bar) and select "Renew".

Check your current details are correct and update if necessary and then complete with a Credit Card Payment

If you have forgotten your password, please select "Forgotten my password" from the Login page and follow instructions to reset it.

- If you are a **New member**

Click "Registration" and fill out the form.

Complete the registration with a Credit Card Payment

## **Tauranga Cross-country – this Saturday 29 May**

### **PROGRAMME:**

NOTE: Ages are taken as at 31st December 2021 with exception of Masters Athletes (on the day age). Approved by AWBOP and conducted under ANZ Rules

Grade	Distance	Time	Fee
Boys/Girls U10	950m	12:40pm	\$7
Boys/Girls U12 (10,11 yrs)	2060m	12:55pm	\$7
Girls U14 (12,13yrs)/Girls U16 (14,15yrs)	2950m	1:20pm	\$8
Boys U14 (12,13 yrs)/Boys U16 (14, 15 yrs)	2950m	1:20pm	\$8
Senior Women/Masters Women (35 plus)	4060m	1:40pm	\$15
Women U20 (18,19 yrs)/Women U18 (16,17 yrs)	4060m	1:40pm	\$15
Men U20 (18,19 yrs)/Men U18 (16,17 yrs)/ MM 65 plus	6060m	2:00pm	\$15
Senior Men/ MM35-64	8060m	2:00pm	\$15

Prizegiving/afternoon tea will be held in the Waipuna Park Facilities. (inclusive in entry)

Spectator-friendly course with ample parking.

Prizes for first three place-getters plus spot prizes in each event. Age Group prizes at Organiser's discretion.

The programme will proceed regardless of weather conditions. Please bring warm and weatherproof clothing (showers are available).

Results: [www.taurangaramblers.co.nz](http://www.taurangaramblers.co.nz)

Late entries will be accepted on race day with a \$5.00 Late Entry fee applying.

**Entries close on Tuesday 25th May 2021. Go to AWBOP website and get the event up and enter online. [www.athleticswaikatobayofplenty.org.nz](http://www.athleticswaikatobayofplenty.org.nz)**

## Results

**Novice, Veteran, Costello (all for runners) and Tihi-O-Tonga (walk) trophy  
Moncur Road green area and Tree Trust Reserve – 22 May 2021**

**(trophy winners still being addressed)**

<b>1.8km</b>			
Brooklyn Shaw	8.23		
Bruce McGregor	8.23		
Keira Murphy	9.21		
Leah Barker	10.03		
George McGregor	18.59		
Liam McGregor	19.01		
James McGregor	20.03		
<b>4.00km</b>			
Arwen Barker	20.33		
Tamzin Joy	28.27		
Jeanene Lysaght	33.41		
<b>1 Lap</b>			
Sheryl Pearson	35.54		
<b>7.00km</b>			
Alan Ferguson	29.12	0.00	29.12
Andy Twiddy	29.56	2.00	27.56
Brad Griffith	29.59	3.30	26.29
Alan Crombie	30.55	3.30	27.25
Shaun Wyatt	32.58	3.30	29.28
Chis Lord	35.49	7.00	28.49
Trevor Ogilvie	37.01	7.00	30.01
Russell Clarke	37.12	4.30	33.42
Nic Andre	37.19	5.00	32.19
Tiwana Rarerere	37.44	7.30	30.14
Kerryn Barker	37.54	9.30	28.24
David Parker	37.56	9.00	28.56
Tenecia Hingston	37.56	11.00	26.56
Sian Twiddy	38.36	7.30	31.06
Erin Jeffrey	38.43	8.00	30.43
Faith McGregor	38.49	8.30	30.19
Lukas Joy	39.52	9.00	30.52
Michelle Parker	41.39	12.00	29.39
Megan Clarke	41.42	11.30	30.12
Hamish McGregor	41.44	11.30	30.14
Dee Horne	44.03	14.30	29.33
Paul Wollaston	44.19	14.30	29.43
Kathy Howard	46.18	13.30	32.48
Steve Bradley	47.43	12.30	35.13
Rina Joy	47.45	20.30	27.15
Rachael Wright	53.31	21.30	32.01
Peter Vyver	62.54	27.30	35.24